



2026 (46th Annual) Running Room Indoor Games

Daytime Schedule -- Saturday, February 14, 2026

9:15 a.m.	Elementary Girls' Relay Quarter-finals	10 races	Winners plus 14 to Semi-finals
10:15 a.m.	Elementary Boys' Relay Quarter-finals	10 races	Winners plus 14 to Semi-finals
11:15 a.m.	Junior High Girls' Relay Semi-finals [Short Break]	2 races	Winners plus 4 to Final
11:45 a.m.	Junior High Boys' Relay Semi-finals	2 races	Winners plus 4 to Final
11:55 p.m.	Elementary Girls' 200m Quarter-finals	9 races	Winners plus 9 to Semi-finals
12:05 p.m.	Elementary Boys' 200m Quarter-finals	9 races	Winners plus 9 to Semi-finals
12:15 p.m.	Elementary Girls' 800m Semi-finals	3 races	Winners plus 7 to Final
12:25 p.m.	Elementary Boys' 800m Semi-finals [Break]	3 races	Winners plus 7 to Final
2:25 p.m.	Elementary Girls' Relay Semi-finals	4 races	Winners plus 8 to Finals
2:45 p.m.	Elementary Mixed Relay Semi-finals	3 races	Winners plus 3 to Final
3:00 p.m.	Elementary Boys' Relay Semi-finals	4 races	Winners plus 8 to Finals
3:25 p.m.	Junior High Girls' 200m Semi-finals	3 races	Winners plus 3 to Final
3:30 p.m.	Junior High Boys' 200m Semi-finals	3 races	Winners plus 4 to Final
[Then]:	Senior High Boys' 200m Semi-finals	2 races	Winners plus 4 to Final
3:35 p.m.	Elementary Girls' 200m Semi-finals	3 races	Winners plus 3 to Final
3:40 p.m.	Elementary Boys' 200m Semi-finals	3 races	Winners plus 3 to Final
3:45 p.m.	Senior High Relay Heats [if needed]	2 races	Winners plus 4 to Final

EVENING PROGRAM STARTS AT 5:55 p.m.

The above schedule is subject to change without notice. Coaches and athletes should be at the Universiade Pavilion at least one hour before the times indicated.

EVENING PROGRAMME

5:55 p.m.	Opening Ceremony	7:15 p.m.	Irv Barros Running Room Indoor Games Coaching Award Presentation
6:00 p.m.	Pat Munro Memorial Elementary Girls' 800m Final	7:15 p.m.	Elementary Boys' Long Jump
6:07 p.m.	Elementary Boys' 800m Final	7:25 p.m.	Elementary Girls' Relay Consolation Final
6:15 p.m.	Junior High Girls' 800m Final	7:35 p.m.	Elementary Boys' Relay Consolation Final
6:15 p.m.	Elementary Girls' Long Jump	7:45 p.m.	Elementary Mixed Relay Final
6:22 p.m.	Junior High Boys' 800m Final	7:55 p.m.	Elementary Girls' Relay Final
6:30 p.m.	Senior High Girls' 800m Final	8:05 p.m.	Elementary Boys' Relay Final
6:37 p.m.	Senior High Boys' 800m Final	8:15 p.m.	Senior High Girls' Relay Final
6:45 p.m.	Elementary Girls' 200m Final	8:25 p.m.	Senior High Boys' Relay Final
6:50 p.m.	Elementary Boys' 200m Final	8:35 p.m.	Junior High Mixed Relay Final
6:55 p.m.	Junior High Girls' 200m Final	8:45 p.m.	Junior High Girls' Relay Final
7:00 p.m.	Junior High Boys' 200m Final	8:55 p.m.	Junior High Boys' Relay Final
7:05 p.m.	Senior High Girls' 200m Final		
7:10 p.m.	Senior High Boys' 200m Final		

