

2026 ACAC Thunder Open Indoor - 2026-01-24**Kinsmen Field House****Team Rankings - Through Event 52****Combined Team Scores**

Place	Team	Points	Sprints	Distance	Hurdles	Relays	Field Events	Combined
1	Red Deer Polytechnic	115	21	71	0	23	0	0
2	Lpk	110	22	52	0	36	0	0
3	Concordia University	85	17	42	0	26	0	0
4	Go Athletics	71	0	63	0	8	0	0
5	Sait Trojans	44	17	11	0	16	0	0
6	Nait	38	0	29	0	9	0	0
7	Medicine Hat College	28	0	15	0	13	0	0
8	The King's University	14	0	10	0	4	0	0
9	Northwestern Polytechn	10	1	2	0	7	0	0
9	St. Mary's University - (10	0	8	0	2	0	0
11	Uaa	6	0	3	0	3	0	0
12	Phase Athletics	5	0	0	0	5	0	0
13	Open	4	0	4	0	0	0	0
14	Emaa - Edmonton Mast	2	0	2	0	0	0	0
Total		542.00	78.00	312.00	0.00	152.00	0.00	0.00

Female Team Scores

Place	Team	Points	Sprints	Distance	Hurdles	Relays	Field Events	Combined
1	Lpk	61	11	30	0	20	0	0
2	Red Deer Polytechnic	47	10	26	0	11	0	0
3	Concordia University	46	14	16	0	16	0	0
4	Go Athletics	44	0	38	0	6	0	0
5	Nait	19	0	19	0	0	0	0
6	Medicine Hat College	13	0	6	0	7	0	0
7	St. Mary's University - (10	0	8	0	2	0	0
8	Northwestern Polytechn	8	1	2	0	5	0	0
9	The King's University	7	0	7	0	0	0	0
10	Phase Athletics	5	0	0	0	5	0	0
11	Open	4	0	4	0	0	0	0
12	Uaa	3	0	0	0	3	0	0
12	Sait Trojans	3	3	0	0	0	0	0
Total		270.00	39.00	156.00	0.00	75.00	0.00	0.00

Male Team Scores

Place	Team	Points	Sprints	Distance	Hurdles	Relays	Field Events	Combined
1	Red Deer Polytechnic	68	11	45	0	12	0	0
2	Lpk	49	11	22	0	16	0	0
3	Sait Trojans	41	14	11	0	16	0	0
4	Concordia University	39	3	26	0	10	0	0
5	Go Athletics	27	0	25	0	2	0	0
6	Nait	19	0	10	0	9	0	0
7	Medicine Hat College	15	0	9	0	6	0	0
8	The King's University	7	0	3	0	4	0	0
9	Uaa	3	0	3	0	0	0	0
10	Emaa - Edmonton Mast	2	0	2	0	0	0	0
10	Northwestern Polytechn	2	0	0	0	2	0	0

2026 ACAC Thunder Open Indoor - 2026-01-24
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Team Rankings - Through Event 52

Total	272.00	39.00	156.00	0.00	77.00	0.00	0.00
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2026 ACAC Thunder Open Indoor - 2026-01-24**Kinsmen Field House****Individual Rankings - Through Event 52****Female - Individual Scores**

Place	Name	Year	Team	Points
1	Ashlee Walker 300 Dash 10 600 Run 10	06	Concordia University	20
1	Holly Tonnos 1500 Run 10 3000 Run 10	09	Go Athletics	20
3	Brynn Hebert 1000 Run 10 600 Run 6	02	Nait	16
4	Katrina Michel 1000 Run 8 600 Run 5	05	Lpk	13
5	Julianna Chipiuk 3000 Run 6 1500 Run 3	05	Red Deer Polytechnic	9
6	Miriam Cuevas 1000 Run 5 600 Run 3	08	Go Athletics	8
6	Lily Dodd 1500 Run 8	03	Red Deer Polytechnic	8
6	Khloe Jankowiak 3000 Run 8	05	Lpk	8
6	Cadence Laplante 600 Run 8	04	St. Mary's University - Calgar	8
6	Eiley Morrison 300 Dash 8	06	Red Deer Polytechnic	8
11	Laurel Van Der Giessen 1000 Run 6	05	Concordia University	6
11	Lina Kafka 1500 Run 6	09	Go Athletics	6
11	Hallee Pilling 300 Dash 6	05	Lpk	6
14	Livia Swift 3000 Run 5	05	Lpk	5
14	Paighton Kumson 300 Dash 5	05	Lpk	5
14	Reyna Woodruff 1500 Run 5	07	Medicine Hat College	5
14	Andrea Leusink 3000 Run 4 1000 Run 1	04	The King's University	5
18	Isa Kafka 600 Run 4	12	Go Athletics	4
18	Jade Weber 1500 Run 4	00	Open	4
18	Kate Block 1000 Run 4	05	Lpk	4
18	Ava Rudyk 300 Dash 4	05	Concordia University	4
22	Mercedes Adams 300 Dash 3	04	Sait Trojans	3
22	Kira Main 1000 Run 3	07	Red Deer Polytechnic	3
22	Georgia Sawchuk 3000 Run 3	04	Red Deer Polytechnic	3

