

**Overall Race Results Report -- 2016 Suck It Up Buttercup, By Gun Time Sequence -- Updated April 12, 2:15 a.m.**

Position	Bib #	Name	Chip Start	Gun Start	Finish	Chip Elapsed	Gun Elapsed	Age	Gender	Division
1	1	ACERON, DALE	10:10:10.2	10:10:09.9	10:34:15.6	24:05.3	24:05.7	40	M	5K
2	73	Lenz, Darryl	10:10:12.3	10:10:09.9	10:36:49.1	26:36.7	26:39.1	35	M	5K
3	46	Gagnon, Julie	10:10:09.9	10:10:09.9	10:37:39.0	27:29.0	27:29.0	28	F	5K
4	32	Cooper, JOANNA	10:10:19.0	10:10:09.9	10:37:44.1	27:25.1	27:34.1	38	F	5K
5	9	Ballentine, Monika	10:10:11.3	10:10:09.9	10:38:16.4	28:05.0	28:06.4	42	F	5K
6	67	Knuckey, GILL	10:10:14.8	10:10:09.9	10:38:28.6	28:13.7	28:18.6	41	M	5K
7	153	COUGHLIN, HEIDI	10:10:07.2	10:10:09.9	10:38:34.8	28:27.6	28:24.9	36	F	5K
8	71	Lang, Justin	10:10:10.2	10:10:09.9	10:38:40.2	28:30.0	28:30.2	30	M	5K
9	99	murphy, jason	10:11:06.5	10:10:09.9	10:38:40.8	27:34.2	28:30.8	99	M	5K
10	59	Gruninger, Sara	10:09:59.8	10:10:09.9	10:38:44.2	28:44.3	28:34.2	31	F	5K
11	35	Didusenko, Nataliya	10:10:14.4	10:10:09.9	10:39:39.4	29:24.9	29:29.4	38	F	5K
12	8	ASMUSSEN, TANIS	10:10:01.1	10:10:09.9	10:40:14.6	30:13.5	30:04.7	23	F	5K
13	185	SURGENOR, JACQUIE	10:10:09.9	10:10:09.9	10:40:27.4	30:17.5	30:17.5	41	F	5K
14	146	Aebig, Lauren	10:10:15.5	10:10:09.9	10:40:48.8	30:33.3	30:38.9	36	F	5K
15	194	Mudryk, Corey	10:10:15.8	10:10:09.9	10:40:49.1	30:33.3	30:39.2	39	M	5K
16	90	MCINTYRE, DEANNE	10:10:18.7	10:10:09.9	10:40:57.0	30:38.2	30:47.0	39	F	5K
17	129	Turner, Dennis	10:10:27.7	10:10:09.9	10:41:00.3	30:32.5	30:50.3	40	M	5K
18	63	Jackman, Kiersten	10:10:22.1	10:10:09.9	10:41:12.4	30:50.3	31:02.5	20	F	5K
19	119	Stang, Morgan	10:10:09.9	10:10:09.9	10:41:13.2	31:03.2	31:03.2	17	F	5K
20	5	Allen, Ian	10:10:43.4	10:10:09.9	10:41:13.3	30:29.8	31:03.3	40	M	5K
21	186	Tolsma, Laura	10:10:17.1	10:10:09.9	10:42:01.9	31:44.8	31:52.0	36	F	5K

22	122	SURGENOR, Kayla	10:10:15.7	10:10:09.9	10:42:22.8	32:07.0	32:12.9	13	F	5K
23	49	Galbraith, Mackenzie	10:10:16.2	10:10:09.9	10:42:23.0	32:06.7	32:13.0	10	F	5K
24	177	Merryfield, NADINE	10:10:09.9	10:10:09.9	10:42:34.3	32:24.4	32:24.4	29	F	5K
25	62	Hyndman, Corrina	10:10:45.7	10:10:09.9	10:42:35.3	31:49.6	32:25.4	35	F	5K
26	158	Hermanson, Brenna	10:10:14.8	10:10:09.9	10:42:38.5	32:23.7	32:28.6	29	F	5K
27	56	GOULET, CATHY	10:10:15.8	10:10:09.9	10:42:43.0	32:27.2	32:33.0	54	F	5K
28	144	Wolfchild, Norma	10:10:17.6	10:10:09.9	10:42:52.9	32:35.3	32:43.0	45	F	5K
29	78	Loraas, Erin	10:10:09.9	10:10:09.9	10:42:56.0	32:46.0	32:46.0	33	F	5K
30	77	Loraas, Scott	10:10:58.0	10:10:09.9	10:42:56.3	31:58.3	32:46.3	41	M	5K
31	174	McMahon, Deborah	10:10:17.2	10:10:09.9	10:42:59.3	32:42.0	32:49.3	49	F	5K
32	7	ARTHUR, GLORIA	10:10:37.1	10:10:09.9	10:43:20.0	32:42.9	33:10.0	48	F	5K
33	54	Gitzel, Candace	10:10:37.9	10:10:09.9	10:43:20.0	32:42.1	33:10.1	45	F	5K
34	102	Payne, Karen	10:10:16.6	10:10:09.9	10:43:31.5	33:14.9	33:21.6	43	F	5K
35	105	Phillips, Cindy	10:10:13.5	10:10:09.9	10:43:51.0	33:37.5	33:41.0	53	F	5K
