



## **2019 Alberta Colleges Athletic Conference (ACAC) Indoor Track Full Results**

Below are full results for the 2019 Alberta Colleges Athletic Conference (ACAC) Indoor Track Meet, held January 26 in the Kinsmen Field House in Edmonton, Alberta.

The meet saw no records improved.

The results below include the following:

- team points
- team points by event type
- individual team points
- full results

Please see <http://www.ellistiming.ca/results/2019ACACResultsNewspaper.txt> for results in "newspaper style".

If you have questions or concerns regarding the results, please send an electronic mail message to [vernon@ellistiming.ca](mailto:vernon@ellistiming.ca). Other questions or concerns should be directed to Greg Curran ([currang3@macewan.ca](mailto:currang3@macewan.ca)).

**2019 ACAC Indoor Track - 2019-01-26****Kinsmen Field House****Team Rankings - Through Event 52****Combined Team Scores**

<b>Place</b>	<b>Team</b>		<b>Points</b>
1	MacEwan University	MACU	142
2	Red Deer College	REDC	101
3	Concordia University	CUE	61
4	Grande Prairie RegionalCollege	GPRC	57
5	Lethbridge Kodiaks	KODI	40
6	Sait Trojans	TROJ	32
7	MAC Track	MACT	5
8	Sait	SAIT	3
9	U Alberta Augustana	UOAA	2
		<b>Total</b>	<b>443.00</b>

**2019 ACAC Indoor Track - 2019-01-26****Kinsmen Field House****Team Rankings - Through Event 52****Female Team Scores**

<b>Place</b>	<b>Team</b>		<b>Points</b>
1	MacEwan University	MACU	87
2	Red Deer College	REDC	47
3	Concordia University	CUE	33
4	Grande Prairie RegionalCollege	GPRC	22
5	Lethbridge Kodiaks	KODI	16
6	Sait Trojans	TROJ	6
7	MAC Track	MACT	5
8	U Alberta Augustana	UOAA	2
		<b>Total</b>	<b>218.00</b>

**2019 ACAC Indoor Track - 2019-01-26****Kinsmen Field House****Team Rankings - Through Event 52****Male Team Scores**

<b>Place</b>	<b>Team</b>		<b>Points</b>
1	MacEwan University	MACU	55
2	Red Deer College	REDC	54
3	Grande Prairie RegionalCollege	GPRC	35
4	Concordia University	CUE	28
5	Sait Trojans	TROJ	26
6	Lethbridge Kodiaks	KODI	24
7	Sait	SAIT	3
		<b>Total</b>	<b>225.00</b>

**2019 ACAC Indoor Track - 2019-01-26****Kinsmen Field House****Team Rankings - Through Event 52****Combined Team Scores**

<b>Place</b>	<b>Team</b>	<b>Points</b>	<b>Sprints</b>	<b>Distance</b>	<b>Hurdles</b>	<b>Relays</b>	<b>Field Events</b>	<b>Combined</b>
1	MacEwan University	142	31	91	0	20	0	0
2	Red Deer College	101	22	65	0	14	0	0
3	Concordia University	61	12	41	0	8	0	0
4	Grande Prairie Regional	57	4	39	0	14	0	0
5	Lethbridge Kodiaks	40	4	26	0	10	0	0
6	Sait Trojans	32	2	30	0	0	0	0
7	MAC Track	5	0	5	0	0	0	0
8	Sait	3	0	0	0	3	0	0
9	U Alberta Augustana	2	0	2	0	0	0	0
	<b>Total</b>	<b>443.00</b>	<b>75.00</b>	<b>299.00</b>	<b>0.00</b>	<b>69.00</b>	<b>0.00</b>	<b>0.00</b>