2026 ACAC Thunder Open Indoor - 2026-01-24**Kinsmen Field House****Individual Rankings - Through Event 52**

25	Jennifer Ackainyah	07	Red Deer Polytechnic	2
	600 Run 2			
25	Alayna Rebong	07	Northwestern Polytechnic	2
	1500 Run 2			
25	Megan Petersen	03	Nait	2
	1000 Run 2			
25	Asia Perry	06	Red Deer Polytechnic	2
	300 Dash 2			
25	Emilie Ooms	07	The King's University	2
	3000 Run 2			
30	Ellie Barlow	07	Medicine Hat College	1
	3000 Run 1			
30	Carly Frerichs	06	Northwestern Polytechnic	1
	300 Dash 1			
30	Kammy Park	03	Red Deer Polytechnic	1
	600 Run 1			
30	Kamryn Aebly	05	Nait	1
	1500 Run 1			

2026 ACAC Thunder Open Indoor - 2026-01-24**Kinsmen Field House****Individual Rankings - Through Event 52****Male - Individual Scores**

Place	Name	Year	Team	Points
1	Owen Stewart 600 Run 10 1000 Run 10	02	Concordia University	20
2	Japhet Kipkosgei 1500 Run 8 3000 Run 8	97	Red Deer Polytechnic	16
2	Kohen Meckelborg 600 Run 8 1000 Run 8	04	Red Deer Polytechnic	16
4	Ryan Murei 1000 Run 6 600 Run 5	05	Red Deer Polytechnic	11
5	Alexai Fadeyiw 300 Dash 10	06	Sait Trojans	10
5	Nathan Woyessa 3000 Run 10	05	Sait Trojans	10
5	Ethan Grasmeyer 1500 Run 10	05	Lpk	10
8	Logan Pancoast 3000 Run 5 1500 Run 3	07	Medicine Hat College	8
8	Owen Boucher 300 Dash 8	05	Lpk	8
8	Shaun Geusebroek 1500 Run 5 3000 Run 3	05	Lpk	8
11	Markus Boland 600 Run 6 300 Dash 1	05	Concordia University	7
12	Josh Gillard 300 Dash 6	06	Red Deer Polytechnic	6
12	Ethan Pols 1500 Run 6	10	Go Athletics	6
12	Levi Curtis 3000 Run 6	09	Go Athletics	6
12	Cameron Bakal 1000 Run 4 600 Run 2	05	Nait	6
16	Mourad Usman 1000 Run 5	10	Go Athletics	5
16	Mbagara Gacheru 300 Dash 5	04	Red Deer Polytechnic	5
18	Alex Guillaume 1500 Run 4	08	Go Athletics	4
18	Zach Hiller 600 Run 4	05	Lpk	4
18	Dustin Morris 300 Dash 4	03	Sait Trojans	4
18	Dylan Leadlay 1000 Run 3 600 Run 1	04	Nait	4
18	Norman Greidanus 3000 Run 4	08	Go Athletics	4
23	Wayne Bauluck 300 Dash 3	05	Lpk	3
23	Nicholas Taylor 600 Run 3	06	Uaa	3

2026 ACAC Thunder Open Indoor - 2026-01-24**Kinsmen Field House****Individual Rankings - Through Event 52**

25	Dahir Hassan	07	Concordia University	2
	300 Dash			2
25	Linden DeVries	06	The King's University	2
	1500 Run			2
25	Jack Steeves	07	Red Deer Polytechnic	2
	3000 Run			2
25	Alfred Yung	89	Emaa - Edmonton Masters Athlet	2
	1000 Run			2
29	Anthony Van Glind	07	The King's University	1
	1500 Run			1
29	Askia Tahrou	06	Medicine Hat College	1
	1000 Run			1
29	Willem Grant	04	Sait Trojans	1
	3000 Run			1

2026 ACAC Thunder Open Indoor - 2026-01-24**Kinsmen Field House****Results****Women 50 Metre Dash Open**

Name	Year Team	Seed	Finals	H#
Finals				
1 Eiley Morrison	06 Red Deer Pol	7.93	6.84	2
2 Maya Pardeahtan	03 Uaa	8.12	7.14	2
3 Hallee Pilling	05 Lpk	7.52	7.29	2
4 Paighton Kumson	05 Lpk	7.50	7.30	3
5 Makkayla Agar	04 Concordia	7.50	7.34	3
6 Kelly Koop	07 Northwestern		7.41	1
7 Cherise Carter	03 St. Mary's U	7.23	7.44	3
8 Page Milmine	04 Concordia	7.50	7.48	3
9 Mattaya Nott	06 Medicine Hat	7.50	7.54	3
10 Kabri Stickl	05 Medicine Hat	7.50	7.55	3
11 Kiara Jankowiak	05 Lpk	7.91	x7.57	2
12 Carly Frerichs	06 Northwestern		7.76	1
13 Emma Grasley Carlaw	04 Prairie Coll		8.42	1
14 Sophia Grasley	06 Prairie Coll		9.35	1
-- Zoey Longman	04 Red Deer Pol	8.43	DNS	2
-- Mercedes Adams	04 Sait Trojans		DNS	1
-- Cordai Clarke	09 Running Room		7.04	2

