

The Running Room 43rd Annual Indoor Games - 2023-02-22 to 2023-03-11

Universiade Pavilion, Edmonton, Alberta

Meet Program - Saturday

Event 9 Girls 8x200 Meter Relay Elementary

24 Advance: Top 1 Each Heat plus Next 14 Best Times

Saturday 2023-03-11 - 09:15

Sponsor: The Running Room

Heat 1 in Final Round: Consolation Final (7:45 p.m.)

Heat 2 in Final Round: Medal Final (8:15 p.m.)

Meet: 4:12.00 2005-03-12 Centennial

Lane	Comp#	Team	Relay	Prelims	Qtrs	Place
Heat 1 of 10 Quarter-Finals						
1		Lilian Schick		5:06.59	_____	_____
2		St. Lucy		4:53.90	_____	_____
3		St. Martin		4:56.56	_____	_____
4		Ardrossan Elementary	B	4:53.89	_____	_____
5		Woodhaven		4:28.40	_____	_____
6		Westboro		4:55.07	_____	_____
Heat 2 of 10 Quarter-Finals						
1		Our Lady of Mount Pleasant		4:54.91	_____	_____
2		Alex Janvier		5:06.16	_____	_____
3		Bishop David Motiuk		4:52.33	_____	_____
4		LaPerle		4:57.67	_____	_____
5		Muriel Martin		4:28.51	_____	_____
6		Monsignor Fee Otterson		4:55.04	_____	_____
Heat 3 of 10 Quarter-Finals						
1		Westbrook		4:57.46	_____	_____
2		Sister Annata Brockman		5:05.79	_____	_____
3		Michael A. Kostek		4:58.75	_____	_____
4		Sister Alphonse		4:51.85	_____	_____
5		Corpus Christi		4:54.20	_____	_____
6		Centennial Edmonton		4:31.95	_____	_____
Heat 4 of 10 Quarter-Finals						
1		Bessie Nichols	C	5:04.85	_____	_____
2		St. Kateri		4:58.57	_____	_____
3		J.J. Nearing		4:51.06	_____	_____
4		Fultonvale		5:00.79	_____	_____
5		Patricia Heights		4:33.40	_____	_____
6		Aurora Edmonton		4:51.36	_____	_____



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Heat 5 of 10 Quarter-Finals...(Event 9 Girls 8x200 Meter Relay Elementary)

1	Westbrook	B	5:07.95	_____	_____
2	Davidson Creek	B	4:59.19	_____	_____
3	Muriel Martin	C	4:50.92	_____	_____
4	Davidson Creek	C	5:04.79	_____	_____
5	St. John XXIII		4:48.97	_____	_____
6	Kinosayo		4:33.65	_____	_____

Heat 6 of 10 Quarter-Finals

1	Holyrood		5:04.58	_____	_____
2	Southpointe		4:59.50	_____	_____
3	Ronald Harvey		4:49.13	_____	_____
4	Davidson Creek		5:08.34	_____	_____
5	Barrhead Elementary		4:36.72	_____	_____
6	Marie Poburan		4:48.64	_____	_____

Heat 7 of 10 Quarter-Finals

1	St. Angela		5:04.42	_____	_____
2	Archbishop Joseph MacNeil		5:00.00	_____	_____
3	Earl Buxton		4:47.45	_____	_____
4	Westglen		5:15.21	_____	_____
5	Bessie Nichols	B	4:47.65	_____	_____
6	Lakeland Ridge	B	4:37.58	_____	_____

Heat 8 of 10 Quarter-Finals

1	Dr. Lila Fahlman		5:07.04	_____	_____
2	Marie Poburan	B	5:02.14	_____	_____
3	Camilla	B	5:03.90	_____	_____
4	Hillgrove		4:46.81	_____	_____
5	Notre Dame Edmonton		4:32.08	_____	_____
6	St. Thomas Aquinas (Spruce Gr)		4:38.77	_____	_____

Heat 9 of 10 Quarter-Finals

1	Constable Daniel Woodall	B	5:07.09	_____	_____
2	Esther Starkman		5:03.04	_____	_____
3	Meridian Heights		4:33.92	_____	_____
4	Greystone Centennial		4:46.73	_____	_____
5	Muriel Martin	B	4:46.91	_____	_____
6	Camilla		4:41.58	_____	_____

Heat 10 of 10 Quarter-Finals

1	Michael Strembitsky	B	5:02.42	_____	_____
2	Woodbridge Farms		5:02.23	_____	_____
3	Michael A. Kostek	B	4:36.40	_____	_____
4	Lois E. Hole		4:46.56	_____	_____
5	Ste. Jeanne-d'Arc		4:42.28	_____	_____
6	Greenfield		4:46.17	_____	_____



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Meet Program - Saturday

Event 29 Boys 8x200 Meter Relay Elementary

24 Advance: Top 1 Each Heat plus Next 14 Best Times

Saturday 2023-03-11 - 10:15

Sponsor: The Running Room

Heat 1 in Final Round: Consolation Final (7:55 p.m.)