**2019 ACAC Indoor Track - 2019-01-26****Kinsmen Field House****Team Rankings - Through Event 52****Female Team Scores**

<b>Place</b>	<b>Team</b>	<b>Points</b>	<b>Sprints</b>	<b>Distance</b>	<b>Hurdles</b>	<b>Relays</b>	<b>Field Events</b>	<b>Combined</b>
1	MacEwan University	87	13	64	0	10	0	0
2	Red Deer College	47	14	25	0	8	0	0
3	Concordia University	33	6	23	0	4	0	0
4	Grande Prairie Regional	22	3	13	0	6	0	0
5	Lethbridge Kodiaks	16	0	11	0	5	0	0
6	Sait Trojans	6	0	6	0	0	0	0
7	MAC Track	5	0	5	0	0	0	0
8	U Alberta Augustana	2	0	2	0	0	0	0
<b>Total</b>		<b>218.00</b>	<b>36.00</b>	<b>149.00</b>	<b>0.00</b>	<b>33.00</b>	<b>0.00</b>	<b>0.00</b>

**2019 ACAC Indoor Track - 2019-01-26****Kinsmen Field House****Team Rankings - Through Event 52****Male Team Scores**

<b>Place</b>	<b>Team</b>	<b>Points</b>	<b>Sprints</b>	<b>Distance</b>	<b>Hurdles</b>	<b>Relays</b>	<b>Field Events</b>	<b>Combined</b>
1	MacEwan University	55	18	27	0	10	0	0
2	Red Deer College	54	8	40	0	6	0	0
3	Grande Prairie Regional	35	1	26	0	8	0	0
4	Concordia University	28	6	18	0	4	0	0
5	Sait Trojans	26	2	24	0	0	0	0
6	Lethbridge Kodiaks	24	4	15	0	5	0	0
7	Sait	3	0	0	0	3	0	0
<b>Total</b>		<b>225.00</b>	<b>39.00</b>	<b>150.00</b>	<b>0.00</b>	<b>36.00</b>	<b>0.00</b>	<b>0.00</b>

**2019 ACAC Indoor Track - 2019-01-26**  
**Kinsmen Field House**  
**Individual Rankings - Through Event 52**  
**Female - Individual Scores**

Place	Name	Year	Team	Points
1	Ember Large 600 Run 10 1000 Run 10	95	MacEwan University	20
2	Emma Steele 1500 Run 10 3000 Run 8	00	MacEwan University	18
2	Ashley Tymkow 3000 Run 10 1500 Run 8	00	MacEwan University	18
4	Shaunice Burgers 300 Dash 8 600 Run 8	19	MacEwan University	16
5	Jill Stewart 1000 Run 6 3000 Run 6	98	Red Deer College	12
5	Mienna Starosielski 300 Dash 6 600 Run 6	98	Concordia University	12
7	Shayla Sklaruk 300 Dash 10	99	Red Deer College	10
8	Ana Zulic 1500 Run 5 1000 Run 4	97	Concordia University	9
9	Anna Van Der Giessen 1000 Run 8	99	Grande Prairie RegionalCollege	8
9	Lauren Pasiuk 300 Dash 4 600 Run 4	00	Red Deer College	8
11	Caitlin Debree 1500 Run 4 1000 Run 2	00	Red Deer College	6
11	Brooklyn Vogel 600 Run 3 1000 Run 3	98	Lethbridge Kodiaks	6
11	Amanda Vocke 1500 Run 6	96	Sait Trojans	6
14	Elise Nawrocki 3000 Run 5	97	Concordia University	5
14	Maria Houle 600 Run 5	91	Grande Prairie RegionalCollege	5
14	Avery Linn 1000 Run 5	02	MAC Track	5
14	Bailey Stang 300 Dash 5	00	MacEwan University	5
18	Rebecca Sweeney 3000 Run 4	99	Lethbridge Kodiaks	4
19	Bailey Troccoli-Hughes 1500 Run 2 1000 Run 1	98	Concordia University	3
19	Mackenzie Spinks 1500 Run 3	00	Red Deer College	3
19	Brittney Duvall 300 Dash 3	98	Grande Prairie RegionalCollege	3
22	Lina Lim 600 Run 2	97	U Alberta Augustana	2
23	Vildana Rekić 1500 Run 1	99	Lethbridge Kodiaks	1



**2019 ACAC Indoor Track - 2019-01-26**  
**Kinsmen Field House**  
**Individual Rankings - Through Event 52**  
**Male - Individual Scores**