Women 300 Metre Dash Open

ACAC Record: * 40.78 2025-03-15 Amy Fallows, SAIT

ACAC Champs: ! 40.78 2025-03-15 Amy Fallows, SAIT

Name	Year Team	Seed	Finals	H#	Points
1 Ashlee Walker	06 Concordia	44.00	42.67	6	10
2 Eiley Morrison	06 Red Deer Pol	43.02	43.15	6	8
3 Hallee Pilling	05 Lpk	45.76	44.80	5	6
4 Paighton Kumson	05 Lpk	44.66	45.10	6	5
5 Ava Rudyk	05 Concordia	46.00	45.29	5	4
6 Hana Oikawa	05 Lpk	44.00	x45.44	6	
7 Mercedes Adams	04 Sait Trojans		45.49	2	3
8 Asia Perry	06 Red Deer Pol	48.00	45.78	4	2
9 Carly Frerichs	06 Northwestern		46.34	1	1 46.333
10 Kammy Park	03 Red Deer Pol	44.85	x46.34	5	46.336
11 Jaycee May	05 Concordia	48.00	x46.81	4	
12 Courtney Kirchner	06 Uaa	45.05	46.90	5	
13 Adara Both	06 Medicine Hat	45.00	47.05	5	
14 Jennifer Ackainyah	07 Red Deer Pol	48.04	x47.23	4	
15 Kiara Jankowiak	05 Lpk	47.84	x47.46	5	
16 Kelly Koop	07 Northwestern		47.75	3	
17 Alana Paziuk	06 Northwestern		x47.77	1	
18 Raelle Amboe	06 Northwestern		x48.03	2	
19 Rose Obeng	11 Go Athletics	1:00.00	48.40	3	
20 Makkayla Agar	04 Concordia	48.00	x48.42	4	
21 Reese MacGillivray	06 Uaa	48.63	48.64	4	
22 Cherise Carter	03 St. Mary's U	44.78	48.98	6	
23 Duretti Kabira	10 Go Athletics	1:00.00	49.08	3	
24 Kabri Stickl	05 Medicine Hat	48.85	49.95	3	
25 Mattaya Nott	06 Medicine Hat	50.00	x50.74	3	
26 Page Milmine	04 Concordia	48.00	x51.63	4	
27 Dakota Sabo	04 Prairie Coll		54.07	1	
28 Sophia Grasley	06 Prairie Coll		57.99	2	

2026 ACAC Thunder Open Indoor - 2026-01-24

Kinsmen Field House

Results

....Women 300 Metre Dash Open

29	Emma Grasley Carlaw	04	Prairie Coll		x58.13	3
--	Elle Popiel	03	Uaa		SCR	
--	Hannah Warford	04	Running Room	43.07	44.79	6

Women 600 Metre Run Open

ACAC Record: * 1:35.33 2018-02-09 Nikita Case, GMU; Edmonton

ACAC Champs: ! 1:36.52 2025-03-16 Kerigan Frampton, SAIT

Name	Year	Team	Seed	Finals	H#	Points		
1	Ashlee	Walker	06	Concordia	1:45.00	1:39.49	3	10
2	Cadence	Laplante	04	St. Mary's U	1:37.32	1:39.82	3	8
3	Brynn	Hebert	02	Nait	1:42.00	1:40.03	3	6
4	Katrina	Michel	05	Lpk	1:46.00	1:42.70	3	5
5	Isa	Kafka	12	Go Athletics	1:51.00	1:47.49	2	4
6	Miriam	Cuevas	08	Go Athletics		1:48.45	2	3
7	Jennifer	Ackainyah	07	Red Deer Pol	1:54.00	1:49.17	2	2
8	Kammy	Park	03	Red Deer Pol	1:46.83	1:50.65	3	1
9	Raelle	Amboe	06	Northwestern		1:51.35	2	
10	Ava	Rudyk	05	Concordia	1:50.00	1:52.78	2	
11	Kira	Main	07	Red Deer Pol	1:50.00	x1:53.49	2	
12	Jade	Weber	00	Open	1:48.00	1:55.24	3	
13	Alana	Paziuk	06	Northwestern		1:55.96	1	
14	Ashley	Schmaltz	07	Concordia		x1:59.11	1	
15	Summer	Jackson	06	Northwestern		x2:05.30	1	
16	Dakota	Sabo	04	Prairie Coll		2:09.20	1	
17	Elise	Stark	07	Medicine Hat	2:14.00	2:09.63	2	
18	Teagan	Versteeg	11	Go Athletics		x2:10.66	1	
--	Kate	Block	05	Lpk	1:45.93	DNS	3	
--	Raelynn	Hiller	06	Running Room		1:54.53	1	

Women 1000 Metre Run Open

ACAC Record: * 2:54.02 2016-01-30 Vanessa Trofimenkoff, GMU

ACAC Champs: ! 2:56.39 2023-03-18 Jenica Swartz, Red Deer Pol

Name	Year	Team	Seed	Finals	H#	Points		
1	Brynn	Hebert	02	Nait	3:15.00	3:01.02	3	10
2	Katrina	Michel	05	Lpk	3:12.17	3:14.93	3	8
3	Laurel	Van Der Giessen	05	Concordia	3:20.00	3:18.73	3	6
4	Miriam	Cuevas	08	Go Athletics	3:19.00	3:21.31	3	5
5	Kate	Block	05	Lpk	3:14.58	3:22.93	3	4
6	Kira	Main	07	Red Deer Pol	3:18.00	3:29.32	3	3
7	Megan	Petersen	03	Nait	3:26.00	3:31.35	3	2
8	Rebecca	Doherty	07	Nait	3:30.00	x3:32.70	3	
9	Andrea	Leusink	04	The King's U	3:33.48	3:33.04	2	1
10	Summer	Jackson	06	Northwestern	3:35.00	3:38.67	2	
11	Emilie	Ooms	07	The King's U		3:44.03	1	
12	Ashley	Schmaltz	07	Concordia	4:00.00	3:46.79	2	
13	Addison	Weir	06	Medicine Hat	3:44.00	3:50.34	2	
14	Mckenna	Pollock	06	Northwestern	3:50.00	4:02.11	2	
15	Hannah	Ulm	06	Medicine Hat	3:50.00	4:03.18	2	
16	Elise	Stark	07	Medicine Hat	4:05.00	x4:12.24	2	
17	Dakota	Sabo	04	Prairie Coll		4:14.21	1	
18	Kaydence	Naeth	07	Northwestern		x4:15.79	1	