Heat 2 in Final Round: Medal Final (8:25 p.m.)

Meet: 4:01.50 1988-03-15 Glen Allen

Lane	Comp#	Team	Relay	Prelims	Qtrs	Place
Heat 1 of 10 Quarter-Finals						
1		Westglen		4:44.52	_____	_____
2		St. John XXIII	B	4:53.16	_____	_____
3		Lakeland Ridge	B	4:47.34	_____	_____
4		Kinosayo		4:43.89	_____	_____
5		Woodhaven		4:11.81	_____	_____
6		Fultonvale		4:46.21	_____	_____
Heat 2 of 10 Quarter-Finals						
1		Archbishop Joseph MacNeil		4:45.26	_____	_____
2		Ste. Jeanne-d'Arc		4:52.60	_____	_____
3		St. Edmund		4:43.47	_____	_____
4		Constable Daniel Woodall		4:47.67	_____	_____
5		Steinhauer	B	4:45.55	_____	_____
6		Lakeland Ridge		4:20.35	_____	_____
Heat 3 of 10 Quarter-Finals						
1		Shauna May Seneca		4:54.27	_____	_____
2		Dr. Donald Massey		4:53.45	_____	_____
3		Ardrossan Elementary		4:52.16	_____	_____
4		St. Timothy		4:49.35	_____	_____
5		Michael Strembitsky		4:44.38	_____	_____
6		Patricia Heights		4:23.02	_____	_____
Heat 4 of 10 Quarter-Finals						
1		Michael A. Kostek	B	4:46.61	_____	_____
2		Muriel Martin	B	4:51.88	_____	_____
3		Southpointe		4:49.97	_____	_____
4		Hillgrove		4:40.21	_____	_____
5		Michael A. Kostek		4:26.80	_____	_____
6		St. Lucy		4:43.93	_____	_____



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Heat 5 of 10 Quarter-Finals...(Event 29 Boys 8x200 Meter Relay Elementary)

1	Lois E. Hole	B	4:47.19	_____	_____
2	Malmo		4:51.42	_____	_____
3	St. Martin	B	4:39.37	_____	_____
4	Greenfield	B	4:57.18	_____	_____
5	Muriel Martin		4:29.96	_____	_____
6	Aurora Edmonton		4:40.13	_____	_____

Heat 6 of 10 Quarter-Finals

1	J.J. Nearing		4:51.08	_____	_____
2	A. Blair McPherson	B	4:47.46	_____	_____
3	Davidson Creek		4:58.80	_____	_____
4	George P. Nicholson		4:37.98	_____	_____
5	Centennial Edmonton	B	4:30.91	_____	_____
6	LaPerle		4:39.33	_____	_____

Heat 7 of 10 Quarter-Finals

1	Brookwood		4:54.61	_____	_____
2	Westboro		4:50.72	_____	_____
3	Rideau Park		5:00.21	_____	_____
4	St. John XXIII		4:37.50	_____	_____
5	Davidson Creek	B	4:38.60	_____	_____
6	St. Thomas Aquinas (Edmonton)	B	4:31.32	_____	_____

Heat 8 of 10 Quarter-Finals

1	Monsignor Fee Otterson		4:48.46	_____	_____
2	Donnan	B	4:50.35	_____	_____
3	Greystone Centennial		4:35.86	_____	_____
4	Bessie Nichols	B	4:23.84	_____	_____
5	Marie Poburan	B	4:35.25	_____	_____
6	Notre Dame Edmonton		4:32.74	_____	_____

Heat 9 of 10 Quarter-Finals

1	Sacred Heart Wetaskiwin		4:53.70	_____	_____
2	St. Kateri		4:50.25	_____	_____
3	Dr. Lila Fahlman		4:48.62	_____	_____
4	Barrhead Elementary		4:34.72	_____	_____
5	Jan Reimer		4:33.20	_____	_____
6	Ronald Harvey		4:34.54	_____	_____

Heat 10 of 10 Quarter-Finals

1	Holyrood		4:48.65	_____	_____
2	Florence Hallock		4:49.51	_____	_____
3	Rio Terrace		4:34.54	_____	_____
4	Camilla		4:34.16	_____	_____
5	St. Thomas Aquinas (Spruce Gr)		4:34.05	_____	_____
6	Greenfield		4:33.94	_____	_____



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Meet Program - Saturday

Event 31 Women 8x200 Meter Relay Junior High**6 Advance: Top 1 Each Heat plus Next 4 Best Times****Saturday 2023-03-11 - 11:15****Sponsor: The Running Room****Meet: 3:44.60 2013-03-16 Lorne Akins**