36	108	Pollock, Darrian	10:10:43.4	10:10:09.9	10:44:05.8	33:22.3	33:55.8	18	M	5K
37	80	Luipasco, Neil	10:10:17.5	10:10:09.9	10:44:10.8	33:53.3	34:00.8	51	M	5K
38	124	Taylor, Meagan	10:10:12.8	10:10:09.9	10:44:12.6	33:59.7	34:02.6	28	F	5K
39	19	Bond, Erin	10:10:09.9	10:10:09.9	10:44:16.0	34:06.0	34:06.0	30	F	5K
40	31	Cool, Jon	10:10:30.6	10:10:09.9	10:44:34.9	34:04.3	34:24.9	38	M	5K
41	60	Hanson, Raelene	10:10:25.9	10:10:09.9	10:44:36.6	34:10.7	34:26.6	45	F	5K
42	65	Kehoe, Julie	10:10:32.7	10:10:09.9	10:44:40.4	34:07.7	34:30.4	35	F	5K
43	68	Kovacs, Jennie	10:10:14.1	10:10:09.9	10:44:45.7	34:31.5	34:35.7	40	F	5K
44	117	Soneff, Robyn	10:10:40.0	10:10:09.9	10:44:48.0	34:08.0	34:38.1	33	F	5K

45	193	Mahood, Matthew	10:10:22.6	10:10:09.9	10:45:26.2	35:03.6	35:16.3	10	M	5K
46	43	Ewasiw, Wayne	10:10:38.8	10:10:09.9	10:45:43.0	35:04.2	35:33.1	52	M	5K
47	197	Nataly, Victor	10:10:17.3	10:10:09.9	10:45:48.3	35:30.9	35:38.3	43	M	5K
48	42	Ewasiw, Lotty	10:10:09.9	10:10:09.9	10:45:49.7	35:39.7	35:39.7	47	F	5K
49	167	MacKenzie, Amanda	10:10:15.4	10:10:09.9	10:46:11.3	35:55.9	36:01.4	37	F	5K
50	74	Letts, Michelle	10:10:27.1	10:10:09.9	10:46:19.6	35:52.5	36:09.6	44	F	5K
51	33	Craig, Caitlin	10:10:21.6	10:10:09.9	10:46:27.6	36:06.0	36:17.6	27	F	5K
52	4	Ainsworth, Hermione	10:10:09.9	10:10:09.9	10:46:30.5	36:20.5	36:20.5	43	F	5K
53	95	Mihaichuk, Sarah	10:10:19.4	10:10:09.9	10:46:42.1	36:22.6	36:32.1	37	F	5K
54	115	Sheppard, Elizabeth (Betty)	10:10:09.9	10:10:09.9	10:46:45.7	36:35.8	36:35.8	53	F	5K
55	120	Staver, Alanna	10:10:19.3	10:10:09.9	10:46:54.2	36:34.8	36:44.2	40	F	5K
56	128	Trudel, Monique	10:10:13.5	10:10:09.9	10:46:54.5	36:41.0	36:44.6	51	F	5K
57	184	Styles, Sharon	10:10:13.5	10:10:09.9	10:46:56.0	36:42.5	36:46.1	56	F	5K
58	176	Meighen, Stacey	10:10:09.9	10:10:09.9	10:47:36.5	37:26.5	37:26.5	31	F	5K
59	23	Boyer, Alison	10:10:19.5	10:10:09.9	10:47:42.3	37:22.8	37:32.3	29	F	5K
60	85	martin, candas	10:10:09.9	10:10:09.9	10:47:45.8	37:35.9	37:35.9	36	F	5K
61	66	KEOWN, Gail	10:10:21.9	10:10:09.9	10:47:45.9	37:24.0	37:36.0	57	F	5K
62	20	BOTELHO, FRANCES	10:10:12.2	10:10:09.9	10:47:46.1	37:33.9	37:36.1	42	F	5K
63	170	Mahood, Heather	10:10:23.3	10:10:09.9	10:48:08.7	37:45.4	37:58.8	39	F	5K
64	13	Behm, Melanie	10:10:30.9	10:10:09.9	10:48:13.5	37:42.6	38:03.6	38	F	5K
65	137	WILDER, Fay	10:10:13.6	10:10:09.9	10:48:18.5	38:04.9	38:08.5	55	F	5K
66	152	Chitrinia, Tristan	10:10:27.9	10:10:09.9	10:48:21.6	37:53.6	38:11.6	30	F	5K
67	27	Cameron, Lesley	10:10:30.7	10:10:09.9	10:48:40.8	38:10.0	38:30.8	34	F	5K
68	149	Allain, Mallory	10:10:09.9	10:10:09.9	10:48:50.9	38:41.0	38:41.0	24	F	5K
69	148	Allain, Marissa	10:10:09.9	10:10:09.9	10:48:51.2	38:41.2	38:41.2	20	F	5K

70	180	Razeau, Analee	10:10:41.4	10:10:09.9	10:48:54.0	38:12.5	38:44.0	33	F	5K
71	112	Scharabun, Lesia	10:10:27.5	10:10:09.9	10:49:01.6	38:34.0	38:51.6	31	F	5K
72	24	Bryson, Stephanie	10:10:21.2	10:10:09.9	10:49:09.6	38:48.4	38:59.6	42	F	5K
73	83	MacSween, Mindy	10:10:17.5	10:10:09.9	10:49:18.7	39:01.2	39:08.7	33	F	5K