2026 ACAC Thunder Open Indoor - 2026-01-24**Kinsmen Field House****Results****....Women 1000 Metre Run Open**

19 Gavriella Doromal	12 Go Athletics	5:15.00	4:31.59	1
20 Sara Martin	06 Northwestern		x4:39.51	1
21 Alisha Brophy	07 St. Mary's U	4:45.00	4:56.91	1
-- Kamryn Aebly	05 Nait	3:26.00	DNF	3
-- Zoey Longman	04 Red Deer Pol	3:11.00	DNS	3

Women 1500 Metre Run Open

ACAC Record: * 4:28.73 2025-02-15 Ashlee Walker, Concordia; Red Deer

ACAC Champs: ! 4:44.96 2023-03-19 Makenna Fitzgerald, Sait Trojans

Name	Year Team	Seed	Finals	H#	Points
1 Holly Tonnos	09 Go Athletics	5:07.00	5:11.81	2	10
2 Lily Dodd	03 Red Deer Pol	5:28.00	5:27.64	2	8
3 Lina Kafka	09 Go Athletics	5:45.00	5:28.91	1	6
4 Reyna Woodruff	07 Medicine Hat	5:28.00	5:29.48	2	5
5 Jade Weber	00 Open	5:30.00	5:30.46	2	4
6 Julianna Chipiuk	05 Red Deer Pol	4:53.81	5:30.73	2	3
7 Georgia Sawchuk	04 Red Deer Pol	5:30.00	x5:33.22	2	
8 Alayna Rebong	07 Northwestern	5:30.00	5:45.97	2	2
9 Kamryn Aebly	05 Nait	5:29.00	5:49.32	2	1
10 Chloe Funnell	03 Uaa	5:26.05	5:49.82	2	
11 Hadley Guenther	06 Red Deer Pol	5:49.00	x5:51.21	1	
12 Clara Wolfe	06 St. Mary's U	5:45.00	6:08.84	1	
13 Mckenna Pollock	06 Northwestern	6:15.00	6:34.21	1	
14 Nola Clarke	06 Uaa	6:09.76	7:00.58	1	
15 Kaydence Naeth	07 Northwestern		x7:00.72	1	
16 Sara Martin	06 Northwestern		x7:50.88	1	
-- Raelynn Hiller	06 Running Room		DNF	1	
-- Ashley Schmaltz	07 Concordia	6:00.00	DNS	1	
-- Marrin Johnson	07 Running Room	5:22.00	5:35.62	2	
-- Amina Hussein	90 Running Room	5:30.00	5:50.44	2	

Women 3000 Metre Run Open

ACAC Record: * 10:10.56 2015-02-07 Mirelle Martens, GPRC

ACAC Champs: ! 10:21.53 2015-02-27 Mirelle Martens, GPRC

Name	Year Team	Seed	Finals	H#	Points
1 Holly Tonnos	09 Go Athletics	10:37.00	10:47.38	2	10
2 Khloe Jankowiak	05 Lpk	11:59.00	11:48.97	2	8
3 Julianna Chipiuk	05 Red Deer Pol	10:37.27	11:58.74	2	6
4 Livia Swift	05 Lpk	11:59.00	11:59.99	2	5
5 Andrea Leusink	04 The King's U	12:03.61	12:00.08	1	4
6 Georgia Sawchuk	04 Red Deer Pol	11:21.00	12:00.18	2	3
7 Emilie Ooms	07 The King's U		12:05.00	1	2
8 Ally McDonale	05 Lpk	11:35.00	x12:18.26	2	
9 Ellie Barlow	07 Medicine Hat	12:25.00	12:25.09	1	1
10 Sarah Tedesco	06 St. Mary's U	11:30.00	12:27.71	2	
11 Alayna Rebong	07 Northwestern	11:50.00	12:34.18	2	
12 Hadley Guenther	06 Red Deer Pol	12:15.00	x12:38.23	1	
13 Nola Clarke	06 Uaa	13:53.95	12:50.94	1	
14 Emma Anderson	05 Lpk	13:30.00	x13:32.18	1	
-- Morgan Elaschuk	07 Uaa		DNS	1	
-- Chloe Funnell	03 Uaa	13:54.43	DNS	1	

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Results

....Women 3000 Metre Run Open

-- Marrin Johnson	07 Running Room	11:36.00	11:55.39	2
-- Amina Hussein	90 Running Room	11:30.00	12:46.43	2

Women 4x200 Metre Relay Open

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 ACAC Record: * 1:50.25 2025-03-15 Concordia University Edmonton, Concordia U
 J May, A Rudyk, L Van Der Giessen, A Walker.
 ACAC Champs: ! 1:50.25 2025-03-15 Concordia University Edmonton, Concordia U
 J May, A Rudyk, L Van Der Giessen, A Walker.