Lane	Comp#	Team	Relay	Prelims	Semis	Place
Heat 1 of 2 Semi-Finals						
1		Father Michael Troy		4:28.59	_____	_____
2		R.S. Fowler		4:16.27	_____	_____
3		Camrose		4:15.18	_____	_____
4		Avalon		4:06.89	_____	_____
5		Lorne Akins	B	4:11.77	_____	_____
6		Joseph Moreau		4:01.97	_____	_____
Heat 2 of 2 Semi-Finals						
1		Neerlandia Public Christian		4:24.90	_____	_____
2		Mary Butterworth		4:26.72	_____	_____
3		Lilian Schick		4:14.97	_____	_____
4		St. John XXIII		4:13.14	_____	_____
5		Lorne Akins		4:02.61	_____	_____
6		J.E. Lapointe		4:10.94	_____	_____

Event 33 Men 8x200 Meter Relay Junior High**6 Advance: Top 1 Each Heat plus Next 4 Best Times****Saturday 2023-03-11 - 11:45****Sponsor: The Running Room****Meet: 3:24.23 2014-03-15 Riverbend**

Lane	Comp#	Team	Relay	Prelims	Semis	Place
Heat 1 of 2 Semi-Finals						
1		J.E. Lapointe		4:05.43	_____	_____
2		kisêwâtisiwin	B	4:10.73	_____	_____
3		Mary Butterworth		3:49.11	_____	_____
4		Lorne Akins	B	3:58.80	_____	_____
5		Joseph Moreau		3:44.00	_____	_____
6		Avalon		3:36.66	_____	_____
Heat 2 of 2 Semi-Finals						
1		St. Nicholas		4:11.11	_____	_____
2		R.S. Fowler		4:08.16	_____	_____
3		Father Michael Troy		3:51.63	_____	_____
4		kisêwâtisiwin		3:52.38	_____	_____
5		Lorne Akins		3:42.46	_____	_____
6		St. John XXIII		3:41.30	_____	_____



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Meet Program - Saturday

Event 59 Girls 200 Meter Dash Elementary

12 Advance: Top 1 Each Heat plus Next 7 Best Times

Saturday 2023-03-11 - 12:10

Sponsor: The Running Room

Meet: 27.50 1985-03-05 Monica Highbough, Pollard Meadows

Lane	Comp#	Name	Team	Prelims	Qtrs	Place
Heat 1 of 5 Quarter-Finals						
1	665	Addy Lee	David Thomas King	34.50	_____	_____
2	610	Piper Lee	David Thomas King	33.23	_____	_____
3	689	Kenzington Reinhart	Our Lady M.Pleas	33.65	_____	_____
4	763	Poet McLean	Westboro	36.43	_____	_____
5	764	Brelynn Skaalid	Westboro	35.14	_____	_____
6	591	Amrit Dhuga	Brookside	32.32	_____	_____
Heat 2 of 5 Quarter-Finals						
1	682	Grace Kaptchouang	Notre Dame Edm.	33.20	_____	_____
2	615	Molly Webb	Dunluce	33.75	_____	_____
3	736	Eliana Fowler	Ste. Jeanne-d'Arc	35.03	_____	_____
4	726	Nikita Melnyk	St. Martin	39.63	_____	_____
5	595	Dani Fulton	Camilla	31.65	_____	_____
6	702	Samiratou Soro	Pere Lacombe	32.57	_____	_____
Heat 3 of 5 Quarter-Finals						
1	581	Ava Pope	Barrhead Elemen.	34.44	_____	_____
2	697	Angela Kinniburgh	Patricia Heights	33.10	_____	_____
3	608	Sienna Pleasant-Provo	Crawford Plains	33.90	_____	_____
4	570	Lennoxia Newland	Alex Janvier	32.02	_____	_____
5	738	Annick Michaud	Ste. Jeanne-d'Arc	32.66	_____	_____
6	685	Kayla Omalanga	Notre Dame Edm.	31.40	_____	_____
Heat 4 of 5 Quarter-Finals						
1	690	Sage Verbass	Our Lady M.Pleas	34.16	_____	_____
2	598	Emmerson MacIvor	Camilla	32.68	_____	_____
3	584	Violet Gokiert	Belgravia	32.42	_____	_____
4	733	Lilian Fraser	StThomAquinas Ed	33.44	_____	_____
5	774	Amariah Wharton	Wisdom Home Sch	30.20	_____	_____
6	658	Madden Critchley	Leduc Estates	32.84	_____	_____
Heat 5 of 5 Quarter-Finals						
1	705	Juliet Mouiat	Rio Terrace	32.60	_____	_____
2	758	Via Argallon	Westboro	34.25	_____	_____
3	660	Raya Ferguson	Leduc Estates	33.20	_____	_____
4	609	Janaia Wotherspoon	Crawford Plains	32.43	_____	_____
5	686	Angelina Salloum	Notre Dame Edm.	33.03	_____	_____
6	580	Bryn McElroy	Barrhead Elemen.	29.74	_____	_____