Place	Name	Year	Team	Points
1	Dan Szucs 3000 Run 8 1500 Run 6	00	Red Deer College	14
1	Devin Saunders 3000 Run 10 1500 Run 4	00	Red Deer College	14
3	Owen Guenette 3000 Run 6 1500 Run 5	00	MacEwan University	11
3	Miguel Macedo Teran 1000 Run 6 600 Run 5	00	Grande Prairie RegionalCollege	11
5	Brandon Tufford 600 Run 10	00	Grande Prairie RegionalCollege	10
5	Leonard Chesoo 1000 Run 10	97	Concordia University	10
5	Caelen Begg 300 Dash 10	99	MacEwan University	10
5	Matthew Travaglini 1500 Run 10	93	Sait Trojans	10
9	Thomas Cross-Trush 300 Dash 8	97	MacEwan University	8
9	Jacques Saayman 1500 Run 8	97	Sait Trojans	8
9	Reece Runco 600 Run 8	94	MacEwan University	8
9	Scott Kohlman 1000 Run 8	97	MacEwan University	8
13	Stephen Rowley 600 Run 4 1000 Run 3	99	Red Deer College	7
13	Brandon Morris 300 Dash 6 600 Run 1	00	Concordia University	7
13	Keith Spruyt 1000 Run 5 1500 Run 2	97	Concordia University	7
16	Tanner Rent 1000 Run 4 600 Run 2	99	Lethbridge Kodiaks	6
16	Jakob Vollmerhaus 300 Dash 3 600 Run 3	97	Red Deer College	6
16	Brant Lauweryssen 600 Run 6	96	Sait Trojans	6
19	Lucas Wessner 300 Dash 5	00	Red Deer College	5
19	Daniel Robdrup 3000 Run 5	82	Lethbridge Kodiaks	5
21	Foster Isiche 300 Dash 4	92	Lethbridge Kodiaks	4
21	Tyler Larkin 3000 Run 4	96	Lethbridge Kodiaks	4
23	Eric Nooy 1500 Run 3	99	Grande Prairie RegionalCollege	3
24	Iqbal Singh 300 Dash 2	99	Sait Trojans	2

**2019 ACAC Indoor Track - 2019-01-26**

**Kinsmen Field House**

**Individual Rankings - Through Event 52**

24 Carson Schiller	00 Red Deer College	2
1000 Run 2		
26 Taylor Hudak	99 Grande Prairie RegionalCollege	1
1000 Run 1		
26 Brice Wilkes	00 Grande Prairie RegionalCollege	1
1500 Run 1		
26 Joel Manz	00 Grande Prairie RegionalCollege	1
300 Dash 1		

**2019 ACAC Indoor Track - 2019-01-26****Kinsmen Field House****Results - Saturday Track****Women 60 Metre Dash Exhibition Open**

Name	Year Team	Seed	Finals
Finals			
1 # 98 Amanda Ntiamoah	92 Edmonton Col		8.22
2 # 69 Shayla Sklaruk	99 Red Deer College		8.42
3 # 65 Lauren Pasiuk	00 Red Deer College		9.04

**Women 300 Metre Dash Open**

ACAC Record: \* 41.46 2018-03-04 Nikita Case, GMU; Edmonton

ACAC Champs: ! 41.55 2017-03-03 Nikita Case, MacEwan

Name	Year Team	Seed	Finals	H#	Points
1 # 69 Shayla Sklaruk	99 Red Deer College	45.83	43.51	2	10
2 # 48 Shaunice Burgers	19 MacEwan University	47.33	46.03	2	8
3 # 11 Mienna Starosielski	98 Concordia	46.00	46.91	2	6
4 # 58 Bailey Stang	00 MacEwan University		46.95	1	5
5 # 65 Lauren Pasiuk	00 Red Deer College	49.22	47.38	2	4
6 # 16 Brittney Duvall	98 Grande PrairieRC	50.00	49.71	2	3
7 # 56 Kiersten Rajotte	00 MacEwan University	53.02	x50.45	1	
-- # 44 Ethne Rikstad	06 MAC Track		52.50	1	