Team	Seed	Finals	H#	Points
1 Lpk		1:52.47	1	10
1) Hallee Pilling 05	2) Kiara Jankowiak 05			
3) Hana Oikawa 05	4) Paighton Kumson 05			
2 Concordia University	1:55.00	1:54.57	2	8
1) Ava Rudyk 05	2) Jaycee May 05			
3) Laurel Van Der Giessen 05	4) Ashlee Walker 06			
3 Red Deer Polytechnic	1:52.00	1:57.74	2	6
1) Zoey Longman 04	2) Asia Perry 06			
3) Lily Dodd 03	4) Eiley Morrison 06			
4 Phase Athletics	2:00.00	1:58.63	2	5
5 Medicine Hat College	1:52.00	2:01.77	2	4
1) Mattaya Nott 06	2) Reyna Woodruff 07			
3) Kabri Stickl 05	4) Adara Both 06			
6 Uaa		2:02.13	1	3
1) Courtney Kirchner 06	2) Reese MacGillivray 06			
3) Maya Pardeahtan 03	4) Nola Clarke 06			
7 St. Mary's University - Calgar	1:56.15	2:02.70	2	2
1) Sarah Tedesco 06	2) Clara Wolfe 06			
3) Cadence Laplante 04	4) Cherise Carter 03			
8 Northwestern Polytechnic		2:04.34	1	1
1) Alana Paziuk 06	2) Kelly Koop 07			
3) Carly Frerichs 06	4) Raelle Amboe 06			
9 Nait		2:05.61	1	
1) Brynn Hebert 02	2) Rebecca Doherty 07			
3) Megan Petersen 03	4) Kamryn Aebly 05			
10 Go Athletics		2:08.08	1	
1) Rose Obeng 11	2) Duretti Kabira 10			
3) Gavriella Doromal 12	4)			
-- Running Room Athletic Club AB	2:05.00	2:05.81	2	
1) Makkayla Agar 04	2) Page Milmine 04			
3) Ashley Schmaltz 07	4)			

Women 4x400 Metre Relay Open

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 ACAC Record: * 4:02.32 2018-03-10 MacEwan Griffins, Griffins; Edmonton
 A Ntiamoah, V Schlottke, N Case, H Leggatt
 ACAC Champs: ! 4:02.32 2018-03-10 MacEwan Griffins, Griffins; Edmonton
 A Ntiamoah, V Schlottke, N Case, H Leggatt

Team	Seed	Finals	H#	Points
1 Lpk		4:22.53	2	10
1) Hallee Pilling 05	2) Kiara Jankowiak 05			
3) Paighton Kumson 05	4) Hana Oikawa 05			
2 Concordia University	4:50.00	4:30.20	2	8

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Results

....Women 4x400 Metre Relay Open

1) Ava Rudyk 05	2) Page Milmine 04				
3) Ashley Schmaltz 07	4) Ashlee Walker 06				
3 Go Athletics		4:40.00	4:33.31	2	6
4 Red Deer Polytechnic		4:20.00	4:44.12	2	5
1) Kammy Park 03	2) Julianna Chipiuk 05				
3) Asia Perry 06	4) Lily Dodd 03				
5 Northwestern Polytechnic			4:44.50	1	4
1) Raelle Amboe 06	2) Kelly Koop 07				
3) Summer Jackson 06	4) Alana Paziuk 06				
6 Medicine Hat College		4:40.00	4:56.79	2	3
1) Adara Both 06	2) Hannah Ulm 06				
3) Addison Weir 06	4) Reyna Woodruff 07				
-- Uaa			DNS	1	
1) Courtney Kirchner 06	2) Reese MacGillivray 06				
3) Maya Pardeahtan 03	4) Nola Clarke 06				
-- Running Room Athletic Club AB			4:37.24	1	
1) Hannah Warford 04	2) Kamryn Aebly 05				
3) Rebecca Doherty 07	4) Megan Petersen 03				

Men 50 Metre Dash Open

Name	Year	Team	Seed	Finals	H#
1 Malachi Muir	04	Nait	6.40	6.09	6
2 Daniel Friesen	07	Medicine Hat	6.15	6.15	6
3 Jaxon Uhl	05	Lpk	6.17	6.29	6
4 Dustin Morris	03	Sait Trojans		6.30	4
5 Owen Boucher	05	Lpk	7.00	6.31	4
6 Daniel Olufowobi	05	Sait Trojans		6.34	1
7 Myles Sonom	04	Sait Trojans		x6.37	2
8 Mbagara Gacheru	04	Red Deer Pol	7.28	6.38	4
9 Wayne Bauluck	05	Lpk	6.24	x6.40	6
10 Elkan Ekhaton	04	Concordia	6.50	6.41	5
11 Austin Leadlay	06	Nait	6.78	6.47	5
12 Odly Jean	05	Sait Trojans		x6.50	2
13 Nick Mancini	01	Unon - Unatt	6.15	6.53	6
14 Josh Gillard	06	Red Deer Pol	7.45	6.56	4
15 Jag Atwal	77	Unattached	6.66	6.58	5
16 Christian Pinangay	05	Medicine Hat	6.45	6.69	6
17 Emanuel Omachonu	02	Northwestern		6.73	1
18 Noah Henson	06	Nait	6.70	x6.74	5
19 Vince Barcelos	02	St. Mary's U	6.71	6.78	5
20 Noah McCutcheon	07	Concordia	6.90	6.80	5
21 Joshua Odeareduo	04	The King's U		6.91	3
22 Imran Mustefa	11	Go Athletics		7.03	3
23 Judah Sutherland	04	Prairie Coll		7.13	3
24 Jake Bouchard	07	Red Deer Pol		x7.17	3
25 Armaandeeep Sandhu	06	Northwestern		7.44	4
26 Dallas Kendrick	85	Phase - Phas		7.83	1
27 Alistair Munro	00	The King's U	8.48	8.34	4
-- Alexai Fadeyiw	06	Sait Trojans		DNS	3
-- Silas Iyuke	01	Sait Trojans		DNS	3
-- Owen Ogbomo	06	Unattached Vikings		DNS	2
-- Ameen Aboughoushe	06	Unattached Vikings		7.11	2