74	160	Krochak, Elisha	10:10:17.3	10:10:09.9	10:49:20.2	39:02.9	39:10.2	39	F	5K
75	84	MARKS, DARCY	10:10:39.1	10:10:09.9	10:49:30.3	38:51.1	39:20.3	47	F	5K
76	91	McLelland, Wena	10:10:46.3	10:10:09.9	10:49:35.1	38:48.8	39:25.1	34	F	5K
77	131	Wallgren, Shawnene	10:10:29.4	10:10:09.9	10:49:37.7	39:08.3	39:27.7	99	F	5K
78	97	Mohr, Kim	10:10:30.8	10:10:09.9	10:49:38.2	39:07.4	39:28.3	30	F	5K
79	139	Willington, Elizabeth	10:10:29.0	10:10:09.9	10:49:42.1	39:13.0	39:32.1	53	F	5K
80	136	Westgarth, Adrienne	10:10:09.9	10:10:09.9	10:49:50.0	39:40.0	39:40.0	30	F	5K
81	96	Miller, Tanis	10:10:25.8	10:10:09.9	10:50:01.5	39:35.6	39:51.6	40	F	5K
82	51	Gillis, Darlene	10:10:15.8	10:10:09.9	10:50:13.7	39:57.8	40:03.7	45	F	5K
83	195	Mah, William	10:10:32.8	10:10:09.9	10:50:23.6	39:50.8	40:13.7	10	M	5K
84	3	Aiken, Maggie	10:10:19.4	10:10:09.9	10:50:25.3	40:05.8	40:15.3	25	F	5K
85	26	Cameron, Janelle	10:10:19.3	10:10:09.9	10:50:25.5	40:06.2	40:15.6	27	F	5K
86	107	Pollock, Katherine	10:10:42.5	10:10:09.9	10:50:32.5	39:50.0	40:22.5	43	F	5K
87	181	SIEGEL, CHRISTINE	10:10:33.7	10:10:09.9	10:50:50.3	40:16.6	40:40.4	41	F	5K
88	45	Frenette, Kevin	10:10:21.5	10:10:09.9	10:50:52.6	40:31.1	40:42.6	44	M	5K
89	123	Tancowny, Brittny	10:09:58.7	10:10:09.9	10:50:59.7	41:00.9	40:49.7	29	F	5K
90	52	Gilson, Kerri	10:10:33.4	10:10:09.9	10:51:02.6	40:29.2	40:52.6	31	F	5K
91	53	Gilson, Justin	10:10:33.8	10:10:09.9	10:51:02.9	40:29.1	40:53.0	35	M	5K

92	261	O'Rourke, Ben	10:00:09.1	10:00:09.1	10:41:11.4	41:02.3	41:02.3	27	M	10K
93	138	WILDER, SCOTT	10:10:12.9	10:10:09.9	10:51:18.5	41:05.5	41:08.5	58	M	5K
94	37	Downey, Alyssa	10:10:18.9	10:10:09.9	10:51:19.6	41:00.6	41:09.7	11	F	5K
95	72	LeClaire, Laura	10:10:25.5	10:10:09.9	10:51:27.9	41:02.4	41:18.0	43	F	5K
96	109	Pollock, Reis	10:10:42.6	10:10:09.9	10:51:29.2	40:46.6	41:19.2	16	M	5K
97	48	Galbraith, Hannah	10:10:16.6	10:10:09.9	10:51:39.8	41:23.1	41:29.9	12	F	5K
98	166	MacKenzie, Nicola	10:10:30.8	10:10:09.9	10:51:54.3	41:23.5	41:44.4	48	M	5K
99	142	Wilm, Audrey	10:10:09.9	10:10:09.9	10:51:57.5	41:47.6	41:47.6	8	F	5K
100	141	Wilm, Nora	10:10:11.6	10:10:09.9	10:51:58.8	41:47.1	41:48.9	11	F	5K
101	140	Wilm, Cathy	10:10:09.9	10:10:09.9	10:51:58.9	41:48.9	41:48.9	41	F	5K
102	270	Snook, Andrew	10:00:11.7	10:00:09.1	10:42:33.6	42:21.8	42:24.4	31	M	10K
103	40	Entrop, Connor	10:10:12.5	10:10:09.9	10:52:37.1	42:24.6	42:27.2	9	M	5K
104	39	Entrop, Corie	10:10:12.0	10:10:09.9	10:52:56.3	42:44.2	42:46.3	40	F	5K
105	103	Penner, Dorothy	10:10:21.5	10:10:09.9	10:53:01.4	42:39.8	42:51.5	35	F	5K
106	69	Kudo, Satsuki	10:10:21.5	10:10:09.9	10:53:40.4	43:18.8	43:30.5	48	F	5K
107	238	Ironmonger, Andrew	10:00:09.1	10:00:09.1	10:43:39.8	43:30.7	43:30.7	29	M	10K
108	98	Moroz, Shannon	10:10:28.7	10:10:09.9	10:54:00.5	43:31.8	43:50.6	38	F	5K
109	361	Roy, Eric	10:00:14.0	10:00:09.1	10:44:10.2	43:56.2	44:01.1	20	M	10K
110	75	Letts, Jordan	10:10:27.2	10:10:09.9	10:54:13.9	43:46.6	44:03.9	19	F	5K