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Meet Program - Saturday

Event 79 Boys 200 Meter Dash Elementary

12 Advance: Top 1 Each Heat plus Next 7 Best Times

Saturday 2023-03-11 - 12:20

Sponsor: The Running Room

Meet: 26.50 1992-03-15 Chris Griffith, Grace Martin

Lane	Comp#	Name	Team	Prelims	Qtrs	Place
Heat 1 of 5 Quarter-Finals						
1	744	Avery Klanke	Suzuki	33.28	_____	_____
2	688	Mike Tatto	Notre Dame Edm.	33.25	_____	_____
3	567	Emmanuel Okpolor	Aldergrove	32.03	_____	_____
4	737	William Matanga	Ste. Jeanne-d'Arc	35.26	_____	_____
5	732	Quentin Dorado	StThomAquinas Ed	30.73	_____	_____
6	672	Beckett Bell	M Strembitsky	30.90	_____	_____
Heat 2 of 5 Quarter-Finals						
1	657	Clark Lamont	Camilla	33.58	_____	_____
2	590	Bentley Brennand	Brookside	33.20	_____	_____
3	698	Maksim Maric	Patricia Heights	31.92	_____	_____
4	767	Benjamin Hauck	Westglen	32.60	_____	_____
5	659	Bralim Fallis	Leduc Estates	33.07	_____	_____
6	694	Carson Cowley	Patricia Heights	30.64	_____	_____
Heat 3 of 5 Quarter-Finals						
1	664	Jack Sereda	Leduc Estates	32.67	_____	_____
2	701	Cyril Nataroum	Pere Lacombe	31.90	_____	_____
3	727	Ethan Paik	St. Martin	36.41	_____	_____
4	759	Benjamin Bronder	Westboro	32.80	_____	_____
5	681	Noé Diekep	Notre Dame Edm.	31.52	_____	_____
6	734	Chris Kouassi	StThomAquinas Ed	30.59	_____	_____
Heat 4 of 5 Quarter-Finals						
1	707	Levente Sarok	Rio Terrace	31.83	_____	_____
2	700	Franco Gesha	Pere Lacombe	32.89	_____	_____
3	592	Alanzo Cole	Callingwood	32.67	_____	_____
4	757	Dominic Girouard-Conroy	Waverley	31.07	_____	_____
5	754	Riley Westergaard	Uncas	30.34	_____	_____
6	594	Zack Belange	Camilla	31.72	_____	_____
Heat 5 of 5 Quarter-Finals						
1	582	Logan Wood	Barrhead Elemen.	31.80	_____	_____
2	614	Kuoth Kel Heron	Dunluce	33.10	_____	_____
3	622	Emmett Schmidt	Forest Heights	31.08	_____	_____
4	586	Lawrence Li	Belgravia	32.27	_____	_____
5	631	Cadel Bresden	Heritage Hills	32.13	_____	_____
6	679	Yinka Akinola	M Fee Otterson	29.89	_____	_____



new balance.



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Universiade Pavilion, Edmonton, Alberta

Meet Program - Saturday

Event 69 Girls 800 Meter Run Elementary**10 Advance: Top 1 Each Heat plus Next 8 Best Times****Saturday 2023-03-11 - 13:25****Pat Munro Memorial**

Meet: 2:25.61 2018-03-17 Libby Dunn, Corinthia Park

Lane	Comp#	Name	Team	Prelims	Semis	Place
Heat 1 of 2 Semi-Finals						
1	587	Helena Riddell	Belgravia	3:18.87	_____	_____
2	761	Eva Knutsen	Westboro	3:23.85	_____	_____
3	678	Kensa Morrow	Mill Creek	2:57.00	_____	_____
4	600	Mackenzie Peters	Camilla	3:12.50	_____	_____
5	593	Nevayah Popowich	Callingwood	3:19.89	_____	_____
6	773	Marlea Drebert	Winfield	3:13.43	_____	_____
7	662	Sloane Jordan	Leduc Estates	3:02.28	_____	_____
8	599	Emma Patrick	Camilla	3:03.03	_____	_____
9	585	Nina Koch	Belgravia	3:15.32	_____	_____
10	696	Sophia Dickie	Patricia Heights	3:07.45	_____	_____
Heat 2 of 2 Semi-Finals						
1	674	Bree Gibb	M Strembitsky	3:08.74	_____	_____
2	675	Charlotte Gibb	M Strembitsky	3:11.83	_____	_____
3	731	Julie Ngannou	St. Stanislaus	3:02.43	_____	_____
4	772	Maelle Drebert	Winfield	2:43.40	_____	_____
5	703	Amelia Dennis	Rio Terrace	3:09.38	_____	_____
6	730	Adèle Loiselle	St. Stanislaus	3:22.98	_____	_____
7	746	Kensey Thomsen	Swan Hills	3:15.40	_____	_____
8	683	Lauren Kivi	Notre Dame Edm.	3:17.62	_____	_____
9	760	Grace Greeve	Westboro	3:11.72	_____	_____
10	687	Naomi Tala	Notre Dame Edm.	3:01.58	_____	_____



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Meet Program - Saturday

Event 89 Boys 800 Meter Run Elementary**10 Advance: Top 1 Each Heat plus Next 8 Best Times****Saturday 2023-03-11 - 13:35****Sponsor: The Running Room****Meet: 2:23.53 2016-03-12 Finn Crowe, St.ThomasAquinas**