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Men 300 Metre Dash Open

ACAC Record: * 35.61 2018-03-09 Brent Stephen, Trojans; Edmonton

ACAC Champs: ! 35.61 2018-03-09 Brent Stephen, Trojans; Edmonton

Name	Year Team	Seed	Finals	H#	Points
1 Alexai Fadeyiw	06 Sait Trojans		37.17	2	10
2 Owen Boucher	05 Lpk	42.00	37.51	4	8
3 Josh Gillard	06 Red Deer Pol	37.73	37.53	6	6
4 Mbagara Gacheru	04 Red Deer Pol	37.58	38.08	6	5
5 Dustin Morris	03 Sait Trojans		38.10	3	4
6 Wayne Bauluck	05 Lpk	38.78	38.17	6	3
7 Silas Iyuke	01 Sait Trojans		x38.20	2	
8 Dahir Hassan	07 Concordia	40.00	38.67	4	2
9 Markus Boland	05 Concordia	38.00	38.96	6	1
10 Jaxon Uhl	05 Lpk	38.95	x39.20	6	
11 Austin Leadlay	06 Nait	40.00	39.22	5	
12 Zach Hiller	05 Lpk	40.61	x39.40	4	
13 Myles Sonom	04 Sait Trojans		x39.46	2	
14 Joshua Friesen	07 Medicine Hat	37.85	39.63	6	
15 Brendon Versteeg	08 Go Athletics	39.00	39.74	5	
16 Elkan Ekhaton	04 Concordia	40.00	x40.05	5	
17 Vince Barcelos	02 St. Mary's U	40.45	40.39	4	40.386
18 Christian Pinangay	05 Medicine Hat	39.50	40.39	5	40.388
19 Noah McCutcheon	07 Concordia	40.00	x40.61	5	
20 Edgar Roach	07 The King's U		40.73	3	
21 Emanuel Omachonu	02 Northwestern		40.77	1	
22 Noah Henson	06 Nait	40.00	40.85	5	
23 Jesse Loiselle	04 Northwestern		41.23	3	
24 Jake Bouchard	07 Red Deer Pol	42.00	x41.42	4	
25 Taelum Henfry	05 Red Deer Pol	41.05	x41.69	4	
26 Daniel Olufowobi	05 Sait Trojans		x41.84	1	
27 Joshua Odeareduo	04 The King's U		43.75	2	
28 Imran Mustefa	11 Go Athletics	43.00	45.49	3	
29 Armaandeep Sandhu	06 Northwestern		x46.40	1	
30 Prince Antepim	03 St. Mary's U	46.00	46.86	3	
31 Alistair Munro	00 The King's U	56.06	x56.24	3	
-- Conor Golden	05 Unattached		DNS	2	

Men 600 Metre Run Open

ACAC Record: * 1:20.20 2018-02-10 Brent Stephen, SAIT; Edmonton

ACAC Champs: ! 1:23.04 2024-03-17 Owen Stewart, LethbridgeKodiak

Name	Year Team	Seed	Finals	H#	Points
1 Owen Stewart	02 Concordia	1:23.00	1:26.91	3	10
2 Kohen Meckelborg	04 Red Deer Pol	1:29.00	1:28.25	3	8
3 Markus Boland	05 Concordia	1:27.00	1:28.53	3	6
4 Ryan Murei	05 Red Deer Pol	1:30.00	1:28.69	3	5
5 Zach Hiller	05 Lpk	1:31.19	1:30.16	3	4
6 Nicholas Taylor	06 Uaa	1:28.27	1:30.76	3	3
7 Cameron Bakal	05 Nait	1:33.00	1:32.36	2	2
8 Dylan Leadlay	04 Nait	1:32.08	1:35.81	2	1
9 Mourad Usman	10 Go Athletics	1:30.00	1:36.29	3	
10 Nyam Owusu	01 Northwestern		1:36.46	1	
11 Tristin Macdonald	99 Open	1:34.00	1:36.73	2	
12 Jesse Loiselle	04 Northwestern		1:36.85	1	

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....Men 600 Metre Run Open

13 Leland Lusk	04 Red Deer Pol	1:34.00	x1:37.91	2
14 Ahmed Sharif Akali	03 Northwestern	1:36.00	x1:38.39	1
15 Edgar Roach	07 The King's U		1:38.49	1
16 Josh Spencer	05 Lpk	1:35.00	1:40.03	2
17 Dahir Hassan	07 Concordia	1:35.00	x1:43.08	2
18 William Atamanchuk	07 Northwestern		x1:47.79	1
19 Avry Niven	04 Uaa	1:53.88	1:55.55	2

Men 1000 Metre Run Open

ACAC Record: * 2:29.67 2024-03-16 Owen Stewart, LethbridgeKodiak; Edmon
 ACAC Champs: ! 2:29.67 2024-03-16 Owen Stewart, LethbridgeKodiak