111	76	Letts, Brianne	10:10:27.4	10:10:09.9	10:54:14.2	43:46.7	44:04.2	16	F	5K
112	116	Shoults, Christina	10:10:35.4	10:10:09.9	10:54:17.9	43:42.5	44:07.9	34	F	5K
113	145	ADAMS, Hayley	10:10:18.2	10:10:09.9	10:54:27.8	44:09.5	44:17.8	9	F	5K
114	25	Calliou, Jill	10:10:09.9	10:10:09.9	10:54:42.0	44:32.1	44:32.1	51	F	5K
115	61	Hendricks, Rhonda	10:10:14.5	10:10:09.9	10:54:46.7	44:32.1	44:36.7	38	F	5K
116	34	Daub, Mona	10:10:14.7	10:10:09.9	10:54:46.8	44:32.0	44:36.8	58	F	5K
117	198	?, ?	10:10:31.1	10:10:09.9	10:54:54.3	44:23.1	44:44.3	99	M	5K

118	188	Vaartstra, Pearl	10:10:36.0	10:10:09.9	10:54:56.9	44:20.9	44:47.0	43	F	5K
119	15	BERNAS, Ava	10:10:42.5	10:10:09.9	10:54:57.9	44:15.4	44:48.0	9	F	5K
120	14	BERNAS, WENDY	10:10:42.1	10:10:09.9	10:54:58.1	44:15.9	44:48.1	39	F	5K
121	101	Nyandoro, Clara	10:10:18.6	10:10:09.9	10:55:06.6	44:48.0	44:56.7	33	F	5K
122	6	Anderson, Melanie	10:10:43.3	10:10:09.9	10:55:20.0	44:36.7	45:10.0	40	F	5K
123	154	Courtney, Opal	10:10:39.8	10:10:09.9	10:55:24.9	44:45.1	45:15.0	30	F	5K
124	168	Mah, Lena	10:10:32.5	10:10:09.9	10:55:26.2	44:53.7	45:16.3	13	F	5K
125	126	Toll, Stephanie	10:10:36.4	10:10:09.9	10:55:34.9	44:58.4	45:24.9	29	F	5K
126	234	Harcus, David	10:00:13.5	10:00:09.1	10:45:36.3	45:22.7	45:27.2	33	M	10K
127	244	Khubyar-Ebert, Jessica	10:00:12.6	10:00:09.1	10:45:42.9	45:30.2	45:33.8	34	F	10K
128	30	Cook, Sherri	10:10:20.4	10:10:09.9	10:55:56.9	45:36.5	45:47.0	41	F	5K
129	353	Henitiuk, Ken	10:00:14.8	10:00:09.1	10:46:04.0	45:49.1	45:54.9	48	M	10K
130	58	Griffin, Krystal	10:10:37.5	10:10:09.9	10:56:21.1	45:43.5	46:11.1	32	F	5K
131	2	Adams, Lynn	10:10:38.1	10:10:09.9	10:56:21.9	45:43.8	46:12.0	50	F	5K
132	21	Botham, Nicholas	10:10:18.7	10:10:09.9	10:56:36.1	46:17.4	46:26.2	22	M	5K
133	82	MacMillan, Nicola	10:10:09.9	10:10:09.9	10:56:36.1	46:26.2	46:26.2	22	F	5K
134	81	Luipasco, Cheryl	10:10:27.0	10:10:09.9	10:56:36.9	46:09.8	46:26.9	49	F	5K
135	348	Bejcar, Joe	10:00:18.4	10:00:09.1	10:46:38.1	46:19.7	46:29.0	30	M	10K
136	274	Vives Vaque, Francesc	10:00:13.3	10:00:09.1	10:46:38.7	46:25.3	46:29.5	33	M	10K
137	267	ROGERS, JASON	10:00:11.8	10:00:09.1	10:46:44.0	46:32.1	46:34.8	45	M	10K
138	88	McFarlane, Ryan	10:10:44.6	10:10:09.9	10:57:11.9	46:27.3	47:02.0	33	M	5K
139	291	Bowes, Bonny	10:00:09.1	10:00:09.1	10:47:39.8	47:30.7	47:30.7	53	F	10K
140	17	BERNAS, Michael	10:10:40.8	10:10:09.9	10:58:05.8	47:25.0	47:55.9	39	M	5K
141	16	BERNAS, Paige	10:10:41.5	10:10:09.9	10:58:05.9	47:24.4	47:55.9	7	F	5K

142	86	McDonnell, Joclyan	10:10:20.3	10:10:09.9	10:58:24.9	48:04.6	48:15.0	99	F	5K
143	157	FLEURY, TAMMY	10:10:49.8	10:10:09.9	10:58:27.4	47:37.5	48:17.5	38	F	5K
144	87	McFarlane, Roxanne	10:10:38.8	10:10:09.9	10:58:30.3	47:51.5	48:20.4	33	F	5K
145	130	villetard, alexis	10:10:46.7	10:10:09.9	10:58:45.5	47:58.7	48:35.5	33	F	5K
146	38	Enokson, Amber	10:10:26.2	10:10:09.9	10:59:19.4	48:53.1	49:09.4	24	F	5K
147	222	Fisher, Holly	10:00:13.6	10:00:09.1	10:49:33.3	49:19.7	49:24.1	15	F	10K
148	47	Galbraith, Becky	10:10:28.1	10:10:09.9	10:59:45.5	49:17.3	49:35.5	40	F	5K