**Women 600 Metre Run Open**

ACAC Record: \* 1:35.33 2018-02-09 Nikita Case, GMU; Edmonton

ACAC Champs: ! 1:37.35 2018-03-10 Nikita Case, Griffins; Edmonton

Name	Year Team	Seed	Finals	H#	Points
1 # 52 Ember Large	95 MacEwan University	1:40.24	1:41.95	2	10
2 # 48 Shaunice Burgers	19 MacEwan University	1:47.37	1:44.93	2	8
3 # 11 Mienna Starosielski	98 Concordia	1:45.00	1:46.30	2	6
4 # 18 Maria Houle	91 Grande PrairieRC	1:50.00	1:48.68	2	5
5 # 58 Bailey Stang	00 MacEwan University	1:51.95	x1:50.38	1	
6 # 65 Lauren Pasiuk	00 Red Deer College	2:05.40	1:54.53	1	4
7 # 37 Brooklyn Vogel	98 Lethbridge Kodiaks	1:58.44	1:56.86	1	3
8 # 92 Lina Lim	97 U Alberta Augustana		2:08.92	1	2
-- # 69 Shayla Sklaruk	99 Red Deer College	1:53.92	DQ	1	Rule 163.3
-- # 64 Shaelyn Moltzhan	98 Red Deer College	1:50.00	DNS	2	
-- # 5 Madison Masterson	97 Concordia	2:10.00	SCR		
-- # 46 Sydney Slack	04 MAC Track	1:48.96	1:43.40	2	
-- # 39 Avery Linn	02 MAC Track		1:48.88	1	
-- # 43 Reaghan Rajotte	04 MAC Track	1:44.36	1:49.44	2	

**Women 1000 Metre Run Open**

ACAC Record: \* 2:54.02 2016-01-30 Vanessa Trofimenkoff, GMU

ACAC Champs: ! 3:02.76 2015-02-27 Jamie Wigmore, GPRC

Name	Year Team	Seed	Finals	H#	Points
1 # 52 Ember Large	95 MacEwan University	3:05.14	3:05.82	2	10
2 # 24 Anna Van Der Gies	99 Grande PrairieRC	3:30.00	3:19.44	2	8
3 # 71 Jill Stewart	98 Red Deer College	3:15.00	3:23.40	2	6
5 # 13 Ana Zulic	97 Concordia	3:25.00	3:27.46	2	4
6 # 37 Brooklyn Vogel	98 Lethbridge Kodiaks	3:38.60	3:30.08	2	3
7 # 63 Caitlin Debree	00 Red Deer College	3:30.00	3:37.44	2	2

**2019 ACAC Indoor Track - 2019-01-26****Kinsmen Field House****Results - Saturday Track****....Women 1000 Metre Run Open**

8 #	12 Bailey Trocolli-H	98 Concordia	3:30.00	3:37.52	2	1
9 #	70 Mackenzie Spinks	00 Red Deer College	3:40.00	x3:38.19	1	
10 #	17 Krista Frey	00 Grande PrairieRC	3:55.00	3:41.17	1	
11 #	62 Daniella Wasielew	99 MacEwan University	3:43.81	3:50.69	1	
12 #	92 Lina Lim	97 U Alberta Augustana		4:07.87	1	
13 #	5 Madison Masterson	97 Concordia	3:45.00	x4:10.64	1	
14 #	93 Chiedza Mutize	97 U Alberta Augustana		4:12.93	1	
-- #	64 Shaelyn Moltzhan	98 Red Deer College	3:23.00	DNF	2	
-- #	38 Emma Langstrom	02 MAC Track	3:07.62	3:08.05	2	
4 #	39 Avery Linn	02 MAC Track		3:24.27	1	5
-- #	45 Kiana Row	01 MAC Track	3:15.46	3:24.95	2	
-- #	42 Amanda Parchem	07 MAC Track	3:51.23	3:40.99	1	