Lane	Comp#	Name	Team	Prelims	Semis	Place
Heat 1 of 2 Semi-Finals						
1	777	Callan Shackleton	Woodhaven	2:42.66	_____	_____
2	762	George Mackenzie	Westboro	2:57.43	_____	_____
3	661	Wyatt Heam	Leduc Estates	3:02.27	_____	_____
4	693	Faris Al-Tamimi	Patricia Heights	3:10.17	_____	_____
5	684	Maxwell Modry-Dumesnil	Notre Dame Edm.	2:52.57	_____	_____
6	597	Liam Lutz	Camilla	3:02.84	_____	_____
7	673	Damon Chinski	M Strembitsky	3:08.61	_____	_____
8	706	Logan Ruecker	Rio Terrace	2:51.13	_____	_____
9	765	David Wait	Westboro	2:53.88	_____	_____
10	728	Oliver Palombi	St. Martin	2:55.82	_____	_____
Heat 2 of 2 Semi-Finals						
1	769	Owen Young	Westglen	3:04.19	_____	_____
2	729	Nicholas Alvarez	St. Stanislaus	2:59.07	_____	_____
3	745	Quinn MacDonald	Swan Hills	2:52.85	_____	_____
4	663	Landon Lolacher	Leduc Estates	2:42.21	_____	_____
5	655	Dexter Rae	Lakeland Ridge	3:04.27	_____	_____
6	768	Ray Oldring	Westglen	3:03.45	_____	_____
7	695	Jack Dallin	Patricia Heights	2:54.73	_____	_____
8	566	Yari DeBock	Aldergrove	3:11.34	_____	_____
9	720	Shep Meiklejohn	St. Benedict Leduc	2:55.57	_____	_____
10	719	Caleb Kalyta	Rutherford	2:55.73	_____	_____



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Meet Program - Saturday

Event 19 Mixed 8x200 Meter Relay Elementary**6 Advance: Top 1 Each Heat plus Next 4 Best Times****Saturday 2023-03-11 - 14:45****Sponsor: The Running Room****Meet: 4:12.48 2014-03-15 Windsor Park**

Lane	Comp#	Team	Relay	Prelims	Semis	Place
Heat 1 of 2 Semi-Finals						
1		Menisa		4:51.77	_____	_____
2		Bertha Kennedy		4:55.70	_____	_____
3		Neerlandia Public Christian		4:40.78	_____	_____
4		Neerlandia Public Christian	B	5:04.01	_____	_____
5		Windsor Park		4:26.32	_____	_____
6		Brookside	B	4:59.48	_____	_____
Heat 2 of 2 Semi-Finals						
1		Belgravia	B	4:54.65	_____	_____
2		St. Stanislaus		4:55.08	_____	_____
3		Argyll Centre		5:21.85	_____	_____
4		Joey Moss		5:09.85	_____	_____
5		Belgravia		4:26.50	_____	_____
6		Brookside		4:38.86	_____	_____

Event 91 Women 200 Meter Dash Junior High**6 Advance: Top 1 Each Heat plus Next 4 Best Times****Saturday 2023-03-11 - 15:30****Sponsor: The Running Room****Meet: 25.10 1987-03-15 Cheryl Allen, D.S. MacKenzie**

Lane	Comp#	Name	Team	Prelims	Semis	Place
Heat 1 of 2 Semi-Finals						
1	611	Ella Mellett	David Thomas King	32.55	_____	_____
2	637	Ryann Markham	J.E. Lapointe	30.68	_____	_____
3	579	Kamryn Hiemstra	Barrhead Composite	32.28	_____	_____
4	639	Aubrey Wachter	J.E. Lapointe	30.57	_____	_____
5	574	Steph Olsen	Amiskwaciy Academy	30.52	_____	_____
6	652	Juanita Valencia Duque	Joseph Moreau	30.09	_____	_____
7	647	Monica Galouon-Eta	Joseph Moreau	25.79	_____	_____



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Meet Program - Saturday

Heat 2 of 2 Semi-Finals...(Event 91 Women 200 Meter Dash Junior High)

1	709	Kieran Douglas	Riverbend	30.92	_____	_____
2	604	Alex Thain	Camrose	30.74	_____	_____
3	577	Kylee Bohnet	Barrhead Composite	32.80	_____	_____
4	573	Miley Olsen	Amiskwaciy Academy	34.10	_____	_____
5	645	Salomé Arias Garzon	Joseph Moreau	29.77	_____	_____
6	778	Isabel Sheeler	Woodhaven	29.05	_____	_____
7	576	Lauren Shepherd	Avalon	27.42	_____	_____

Event 93 Men 200 Meter Dash Junior High**6 Advance: Top 1 Each Heat plus Next 4 Best Times****Saturday 2023-03-11 - 15:35****Sponsor: The Running Room****Meet: 23.00 1985-03-15 Karl Jones, Killarney**