149	93	McMahon, Stephen	10:10:28.4	10:10:09.9	10:59:45.6	49:17.1	49:35.6	51	M	5K
150	205	Bachor, Rick	10:00:09.1	10:00:09.1	10:49:49.3	49:40.1	49:40.1	60	M	10K
151	252	Magera, Kim	10:00:56.1	10:00:09.1	10:50:00.1	49:04.0	49:51.0	30	F	10K
152	106	Pollock, Brent	10:10:42.9	10:10:09.9	11:00:01.9	49:19.0	49:51.9	42	M	5K
153	293	Burnstad, Jolene	10:00:11.3	10:00:09.1	10:50:38.5	50:27.1	50:29.3	41	F	10K
154	147	Allain, Alyssa	10:10:09.9	10:10:09.9	11:01:08.5	50:58.5	50:58.5	31	F	5K
155	196	Allain, Steve	10:10:32.4	10:10:09.9	11:01:09.4	50:37.0	50:59.5	33	M	5K
156	118	Spadafora, rosanna	10:10:35.2	10:10:09.9	11:01:09.9	50:34.6	50:59.9	99	M	5K
157	22	BOURGEOIS, MARISA	10:10:35.8	10:10:09.9	11:01:10.1	50:34.2	51:00.1	99	F	5K
158	172	McCrea, Amanda	10:10:46.9	10:10:09.9	11:01:10.7	50:23.7	51:00.7	36	F	5K
159	28	Campbell, Michelle	10:10:31.6	10:10:09.9	11:01:19.4	50:47.8	51:09.5	35	F	5K
160	178	Moore, Mora	10:10:33.9	10:10:09.9	11:01:22.3	50:48.4	51:12.4	55	F	5K
161	360	Robinson, Dave	10:00:17.7	10:00:09.1	10:51:24.9	51:07.1	51:15.7	51	M	10K
162	150	Blackwell, Heidi	10:10:37.7	10:10:09.9	11:01:26.5	50:48.7	51:16.5	66	F	5K
163	311	Irvine, Karissa	10:10:40.0	10:00:09.1	10:51:29.8	40:49.7	51:20.6	22	F	10K
164	248	Lang, Grant	10:00:12.8	10:00:09.1	10:51:40.9	51:28.1	51:31.8	37	M	10K
165	183		10:10:09.9	10:10:09.9	11:01:49.2	51:39.2	51:39.2	36	F	5K

		SMITH, JENELLE								
166	236	Horton, Tanya	10:00:10.7	10:00:09.1	10:51:52.1	51:41.3	51:43.0	45	F	10K
167	70	LAARY, SARAH	10:10:09.9	10:10:09.9	11:02:04.0	51:54.0	51:54.0	28	F	5K
168	155	Dolman, Justine	10:10:16.9	10:10:09.9	11:02:04.6	51:47.6	51:54.7	32	F	5K
169	179	Ravnsborg, Andrea	10:10:17.0	10:10:09.9	11:02:04.6	51:47.6	51:54.7	38	F	5K
170	350	Finch, Richard	10:00:22.6	10:00:09.1	10:52:17.1	51:54.5	52:08.0	36	M	10K
171	331	SOMMER, DANIELA	10:00:15.2	10:00:09.1	10:52:32.2	52:17.0	52:23.1	32	F	10K
172	133	Warrington, Giselle	10:10:24.3	10:10:09.9	11:02:35.5	52:11.2	52:25.6	36	F	5K
173	132	Warrington, Natasha	10:10:24.5	10:10:09.9	11:02:35.8	52:11.2	52:25.8	33	F	5K
174	351	Haddad, George	10:00:43.4	10:00:09.1	10:52:37.4	51:54.0	52:28.3	26	M	10K
175	89	McIntosh, Meghan	10:10:32.2	10:10:09.9	11:02:41.1	52:08.8	52:31.1	35	F	5K
176	64	Kabotoff, Angela	10:10:28.6	10:10:09.9	11:02:47.1	52:18.5	52:37.2	37	F	5K
177	226	Fraser, Cynthia	10:00:12.6	10:00:09.1	10:53:05.3	52:52.6	52:56.1	41	F	10K
178	165	Maas, Colleen	10:10:18.8	10:10:09.9	11:03:34.7	53:15.8	53:24.7	56	F	5K
179	251	MacMillan, John	10:00:16.0	10:00:09.1	10:53:38.0	53:21.9	53:28.8	60	M	10K
180	224	Fisher, Kim	10:00:09.1	10:00:09.1	10:53:59.8	53:50.7	53:50.7	39	F	10K
181	151	BOYD, GAYLE	10:10:30.1	10:10:09.9	11:04:01.5	53:31.4	53:51.6	51	F	5K
182	192	BOYD, RANDY	10:10:34.7	10:10:09.9	11:04:01.8	53:27.1	53:51.9	53	M	5K
183	326	SARGENT, ANGELA	10:00:17.1	10:00:09.1	10:54:11.0	53:53.9	54:01.8	42	F	10K
184	355	MacKenzie, Michael	10:00:09.1	10:00:09.1	10:54:33.1	54:24.0	54:24.0	37	M	10K