**Women 1500 Metre Run Open**

ACAC Record: \* 4:36.14 2017-01-28 Hannah Leggatt, GMU

ACAC Champs: ! 4:47.78 2014-03-07 Jamie Wigmore, GPRC

Name	Year Team	Seed	Finals	Points	
1 #	59 Emma Steele	00 MacEwan University	4:57.87	5:07.24	10
2 #	61 Ashley Tymkow	00 MacEwan University	5:01.27	5:09.40	8
3 #	91 Amanda Vocke	96 Sait Trojans	5:24.00	5:31.02	6
4 #	13 Ana Zulic	97 Concordia	5:25.00	5:31.92	5
5 #	63 Caitlin Debree	00 Red Deer College	6:00.00	5:45.02	4
6 #	70 Mackenzie Spinks	00 Red Deer College	5:55.00	5:45.27	3
7 #	12 Bailey Trocolli-H	98 Concordia	5:30.00	5:48.19	2
8 #	30 Vildana Rekic	99 Lethbridge Kodiaks		6:01.89	1
9 #	73 Deshanne Valentin	00 Red Deer College	6:00.00	x6:08.12	
-- #	79 Ann Danard	95 Sait Trojans	5:08.00	SCR	

**Women 3000 Metre Run Open**

ACAC Record: \* 10:10.56 2015-02-07 Mirelle Martens, GPRC

ACAC Champs: ! 10:21.53 2015-02-27 Mirelle Martens, GPRC

Name	Year Team	Seed	Finals	Points	
1 #	61 Ashley Tymkow	00 MacEwan University	10:55.93	11:22.07	10
2 #	59 Emma Steele	00 MacEwan University	11:09.19	11:22.71	8
3 #	71 Jill Stewart	98 Red Deer College	10:56.00	11:25.00	6
4 #	8 Elise Nawrocki	97 Concordia	11:55.00	12:10.37	5
5 #	36 Rebecca Sweeney	99 Lethbridge Kodiaks	13:08.00	12:31.43	4
-- #	53 Cassandra Mastel-	99 MacEwan University		DNS	
-- #	35 Emily Spencer	95 Lethbridge Kodiaks	11:15.73	SCR	

**Women 4x400 Metre Relay Open**ACAC Record: \* 4:02.32 2018-03-10 MacEwan Griffins, Griffins; Edmonton  
A Ntiamoah, V Schlottke, N Case, H LeggattACAC Champs: ! 4:02.32 2018-03-10 MacEwan Griffins, Griffins; Edmonton  
A Ntiamoah, V Schlottke, N Case, H Leggatt

Team	Seed	Finals	Points
1 MacEwan University		4:28.65	10
2 Red Deer College	4:35.00	4:36.67	8
3 Grande Prairie RegionalCollege	4:45.00	4:38.45	6

**2019 ACAC Indoor Track - 2019-01-26**

**Kinsmen Field House**

**Results - Saturday Track**

**....Women 4x400 Metre Relay Open**

1) #16 Brittney Duvall 98	2) #17 Krista Frey 00			
3) #18 Maria Houle 91	4) #24 Anna Van Der Giessen 99			
4 Lethbridge Kodiaks		4:43.85		5
5 Concordia University		4:45.00	4:52.61	4
1) #11 Mienna Starosielski 98	2) #13 Ana Zulic 97			
3) #12 Bailey Trocolli-Hughes 98	4) #8 Elise Nawrocki 97			
-- MAC Track			4:28.99	
1) #38 Emma Langstrom 02	2) #45 Kiana Row 01			
3) #39 Avery Linn 02	4) #43 Reaghan Rajotte 04			

**Men 60 Metre Dash Exhibition Open**

Name	Year Team	Seed	Finals	H#
1 # 55 Andrei Pop	99 MacEwan University		7.26	2
2 # 15 Max-Peters Sharpe	01 Edm. Royals		7.44	1
3 # 26 Foster Isiche	92 Lethbridge Kodiaks		7.45	1
4 # 54 Omar Medina	98 MacEwan University		7.47	2
5 # 14 Carson King	03 Edm. Royals		7.65	1
6 # 74 Jakob Vollmerhaus	97 Red Deer College		7.83	2
7 # 75 Lucas Wessner	00 Red Deer College		8.03	2
-- # 49 Thomas Cross-Trus	97 MacEwan University	7.34	SCR	2
-- # 60 Connor Swaby	00 MacEwan University	7.22	SCR	2