Lane	Comp#	Name	Team	Prelims	Semis	Place
Heat 1 of 2 Semi-Finals						
1	578	Jonas Gitzel	Barrhead Composite	28.14	_____	_____
2	776	Judah Loates	Woodhaven	29.51	_____	_____
3	671	Nathan Salud	Michael Phair	29.64	_____	_____
4	735	James Gladue	St. Thomas More	27.47	_____	_____
5	644	Benny Allangba	Joseph Moreau	26.73	_____	_____
6	636	Tyrese Knight	J.E. Lapointe	26.65	_____	_____
7	646	TJ Boussombo	Joseph Moreau	25.20	_____	_____
Heat 2 of 2 Semi-Finals						
1	621	Labeeb Ahmed S.	Elmer S. Gish	29.21	_____	_____
2	568	Osman Alzouhbi	Alex Janvier	28.54	_____	_____
3	670	Ilya Jurny	Michael Phair	30.78	_____	_____
4	654	Samuel Yongonge	Joseph Moreau	26.87	_____	_____
5	569	Vincent Anquist	Alex Janvier	26.69	_____	_____
6	575	Maddon Pagee	Avalon	25.64	_____	_____
7	571	Spencer Scott	Alex Janvier	26.14	_____	_____



The Running Room 43rd Annual Indoor Games - 2023-02-22 to 2023-03-11

Universiade Pavilion, Edmonton, Alberta

Meet Program - Saturday

Event 92 Women 800 Meter Run Junior High

Saturday 2023-03-11 - 18:15

Sponsor: The Running Room

Meet: 2:14.10 2014-03-15 Sophie Sigfstead, Crestwood

Lane	Comp#	Name	Team	Prelims	Finals	Place
Section 1 of 1						
1	650	Sara Michaud	Joseph Moreau	2:37.23	_____	_____
2	680	Olivia Switzer	NorthStar Academy	2:56.40	_____	_____
3	640	Sakura Chong	Jan Reimer	2:50.44	_____	_____
4	771	Isla Mitchell	William D. Cutts	2:54.73	_____	_____
5	722	Aimee MacMahon	St. John XXIII	3:01.22	_____	_____
6	638	Kate Pettigrew	J.E. Lapointe	2:48.00	_____	_____
7	607	Abiola Omoyayi	Champs Vallée	2:29.34	_____	_____
8	634	Kiera Adams	J.E. Lapointe	2:55.15	_____	_____
9	648	Elodie Irvine	Joseph Moreau	3:04.84	_____	_____
10	723	Chimere Mgbaja	St. John XXIII	2:59.29	_____	_____

Event 5 Girls Long Jump Elementary

Saturday 2023-03-11 - 18:15

There will be a one-metre take-off area.

The athlete's take-off point is eyeballed; the athlete's jump will be measured to that point.

Meet: 4.99m 2023-02-22 Avery Cooper, Marie Poburan

Pos	Comp#	Name	Team	Prelims	Finals	Place
Flight 1 of 1						
1	779	Layla Sheeler	Woodhaven	3.50m	_____	_____
2	748	Shai Eliyahu	Talmud Torah	3.10m	_____	_____
3	677	Delilah Pritchard	M Strembitsky	3.18m	_____	_____
4	601	Aliya Soetaert	Camilla	3.26m	_____	_____
5	724	Roewen Hundt	St. Martin	3.26m	_____	_____
6	708	Isabelle Wingrave	Rio Terrace	2.99m	_____	_____
7	632	Najah Osman	Homesteader	2.26m	_____	_____
8	669	Avery Cooper	Marie Poburan	4.99m	_____	_____



The Running Room 43rd Annual Indoor Games - 2023-02-22 to 2023-03-11

Universiade Pavilion, Edmonton, Alberta

Meet Program - Saturday

Event 94 Men 800 Meter Run Junior High

Saturday 2023-03-11 - 18:22

Sponsor: The Running Room

Meet: 1:59.45 2019-03-16 Mats Swanson, West Haven

Lane	Comp#	Name	Team	Prelims	Finals	Place
Section 1 of 1						
1	643	Micah Brown	Johnny Bright	2:26.55	_____	_____
2	635	Xander Edge	J.E. Lapointe	2:26.34	_____	_____
3	588	Blake Drebert	Breton	2:38.21	_____	_____
4	651	Stefan Vajsabel	Joseph Moreau	2:31.92	_____	_____
5	641	Daniel-Cristian Rosca	Jan Reimer	2:26.09	_____	_____
6	653	Ryland Wong	Joseph Moreau	2:28.89	_____	_____
7	572	Alexander Leon-Villeda	Alexandre Tache	2:28.37	_____	_____
8	649	Nathaniel Labelle	Joseph Moreau	2:27.43	_____	_____
9	623	Ty Secker	Garth Worthington	2:22.96	_____	_____
10	770	Easton Herman	William D. Cutts	2:22.22	_____	_____