185	44	Franz, Brianna	10:10:52.9	10:10:09.9	11:04:34.3	53:41.3	54:24.3	29	F	5K
186	125	Thomson, Shelaugh	10:10:53.4	10:10:09.9	11:04:34.5	53:41.1	54:24.6	59	F	5K
187	287	BENEDICTSON, CINDY	10:00:10.2	10:00:09.1	10:54:33.9	54:23.6	54:24.8	52	F	10K

188	55	GORA, KATHLEEN	10:10:23.5	10:10:09.9	11:04:36.1	54:12.5	54:26.1	54	F	5K
189	156	Doroshuk, Sherry	10:10:36.4	10:10:09.9	11:04:37.3	54:00.9	54:27.3	53	F	5K
190	190	Woycenko, Diane	10:10:36.4	10:10:09.9	11:04:37.8	54:01.3	54:27.8	54	F	5K
191	94	McNeill, Amy	10:10:44.4	10:10:09.9	11:04:45.7	54:01.3	54:35.7	23	F	5K
192	134	Watts, Cindy	10:10:35.9	10:10:09.9	11:04:55.8	54:19.8	54:45.8	53	F	5K
193	135	Watts, Amber	10:10:35.9	10:10:09.9	11:04:56.4	54:20.4	54:46.4	16	F	5K
194	282	Wright, Leigh- Anne	10:00:18.3	10:00:09.1	10:55:13.3	54:55.0	55:04.2	33	F	10K
195	114	Sharp, Jill	10:10:29.5	10:10:09.9	11:05:20.3	54:50.8	55:10.4	51	F	5K
196	121	Stewart, beth	10:10:29.4	10:10:09.9	11:05:20.4	54:50.9	55:10.4	52	F	5K
197	365	Kirby, Joanne	10:00:09.1	10:00:09.1	10:55:34.9	55:25.7	55:25.7	38	F	10K
198	29	Christman, Cherie	10:10:35.0	10:10:09.9	11:05:37.7	55:02.6	55:27.7	34	F	5K
199	100	Nicholas, Kim	10:10:09.9	10:10:09.9	11:05:37.8	55:27.9	55:27.9	42	F	5K
200	249	Lang, Natasha	10:00:09.1	10:00:09.1	10:55:45.9	55:36.8	55:36.8	38	F	10K
201	206	Bacon, Amanda	10:00:16.9	10:00:09.1	10:56:00.2	55:43.2	55:51.0	32	F	10K
202	312	Kmicik, Jessica	10:00:09.1	10:00:09.1	10:56:09.5	56:00.4	56:00.4	23	F	10K
203	330	Smegal, Rebecca	10:00:22.9	10:00:09.1	10:56:09.5	55:46.5	56:00.4	25	F	10K
204	255	McCrank, Taryn	10:00:19.3	10:00:09.1	10:56:10.4	55:51.0	56:01.2	31	F	10K
205	304	Gladue, Diane	10:00:27.4	10:00:09.1	10:57:00.0	56:32.5	56:50.8	44	F	10K
206	227	FREADRICH, TRICIA	10:00:09.1	10:00:09.1	10:57:04.9	56:55.8	56:55.8	35	F	10K
207	164	leyland, mylagh	10:10:51.3	10:10:09.9	11:07:12.8	56:21.5	57:02.8	34	F	5K
208	41	Erasmus, Jennifer	10:10:09.9	10:10:09.9	11:07:12.9	57:02.9	57:02.9	39	F	5K
209	338	Tom, Stephanie	10:00:09.1	10:00:09.1	10:57:15.9	57:06.7	57:06.7	29	F	10K
210	225	Fisher, Leah	10:00:16.5	10:00:09.1	10:57:18.6	57:02.0	57:09.4	12	F	10K
211	357	McDonald, Warren	10:00:12.8	10:00:09.1	10:57:59.9	57:47.1	57:50.8	38	M	10K

212	314	Mahar, Tobi	10:00:15.1	10:00:09.1	10:58:03.7	57:48.5	57:54.5	33	F	10K
213	191	Zidar, Connie	10:10:37.5	10:10:09.9	11:08:06.1	57:28.6	57:56.1	37	F	5K
214	239	Isherwood, Kirsten	10:00:09.1	10:00:09.1	10:58:49.4	58:40.3	58:40.3	23	F	10K
215	333	Sutherland, Chancie	10:00:14.8	10:00:09.1	10:59:05.1	58:50.3	58:56.0	27	F	10K
216	343	Wamburu, Barbara	10:00:22.1	10:00:09.1	10:59:34.0	59:11.9	59:24.9	33	F	10K
217	332	Sooley, Renee	10:01:01.2	10:00:09.1	10:59:53.9	58:52.6	59:44.8	40	F	10K
218	208	Botelho, Edward	10:00:31.3	10:00:09.1	10:59:59.3	59:28.0	59:50.2	44	M	10K
219	182	SIEGEL, KAILAN	10:10:33.9	10:10:09.9	11:10:03.9	59:30.0	59:53.9	14	F	5K
220	297	cook, carolyn	10:00:30.7	10:00:09.1	11:00:04.4	59:33.6	59:55.3	42	F	10K
221	283	Zueger, Caitlin	10:00:14.0	10:00:09.1	11:00:07.8	59:53.8	59:58.7	24	F	10K