**Men 300 Metre Dash Open**

ACAC Record: \* 35.61 2018-03-09 Brent Stephen, Trojans; Edmonton

ACAC Champs: ! 35.61 2018-03-09 Brent Stephen, Trojans; Edmonton

Name	Year Team	Seed	Finals	H#	Points
1 # 47 Caelen Begg	99 MacEwan University	37.19	36.84	4	10
2 # 49 Thomas Cross-Trus	97 MacEwan University	36.79	37.01	4	8
3 # 60 Connor Swaby	00 MacEwan University	36.70	x37.70	4	
4 # 55 Andrei Pop	99 MacEwan University	37.86	x37.84	4	
5 # 54 Omar Medina	98 MacEwan University		x38.73	1	
6 # 6 Brandon Morris	00 Concordia	42.00	39.34	3	6
7 # 75 Lucas Wessner	00 Red Deer College	39.32	39.37	4	5
8 # 26 Foster Isiche	92 Lethbridge Kodiaks	40.84	39.47	3	4
9 # 74 Jakob Vollmerhaus	97 Red Deer College	40.75	39.68	3	3
10 # 88 Iqbal Singh	99 Sait Trojans	44.00	40.26	2	2
11 # 21 Joel Manz	00 Grande PrairieRC	40.00	40.37	4	1
12 # 78 Marcus Bautista	97 Sait Trojans	43.00	40.81	2	
13 # 81 Warren Emslie	91 Sait Trojans	44.00	x41.01	2	
14 # 28 Tristan Jochems	97 Lethbridge Kodiaks	41.32	41.27	3	
15 # 34 Kuljeet Singh	98 Lethbridge Kodiaks	44.10	x42.90	2	
16 # 7 Jackson Murrell	97 Concordia	42.42	44.87	3	
17 # 33 Dolan Saddleback	95 Lethbridge Kodiaks	45.52	x45.92	2	
18 # 94 Timothy Shapka	98 U Alberta Augustana		57.77	1	
-- # 77 Felix Junior Barr	98 Sait Trojans	43.00	SCR	3	
-- # 4 Frazer Connelly	97 Concordia	45.78	SCR		

**2019 ACAC Indoor Track - 2019-01-26****Kinsmen Field House****Results - Saturday Track****Men 600 Metre Run Open**

ACAC Record: \* 1:20.20 2018-02-10 Brent Stephen, SAIT; Edmonton

ACAC Champs: ! 1:23.43 2016-02-27 Kenton Sportak, Concordia

Name	Year	Team	Seed	Finals	H#	Points
1 #	23	Brandon Tufford	00 Grande PrairieRC	1:26.40	1:24.86	3 10
2 #	57	Reece Runco	94 MacEwan University	1:27.11	1:25.58	3 8
3 #	83	Brant Lauweryssen	96 Sait Trojans	1:28.00	1:27.69	3 6
4 #	20	Miguel Macedo Ter	00 Grande PrairieRC	1:32.00	1:29.45	3 5
5 #	66	Stephen Rowley	99 Red Deer College	1:32.46	1:30.84	2 4
6 #	74	Jakob Vollmerhaus	97 Red Deer College	1:36.31	1:33.28	2 3
7 #	31	Tanner Rent	99 Lethbridge Kodiaks	1:32.08	1:33.95	2 2
8 #	6	Brandon Morris	00 Concordia	1:35.00	1:34.63	2 1
9 #	75	Lucas Wessner	00 Red Deer College	1:37.33	x1:34.68	2
10 #	68	Carson Schiller	00 Red Deer College	1:37.80	x1:35.11	2
11 #	28	Tristan Jochems	97 Lethbridge Kodiaks	1:37.64	1:37.56	2
12 #	1	Brad Agnew	89 Concordia	1:38.00	1:42.87	1
13 #	34	Kuljeet Singh	98 Lethbridge Kodiaks	1:44.56	x1:44.70	1
14 #	7	Jackson Murrell	97 Concordia	1:43.29	x1:51.42	1
15 #	33	Dolan Saddleback	95 Lethbridge Kodiaks	1:53.00	x1:52.78	1
16 #	2	Alex Bedard	95 Concordia	1:45.00	x1:53.66	1
17 #	4	Frazer Connelly	97 Concordia	1:43.33	x1:59.04	1
-- #	89	Brent Stephen	96 Sait Trojans	1:21.00	SCR	
-- #	94	Timothy Shapka	98 U Alberta Augustana		SCR	
-- #	97	Chris Nelissen	00 Wolves Athletics	1:27.00	1:25.63	3
-- #	76	Rory Carroll	88 Running Room	1:30.00	1:35.27	3