Event 102 Women 800 Meter Run Senior High

Saturday 2023-03-11 - 18:30

Sponsor: The Running Room

Province: 2:06.8h 1974-02-09 Linda Halverson (1954), CS; Edmonton

Meet: 2:11.70 1997-03-15 Tanya Wright, Beaumont Composite

Lane	Comp#	Name	Team	Seed Time	Finals	Place
Section 1 of 1 Finals						
1	628	Maya Palmer	Harry Ainlay	NT	_____	_____
2	741	Kiera Greidanus	StrathconaChrist	2:30.00	_____	_____
3	656	Libby Dunn	Leduc Composite	2:19.40	_____	_____
4	743	Ashlee Walker	StrathconaChrist	2:27.00	_____	_____
5	739	Eden Bradley-Taubner	Strathcona	NT	_____	_____
6	742	Aelyn Switzer	StrathconaChrist	2:33.00	_____	_____
7	721	Ezra Haller	St. Francis Xavier	2:31.51	_____	_____
8	605	Meagan Zimmer	Camrose	2:45.00	_____	_____
9	589	Meadow Drebert	Breton	2:13.32	_____	_____
10	712	Reese Trendel	Ross Sheppard	NT	_____	_____



The Running Room 43rd Annual Indoor Games - 2023-02-22 to 2023-03-11

Universiade Pavilion, Edmonton, Alberta

Meet Program - Saturday

Event 104 Men 800 Meter Run Senior High

Saturday 2023-03-11 - 18:37

Sponsor: The Running Room

A two-line start will be used.

Athletes 1-9 will use normal start line; remainder will use second start line and merge into lanes 1-3 AFTER first corner.

Province: 1:49.46 2012-02-18 Tyler Smith (1994), LEDUC; Edmonton

Meet: 1:53.58 2014-03-15 Isaac Penner, Strathcona

Lane	Comp#	Name	Team	Seed Time	Finals	Place
Section 1 of 1 Finals						
1	692	Tyson Versteg	ParklandImmanuel	1:59.00	_____	_____
2	756	Chris Salopree	Victoria	2:20.00	_____	_____
3	630	Zac Valentine	Harry Ainlay	2:05.00	_____	_____
4	711	Eliot Spratlin	Ross Sheppard	NT	_____	_____
5	603	Will Brager	Camrose	2:17.00	_____	_____
6	713	Carson Young	Ross Sheppard	2:06.18	_____	_____
7	612	Griffin Bentz	Dr. Anne Anderson	NT	_____	_____
8	606	Samuel Bott	Central ABChrist	NT	_____	_____
9	629	Jaffar Phudjo	Harry Ainlay	2:08.00	_____	_____
10	691	Shawn Gunninkson	ParklandImmanuel	2:04.00	_____	_____
11	755	Hafeez Orfiz	Victoria	2:20.00	_____	_____
12	625	Gabriel Bouferguene	Harry Ainlay	2:08.00	_____	_____
13	602	Kensae Aaron	Camrose	2:20.00	_____	_____
14	613	Shriansh Sujit	Dr. Anne Anderson	NT	_____	_____

Event 763 Mixed 20-99 1 Mile Run Open

Saturday 2023-03-11 - 18:45

Sponsor: The Running Room

Lane	Comp#	Name	Team	Seed Time	Finals	Place
Section 1 of 1 Finals						
1	619	Syl Lemelin	M Edmonton Masters	NT	_____	_____
2	617	Benjamin Duperron	M Edmonton Masters	NT	_____	_____
3	749	Robert Christiansen	M Unattached	NT	_____	_____
4	751	David Olsson	M Unattached	NT	_____	_____
5	618	Cosette Lemelin	W Edmonton Masters	NT	_____	_____
6	752	Larissa Zariwny	W Unattached	NT	_____	_____
7	750	Jack Cook	M Unattached	NT	_____	_____
8	620	Kenneth Riess	M Edmonton Masters	NT	_____	_____



The Running Room 43rd Annual Indoor Games - 2023-02-22 to 2023-03-11
Universiade Pavilion, Edmonton, Alberta
Meet Program - Saturday

Event 101 Women 200 Meter Dash Senior High
Saturday 2023-03-11 - 19:15

Sponsor: The Running Room

Province: 23.93 1998-02-21 Atia Weekes (1980), CITC; Pocatello, Idaho
Meet: 25.01 2010-03-20 Leah Walkeden, Ardrossan Jr/Sr High

Lane	Comp#	Name	Team	Prelims	Finals	Place
Section 1 of 1						
1	583	Lauren Dellezay	Beaumont Composite	28.47	_____	_____
2	642	Jamie Timmer	Jasper Place	27.00	_____	_____
3	668	Efia Wiredu	Lillian Osborne	28.23	_____	_____
4	740	Dianna Proctor	Strathcona	25.98	_____	_____
5	699	Gabby Paterson	Paul Kane	25.74	_____	_____
6	627	Riona Morrison	Harry Ainlay	26.10	_____	_____