222	308	Hample, Kerri	10:00:13.7	10:00:09.1	11:00:15.8	1:00:02.1	1:00:06.7	30	F	10K
223	12	Barbour, Jessica	10:10:46.0	10:10:09.9	11:10:17.6	59:31.6	1:00:07.7	31	F	5K
224	111	Roberts, Elysia	10:10:09.9	10:10:09.9	11:10:25.4	1:00:15.4	1:00:15.4	31	F	5K
225	18	Boettcher, Korina	10:10:49.6	10:10:09.9	11:10:26.2	59:36.6	1:00:16.3	35	F	5K
226	280	WONG, JOYCE	10:00:12.0	10:00:09.1	11:00:37.0	1:00:25.0	1:00:27.9	36	F	10K
227	127	Toscza, Erica	10:10:46.4	10:10:09.9	11:10:39.0	59:52.5	1:00:29.0	35	F	5K
228	246	Kipling, Terry	10:00:09.1	10:00:09.1	11:00:42.2	1:00:33.1	1:00:33.1	43	M	10K
229	211	BUGEJA, SANDY	10:00:25.7	10:00:09.1	11:00:53.6	1:00:27.8	1:00:44.4	41	F	10K
230	219	Dupree, Alexandra	10:00:11.9	10:00:09.1	11:00:54.8	1:00:42.9	1:00:45.6	19	F	10K
231	245	Kipling, Heather	10:00:18.4	10:00:09.1	11:00:56.4	1:00:37.9	1:00:47.2	30	F	10K
232	104	Perks, Callyann	10:10:09.9	10:10:09.9	11:11:05.2	1:00:55.2	1:00:55.2	37	F	5K
233	271	Sunderland, Nick	10:00:18.5	10:00:09.1	11:01:18.9	1:01:00.4	1:01:09.8	27	M	10K
234	279	Williams, Mariah	10:00:18.4	10:00:09.1	11:01:20.3	1:01:01.9	1:01:11.2	99	F	10K
235	319	Nielsen, Karen	10:00:17.6	10:00:09.1	11:01:29.1	1:01:11.4	1:01:19.9	51	F	10K
236	290		10:00:17.2	10:00:09.1	11:01:31.3	1:01:14.0	1:01:22.2	33	F	10K

		Bjarnason, Tanya								
237	233	HANSEN, JENNIFER	10:00:21.6	10:00:09.1	11:01:36.1	1:01:14.5	1:01:27.0	44	F	10K
238	161	Langner, Pat	10:10:25.7	10:10:09.9	11:11:43.8	1:01:18.1	1:01:33.8	59	F	5K
239	200	Alexis, Darcie	10:00:27.6	10:00:09.1	11:02:01.0	1:01:33.3	1:01:51.9	27	F	10K
240	356	Mann, Greg	10:00:14.0	10:00:09.1	11:02:10.2	1:01:56.2	1:02:01.1	32	M	10K
241	243	KERSHAW, DEBORAH	10:04:05.3	10:00:09.1	11:02:13.4	58:08.0	1:02:04.2	36	F	10K
242	295	Cebuliak, Nicole	10:00:16.6	10:00:09.1	11:02:21.6	1:02:04.9	1:02:12.4	31	F	10K
243	187	Untereiner, Elsie	10:10:25.9	10:10:09.9	11:12:30.0	1:02:04.1	1:02:20.0	53	F	5K
244	175	McNeil, Shari	10:10:26.1	10:10:09.9	11:12:30.4	1:02:04.3	1:02:20.5	56	F	5K
245	284	ADAMS, Armanda	10:00:09.1	10:00:09.1	11:03:22.0	1:03:12.8	1:03:12.8	38	F	10K
246	316	McIntosh, Chelsey	10:00:18.9	10:00:09.1	11:03:33.3	1:03:14.3	1:03:24.2	33	F	10K
247	159	kimmerly, pam	10:10:34.2	10:10:09.9	11:13:44.8	1:03:10.6	1:03:34.8	30	F	5K
248	276	White, Laurelie	10:08:04.7	10:00:09.1	11:03:54.9	55:50.1	1:03:45.7	35	F	10K
249	363	SMITH, Shawn	10:00:09.1	10:00:09.1	11:04:27.0	1:04:17.9	1:04:17.9	40	M	10K
250	221	Farrell, Tracie	10:01:31.6	10:00:09.1	11:04:42.9	1:03:11.3	1:04:33.8	35	F	10K
251	214	Cole, Rachael	10:00:09.1	10:00:09.1	11:04:48.8	1:04:39.7	1:04:39.7	25	F	10K
252	347	Wolstenholme, Teresa	10:00:22.5	10:00:09.1	11:04:54.7	1:04:32.2	1:04:45.6	58	F	10K
253	334	SYMBALUK, SANDRA	10:00:19.2	10:00:09.1	11:05:03.1	1:04:43.8	1:04:53.9	34	F	10K
254	212	Carroll, Kerrie	10:01:24.8	10:00:09.1	11:05:31.5	1:04:06.6	1:05:22.4	39	F	10K
255	344	Ward, Brandi	10:00:12.3	10:00:09.1	11:05:35.6	1:05:23.3	1:05:26.5	36	F	10K
256	292	Brown, Lynn	10:00:58.6	10:00:09.1	11:05:45.7	1:04:47.1	1:05:36.6	45	F	10K