**Men 1000 Metre Run Open**

ACAC Record: \* 2:31.27 2018-03-09 Matthew Travaglini, Trojans; Edmonton

ACAC Champs: ! 2:31.27 2018-03-09 Matthew Travaglini, Trojans; Edmonton

Name	Year	Team	Seed	Finals	H#	Points
1 #	3	Leonard Chesoo	97 Concordia	2:35.00	2:36.43	2 10
2 #	51	Scott Kohlman	97 MacEwan University	2:42.35	2:39.78	2 8
3 #	20	Miguel Macedo Ter	00 Grande PrairieRC	2:50.00	2:47.10	2 6
4 #	10	Keith Spruyt	97 Concordia	2:50.00	2:50.00	2 5
5 #	31	Tanner Rent	99 Lethbridge Kodiaks	2:56.98	2:51.07	2 4
6 #	66	Stephen Rowley	99 Red Deer College	2:54.00	2:52.21	2 3
7 #	68	Carson Schiller	00 Red Deer College	3:00.88	2:59.14	1 2
8 #	19	Taylor Hudak	99 Grande PrairieRC	3:08.00	3:00.91	1 1
9 #	84	Jemmy Lee	99 Sait Trojans	3:00.00	3:01.56	1
10 #	9	Ian Novakowski	99 Concordia	3:05.00	x3:12.62	1
11 #	1	Brad Agnew	89 Concordia	3:05.00	x3:18.51	1
12 #	87	Kain Simmer	98 Sait Trojans	3:20.00	3:30.85	1
13 #	4	Frazer Connelly	97 Concordia		x3:38.96	1
-- #	40	Bill Makwae	01 MAC Track	2:40.79	DNS	2
-- #	80	Michael Drysdale	92 Sait Trojans	3:10.00	DNS	1
--		Avery Linn	02 MAC Track	3:20.52	SCR	
-- #	97	Chris Nelissen	00 Wolves Athletics	2:45.00	2:40.06	2
-- #	95	Kyle Erickson	92 Unattached Alberta	2:40.00	2:43.93	2
-- #	96	Levi Osterwalder	00 Unattached Alberta		2:52.26	1
-- #	41	Alec Paine	01 MAC Track	2:56.57	2:54.27	2

**2019 ACAC Indoor Track - 2019-01-26****Kinsmen Field House****Results - Saturday Track****Men 1500 Metre Run Open**

ACAC Record: * 3:55.10 2018-02-10 Matthew Travaglini, SAIT; Edmonton							
ACAC Champs: ! 4:04.01 2018-03-10 Matthew Travaglini, Trojans; Edmonton							
Name	Year	Team	Seed	Finals	H#	Points	
1 #	90	Matthew Travaglin	93 Sait Trojans	4:05.00	3:57.88!	2	10
2 #	86	Jacques Saayman	97 Sait Trojans	4:25.00	4:25.75	2	8
3 #	72	Dan Szucs	00 Red Deer College	4:34.00	4:26.87	2	6
4 #	50	Owen Guenette	00 MacEwan University	4:34.13	4:31.42	2	5
5 #	67	Devin Saunders	00 Red Deer College	4:34.00	4:33.56	2	4
6 #	85	Daryl Ross	97 Sait Trojans	4:40.00	x4:37.29	1	
7 #	22	Eric Nooy	99 Grande PrairieRC	4:40.00	4:40.17	1	3
8 #	10	Keith Spruyt	97 Concordia	4:35.00	4:41.92	2	2
9 #	25	Brice Wilkes	00 Grande PrairieRC	4:40.00	4:43.37	1	1
10 #	27	Connor Jackson	97 Lethbridge Kodiaks	4:45.08	4:48.25	1	
11 #	29	Tyler Larkin	96 Lethbridge Kodiaks		4:50.53	1	
12 #	82	Matthew Hebert	96 Sait Trojans	4:50.00	x4:55.96	1	
13 #	9	Ian Novakowski	99 Concordia	4:45.00	5:03.01	1	
-- #	3	Leonard Chesoo	97 Concordia	4:05.00	DQ	2	Rule 163.3
-- #	96	Levi Osterwalder	00 Unattached Alberta		SCR	1	
-- #	94	Timothy Shapka	98 U Alberta Augustana		SCR		