Name	Year Team	Seed	Finals	H#	Points
1 Owen Stewart	02 Concordia	2:30.00	2:40.36	2	10
2 Kohen Meckelborg	04 Red Deer Pol	2:50.00	2:45.94	2	8
3 Ryan Murei	05 Red Deer Pol	2:50.00	2:48.49	2	6
4 Mourad Usman	10 Go Athletics	2:50.61	2:50.90	2	5
5 Cameron Bakal	05 Nait	2:45.00	2:51.95	2	4
6 Dylan Leadlay	04 Nait	2:44.00	2:51.98	2	3
7 Alfred Yung	89 Emaa - Edmon	2:56.43	2:53.80	2	2
8 Askia Tahrou	06 Medicine Hat	3:05.00	2:58.75	1	1
9 Leland Lusk	04 Red Deer Pol	2:55.00	x2:59.82	2	
10 Jannis Boenn	05 Lpk	3:00.00	3:01.08	1	
11 Nyam Owusu	01 Northwestern	2:57.00	3:05.08	1	
12 Liam Maynes	07 Nait	2:49.00	x3:10.69	2	
13 William Atamanchuk	07 Northwestern	3:10.00	3:18.66	1	
14 Brendan McKechnie	07 Northwestern	3:15.00	x3:19.99	1	
15 Abdullahi Ahmed	08 Go Athletics	2:55.00	3:22.66	2	
16 Logan Mellish	06 Medicine Hat	3:35.00	3:24.28	1	
17 Griffin Goodfellow	03 Medicine Hat	3:15.00	x3:32.87	1	

Men 1500 Metre Run Open

ACAC Record: * 3:55.10 2018-02-10 Matthew Travaglini, SAIT; Edmonton
 ACAC Champs: ! 3:56.99 2023-03-19 Leonard Chesoo, Concordia U

Name	Year Team	Seed	Finals	H#	Points
1 Ethan Grasmeyer	05 Lpk	4:30.00	4:21.91	3	10
2 Japhet Kipkosgei	97 Red Deer Pol	4:13.00	4:22.76	3	8
3 Ethan Pols	10 Go Athletics	4:45.00	4:32.50	2	6
4 Shaun Geusebroek	05 Lpk	4:45.00	4:34.20	2	5
5 Alex Guillaume	08 Go Athletics	4:48.98	4:34.42	2	4
6 Wacey Smith	05 Lpk	4:41.00	x4:37.55	3	
7 Logan Pancoast	07 Medicine Hat	4:30.00	4:37.84	3	3
8 Phoenix Wolsey	08 Go Athletics	4:48.41	x4:41.09	2	
9 Levi Rysavy	08 Go Athletics		x4:41.27	1	
10 Rylan Chipiuk	08 Go Athletics	4:30.00	x4:41.91	3	
11 Norman Greidanus	08 Go Athletics	4:26.00	x4:45.46	3	
12 Linden DeVries	06 The King's U	4:50.59	4:48.86	2	2
13 Anthony Van Glind	07 The King's U		4:51.58	1	1
14 Noah Hoffart	07 Nait	4:10.00	4:51.58	3	4:51.571
15 Jason Kwong	04 Concordia	5:00.00	4:52.58	2	4:51.578
16 Nicholas Kadyk	06 Northwestern	4:25.00	4:55.17	3	
17 Taylor Hudak	05 Nait	4:37.00	5:01.00	3	

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....Men 1500 Metre Run Open

18	Oliver Kelliher	07	Red Deer Pol	5:06.00	5:05.75	2
19	Benjamin Colliou	01	Concordia	5:00.00	5:09.73	2
20	Amir Abdalla Hassan	10	Go Athletics	5:40.00	x5:12.02	1
21	Jack Cook	67	Open	5:00.00	5:12.69	2
22	Nathan Kelba	03	St. Mary's U	4:40.00	5:13.77	3
23	Yadata Ahmed	12	Go Athletics	5:30.00	x5:25.19	1
24	Brendan McKechnie	07	Northwestern		5:28.66	1
25	Edward Gregory	91	St. Mary's U	5:15.00	5:45.62	2
26	Rylan Shukaliak	03	Concordia	5:15.00	x5:46.42	2
27	Keyse Omar	09	Go Athletics	5:00.00	x6:13.10	2
--	Amol Mand	99	The King's U	4:35.00	DNF	3
--	Liam Maynes	07	Nait	4:55.00	DNS	2
--	Jack Steeves	07	Red Deer Pol	4:39.00	DNS	3

Men 3000 Metre Run Open

ACAC Record: * 8:22.00 2018-02-09 Matthew Travaglini, SAIT; Edmonton

ACAC Champs: ! 8:32.74 2025-03-15 Maximus Thiessen, SAIT

Name	Year	Team	Seed	Finals	H#	Points
1	Nathan Woyessa	05 Sait Trojans		8:40.58	2	10
2	Japhet Kipkosgei	97 Red Deer Pol	9:15.00	9:19.29	2	8
3	Levi Curtis	09 Go Athletics	9:26.00	9:23.63	2	6
4	Logan Pancoast	07 Medicine Hat	9:30.00	9:47.31	2	5
5	Norman Greidanus	08 Go Athletics	9:42.00	9:49.36	2	4
6	Shaun Geusebroek	05 Lpk	10:45.00	9:52.28	1	3
7	Jack Steeves	07 Red Deer Pol	9:30.00	9:59.91	2	2
8	Willem Grant	04 Sait Trojans		10:17.40	1	1
9	Noah Hoffart	07 Nait	9:35.00	10:22.63	2	
10	Taylor Hudak	05 Nait	9:39.00	10:23.40	2	
11	Tristin Macdonald	99 Open	9:57.00	10:25.53	2	
12	Reese Karlunchuck	05 Lpk	10:30.00	10:38.41	1	
13	Anthony Van Glind	07 The King's U		10:40.90	1	
14	Nicholas Kadyk	06 Northwestern	9:30.00	10:43.33	2	
15	Oliver Kelliher	07 Red Deer Pol	10:30.00	x10:47.51	1	
16	Benjamin Colliou	01 Concordia	10:30.00	10:48.94	1	
17	Judah Sutherland	04 Prairie Coll		11:22.48	1	
18	Rylan Shukaliak	03 Concordia	10:45.00	11:52.38	1	