Event 103 Men 200 Meter Dash Senior High
Saturday 2023-03-11 - 19:20

Sponsor: The Running Room

Province: 21.42 1988-02-06 Brad McCuaig (1970), CAL; Winnipeg
Meet: 22.10 1987-03-15 Selwyn Taylor, Harry Ainlay

Lane	Comp#	Name	Team	Prelims	Finals	Place
Section 1 of 1						
1	616	Ablie Saidiba	Eastglen	24.02	_____	_____
2	667	Eshaan Virani	Lillian Osborne	24.19	_____	_____
3	710	Taran Naidu-Barrett	Ross Sheppard	23.99	_____	_____
4	666	Elisha Ampadu	Lillian Osborne	24.36	_____	_____
5	626	Kanyon Campbell	Harry Ainlay	23.58	_____	_____
6	624	Emmanuel Aka	Harry Ainlay	23.50	_____	_____

Event 814 Men 19-45 800 Meter Run Isaak Invite
Saturday 2023-03-11 - 19:25

Isaak's Invitational Eight

Special thanks to: Running Room and Ellis Timing Canada.

Province: 1:45.90 2019-02-09 Marco Arop (1998), Voleo; Clemson, SC
Meet: 1:54.75 2018-03-17 Matthew Van Mulligan, U of A

Lane	Comp#	Name	Team	Seed Time	Finals	Place
Section 1 of 1 Finals						
1	714	Leonard Chesoo	Running Room	1:56.00	_____	_____
2	753	Micah Medinski	UNA & FriendIsaak	2:12.00	_____	_____
3	717	David Falk	RR & FriendIsaak	2:10.00	_____	_____
4	715	Kirk Sundt	Running Room	2:04.00	_____	_____
5	716	Joe Boland	RR & FriendIsaak	2:02.00	_____	_____
6	718	Graeme Law	RR & FriendIsaak	2:12.00	_____	_____



The Running Room 43rd Annual Indoor Games - 2023-02-22 to 2023-03-11

Universiade Pavilion, Edmonton, Alberta

Meet Program - Saturday

Event 25 Boys Long Jump Elementary

Saturday 2023-03-11 - 19:25

There will be a one-metre take-off area.

The athlete's take-off point is eyeballed; the athlete's jump will be measured to that point.

Meet: 4.79m 2018-03-17 Hayes Cook, St. Stanislaus

Pos	Comp#	Name	Team	Prelims	Finals	Place
Flight 1 of 1						
1	747	Jack Borhaver	Talmud Torah	4.28m	_____	_____
2	676	Declan Hansen	M Strembitsky	3.61m	_____	_____
3	704	Kai Madra	Rio Terrace	3.40m	_____	_____
4	725	Maksym Ivanchykov	St. Martin	3.70m	_____	_____
5	633	Dominik Saleski	Homesteader	3.11m	_____	_____
6	596	Denzel Hitcherick	Camilla	3.01m	_____	_____
7	775	Luke Bock	Woodhaven	3.90m	_____	_____
8	766	Ollie Cor	Westglen	4.18m	_____	_____

Event 41 Women 8x200 Meter Relay Senior High

Saturday 2023-03-11 - 20:35

Sponsor: The Running Room

Meet: 3:37.85 2006-03-18 Strathcona Composite

Lane	Comp#	Team	Relay	Seed Time	Finals	Place
Section 1 of 1 Finals						
1		Ross Sheppard		NT	_____	_____
2		Strathcona		NT	_____	_____
3		Camrose		NT	_____	_____
4		Paul Kane		NT	_____	_____
5		Harry Ainlay		NT	_____	_____
6		Strathcona Christian Academy		NT	_____	_____



The Running Room 43rd Annual Indoor Games - 2023-02-22 to 2023-03-11

Universiade Pavilion, Edmonton, Alberta

Meet Program - Saturday

Event 42 Men 8x200 Meter Relay Senior High

Saturday 2023-03-11 - 20:45

Sponsor: The Running Room

Meet: 3:10.20 1987-03-15 Harry Ainlay

Lane	Comp#	Team	Relay	Seed Time	Finals	Place
Section 1 of 1 Finals						
1		Camrose		NT	_____	_____
2		Strathcona		NT	_____	_____
3		Ross Sheppard		NT	_____	_____
4		Bellerose		NT	_____	_____
5		Harry Ainlay		NT	_____	_____
6		Paul Kane		NT	_____	_____
7		Ross Sheppard	B	NT	_____	_____

Event 32 Mixed 8x200 Meter Relay Junior High

Saturday 2023-03-11 - 20:55

Sponsor: The Running Room

Meet: 3:40.40 2012-03-17 Meridian Heights

Lane	Comp#	Team	Relay	Prelims	Finals	Place
Section 1 of 1						
1		Neerlandia Public Christian		4:16.47	_____	_____
2		Alex Janvier		4:06.03	_____	_____
3		Alexandre Tache		3:57.20	_____	_____
4		Connections for Learning		4:35.44	_____	_____
5		Woodhaven		3:48.64	_____	_____
6		St. Thomas Aquinas (Spruce Gr)		3:59.23	_____	_____