**Men 3000 Metre Run Open**

ACAC Record: * 8:22.00 2018-02-09 Matthew Travaglini, SAIT; Edmonton							
ACAC Champs: ! 8:41.62 2018-03-09 Matthew Travaglini, Trojans; Edmonton							
Name	Year	Team	Seed	Finals	Points		
1 #	67	Devin Saunders	00 Red Deer College	9:25.00	9:39.36	10	
2 #	72	Dan Szucs	00 Red Deer College	9:25.00	9:39.37	8	
3 #	50	Owen Guenette	00 MacEwan University	9:45.36	9:41.48	6	
4 #	32	Daniel Robdrup	82 Lethbridge Kodiaks	10:29.56	10:16.11	5	
5 #	29	Tyler Larkin	96 Lethbridge Kodiaks	10:28.37	10:21.24	4	

**Men 4x400 Metre Relay Open**

ACAC Record: * 3:31.12 2018-03-10 SAIT Trojans, Trojans; Edmonton							
ACAC Champs: ! 3:31.12 2018-03-10 SAIT Trojans, Trojans; Edmonton							
Team	Seed	Finals	H#	Points			
1 MacEwan University		3:37.78	2	10			
2 MacEwan University 'B'		x3:43.37	1				
3 Grande Prairie RegionalCollege 'B'	4:00.00	3:44.78	1	8			
1) #97 Chris Nelissen 00							
2) #19 Taylor Hudak 99							
3) #41 Alec Paine 01							
4) #22 Eric Nooy 99							
4 Grande Prairie RegionalCollege	3:49.99	x3:45.67	2				
1) #21 Joel Manz 00							
2) #25 Brice Wilkes 00							
3) #20 Miguel Macedo Teran 00							
4) #23 Brandon Tufford 00							
5 Red Deer College	3:55.00	3:50.57	2	6			
6 Lethbridge Kodiaks		3:50.73	2	5			
1) #26 Foster Isiche 92							
2) #28 Tristan Jochems 97							
3) #31 Tanner Rent 99							
4) #32 Daniel Robdrup 82							
7 Concordia University	3:55.00	3:56.24	2	4			
1) #10 Keith Spruyt 97							
2) #7 Jackson Murrell 97							

**2019 ACAC Indoor Track - 2019-01-26****Kinsmen Field House****Results - Saturday Track****....Men 4x400 Metre Relay Open**

3) #6 Brandon Morris 00	4) #3 Leonard Chesoo 97			
8 Sait		4:00.04	2	3
1) #78 Marcus Bautista 97	2) #81 Warren Emslie 91			
3) #84 Jemmy Lee 99	4) #88 Iqbal Singh 99			
-- Running Room Athletic Club AB		4:15.00	SCR	
1) #9 Ian Novakowski 99	2) #4 Frazer Connelly 97			
3) #2 Alex Bedard 95	4)			
-- Concordia University 'B'		4:15.00	SCR	

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 Women - Open - Team Rankings - 6 Events Scored
 

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1) MacEwan University	87	2) Red Deer College	47
3) Concordia University	33	4) Grande Prairie RegionalCo	22
5) Lethbridge Kodiaks	16	6) Sait Trojans	6
7) MAC Track	5	8) U Alberta Augustana	2

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 Men - Open - Team Rankings - 6 Events Scored
 

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1) MacEwan University	55	2) Red Deer College	54
3) Grande Prairie RegionalCol	35	4) Concordia University	28
5) Sait Trojans	26	6) Lethbridge Kodiaks	24
7) SAIT	3		

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 Combined Team Scores - Open - 12 Events Scored
 

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1) MacEwan University	142	2) Red Deer College	101
3) Concordia University	61	4) Grande Prairie RegionalCo	57
5) Lethbridge Kodiaks	40	6) Sait Trojans	32
7) MAC Track	5	8) SAIT	3
9) U Alberta Augustana	2		