Men 4x200 Metre Relay Open

ACAC Record: * 1:34.12 2025-03-15 SAIT, SAIT

D Olufowobi, D Adesegun, O Jean, M Sonom

ACAC Champs: ! 1:34.12 2025-03-15 SAIT, SAIT

D Olufowobi, D Adesegun, O Jean, M Sonom

Team	Seed	Finals	H#	Points
1 Lpk		1:37.03	1	10
1) Wayne Bauluck 05	2) Owen Boucher 05			
3) Jannis Boenn 05	4) Jaxon Uhl 05			
2 Nait		1:37.27	1	8
1) Malachi Muir 04	2) Austin Leadlay 06			
3) Noah Henson 06	4) Dylan Leadlay 04			
3 Sait Trojans		1:38.36	2	6
1) Myles Sonom 04	2) Daniel Olufowobi 05			

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....Men 4x200 Metre Relay Open

3) Dustin Morris 03	4) Odly Jean 05				
4 Concordia University	1:40.00	1:39.67	2	5	
1) Elkan Ekhator 04	2) Dahir Hassan 07				
3) Noah McCutcheon 07	4) Markus Boland 05				
5 Red Deer Polytechnic	1:40.07	1:41.78	2	4	
1) Josh Gillard 06	2) Kohen Meckelborg 04				
3) Japhet Kipkosgei 97	4) Mbagara Gacheru 04				
6 Medicine Hat College	1:40.00	1:43.11	2	3	
1) Joshua Friesen 07	2) Askia Tahrou 06				
3) Christian Pinangay 05	4) Daniel Friesen 07				
7 Northwestern Polytechnic		1:44.57	2	2	
1) Jesse Loiselle 04	2) Ahmed Sharif Akali 03				
3) Nyam Owusu 01	4) Emanuel Omachonu 02				
8 Unattached Vikings		1:51.25	1	1	
1) Owen Boucher 05	2) Nicholas Kadyk 06				
3) Ameen Aboughoushe 06	4) Avry Niven 04				
9 St. Mary's University - Calgar	1:46.11	1:53.28	2		
1) Vince Barcelos 02	2) Prince Antepim 03				
3) Edward Gregory 91	4) Nathan Kelba 03				
10 Northwestern Polytechnic 'B'		x1:54.27	1		
1) Armaandeep Sandhu 06	2) Nicholas Kadyk 06				
3) Brendan McKechnie 07	4) William Atamanchuk 07				
11 Go Athletics		1:58.46	1		
1) Abdullahi Ahmed 08	2) Imran Mustefa 11				
3) Mourad Usman 10	4) Yadata Ahmed 12				
-- Uaa					SCR
1) Owen Boucher 05	2) Nicholas Kadyk 06				
3) Ameen Aboughoushe 06	4) Avry Niven 04				

Men 4x400 Metre Relay Open

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ACAC Record: * 3:30.93 2024-03-17 Lethbridge Kodiaks, LethbridgeKodiak; Edmon
 G Gibb, J Hennig, O May, O Stewart

ACAC Champs: ! 3:30.93 2024-03-17 Lethbridge Kodiaks, LethbridgeKodiak
 G Gibb, J Hennig, O May, O Stewart

Team	Seed	Finals	H#	Points
1 Sait Trojans		3:44.03	1	10
1) Alexai Fadeyiw 06	2) Silas Iyuke 01			
3) Willem Grant 04	4) Nathan Woyessa 05			
2 Red Deer Polytechnic	3:42.00	3:49.61	2	8
1) Mbagara Gacheru 04	2) Taelum Henfry 05			
3) Ryan Murei 05	4) Japhet Kipkosgei 97			
3 Lpk		3:51.10	1	6
1) Zach Hiller 05	2) Wacey Smith 05			
3) Ethan Grasmeyer 05	4) Jannis Boenn 05			
4 Concordia University	3:53.00	3:53.59	2	5
1) Markus Boland 05	2) Dahir Hassan 07			
3) Noah McCutcheon 07	4) Owen Stewart 02			
5 The King's University	4:27.05	3:53.99	2	4
1) Anthony Van Glind 07	2) Edgar Roach 07			
3) Linden DeVries 06	4) Amol Mand 99			
6 Medicine Hat College	3:45.00	3:56.12	2	3
1) Askia Tahrou 06	2) Logan Mellish 06			
3) Logan Pancoast 07	4) Christian Pinangay 05			

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....Men 4x400 Metre Relay Open

7	Go Athletics	3:55.00	3:58.42	2	2	
8	Go Athletics 'B'		x3:58.72	1		
9	Nait		4:00.87	1	1	
	1) Cameron Bakal 05					2) Taylor Hudak 05
	3) Noah Hoffart 07					4) Liam Maynes 07
10	Northwestern Polytechnic		4:01.19	1		
	1) Emanuel Omachonu 02					2) Nicholas Kadyk 06
	3) Nyam Owusu 01					4) Jesse Loiselle 04
--	Medicine Hat College 'B'	4:50.00	5:22.45	2		Mixed team
	1)					2) Griffin Goodfellow 03