257	278	Williams, Stacey	10:04:06.3	10:00:09.1	11:05:51.8	1:01:45.4	1:05:42.7	38	F	10K
258	217	Crosbie, Taylor	10:00:26.1	10:00:09.1	11:05:56.5	1:05:30.3	1:05:47.4	17	F	10K
259	223	Fisher, Jill	10:00:09.1	10:00:09.1	11:05:56.8	1:05:47.7	1:05:47.7	38	F	10K
260	327	Semeniuk, Jo Anne	10:00:25.6	10:00:09.1	11:06:01.4	1:05:35.8	1:05:52.3	49	F	10K

261	269	Sklenar, Geri	10:00:20.6	10:00:09.1	11:06:11.9	1:05:51.2	1:06:02.7	44	F	10K
262	294	Byblow, Abby	10:00:20.3	10:00:09.1	11:06:11.9	1:05:51.6	1:06:02.8	31	F	10K
263	258	Mckay, Kristyn	10:00:09.5	10:00:09.1	11:06:13.0	1:06:03.5	1:06:03.9	29	F	10K
264	303	GILLSON, CAROLYN	10:00:18.1	10:00:09.1	11:06:16.1	1:05:57.9	1:06:06.9	54	F	10K
265	325	Russell, Karyn	10:00:09.1	10:00:09.1	11:06:40.1	1:06:31.0	1:06:31.0	25	F	10K
266	345	Warwaruk, Julie	10:00:24.1	10:00:09.1	11:07:08.8	1:06:44.6	1:06:59.6	43	F	10K
267	237	Horton, Mark	10:00:13.0	10:00:09.1	11:07:16.5	1:07:03.5	1:07:07.4	53	M	10K
268	277	Wiederspiel, Kelly	10:01:25.0	10:00:09.1	11:07:22.6	1:05:57.6	1:07:13.5	35	F	10K
269	318	Milette, Marisha	10:00:20.0	10:00:09.1	11:07:23.5	1:07:03.4	1:07:14.3	36	F	10K
270	268	Seymour, Nikita	10:00:09.1	10:00:09.1	11:07:36.8	1:07:27.6	1:07:27.6	28	F	10K
271	301	Finch, Julie- Anne	10:00:09.1	10:00:09.1	11:07:48.0	1:07:38.8	1:07:38.8	99	F	10K
272	242	KEOWN, DAVID	10:00:15.6	10:00:09.1	11:08:00.9	1:07:45.2	1:07:51.8	59	M	10K
273	79	Lucas, Jason	10:10:09.9	10:10:09.9	11:18:07.9	1:07:57.9	1:07:57.9	28	M	5K
274	250	MacDougall, Cindy	10:00:13.1	10:00:09.1	11:08:16.2	1:08:03.0	1:08:07.0	57	F	10K
275	207	bittner, shaness	10:04:40.6	10:00:09.1	11:08:22.6	1:03:41.9	1:08:13.4	38	F	10K
276	317	MCLEAN, MAVIS	10:00:26.8	10:00:09.1	11:08:29.6	1:08:02.8	1:08:20.5	55	F	10K
277	220	durocher, Jackie	10:00:16.2	10:00:09.1	11:08:29.7	1:08:13.5	1:08:20.5	56	F	10K
278	262	Orr, Maegen	10:00:14.2	10:00:09.1	11:08:47.1	1:08:32.8	1:08:38.0	33	F	10K
279	201	Allen, Andrea	10:00:15.6	10:00:09.1	11:09:18.4	1:09:02.8	1:09:09.3	31	F	10K
280	230	Griffiths, Linda	10:00:15.6	10:00:09.1	11:09:18.5	1:09:02.9	1:09:09.4	62	F	10K
281	169	Mahood, Judy	10:10:48.2	10:10:09.9	11:19:39.6	1:08:51.3	1:09:29.6	68	F	5K
282	143	Witzke, Donna	10:10:49.0	10:10:09.9	11:19:41.4	1:08:52.3	1:09:31.4	58	F	5K
283	272	Thompson, Ingrid	10:00:33.6	10:00:09.1	11:10:02.6	1:09:29.0	1:09:53.5	57	F	10K
284	335	Tansey, Donna	10:00:30.5	10:00:09.1	11:10:44.2	1:10:13.6	1:10:35.1	50	F	10K
285	209	Boucher, Amanda	10:00:09.1	10:00:09.1	11:10:45.0	1:10:35.9	1:10:35.9	31	F	10K

286	247	LANG, Deanna	10:00:12.3	10:00:09.1	11:11:05.3	1:10:53.0	1:10:56.2	35	F	10K
287	339	Tose, Lisa	10:00:34.5	10:00:09.1	11:11:22.9	1:10:48.3	1:11:13.7	43	F	10K
288	309	Howells, Marla	10:00:30.9	10:00:09.1	11:12:40.6	1:12:09.6	1:12:31.4	39	F	10K
289	302	FISHER, JANET	10:00:32.0	10:00:09.1	11:12:40.9	1:12:08.9	1:12:31.8	60	F	10K
290	313	Krozser, Sherry	10:00:33.2	10:00:09.1	11:13:18.0	1:12:44.8	1:13:08.8	37	F	10K
291	256	McGillivray, Leona	10:00:18.6	10:00:09.1	11:13:20.7	1:13:02.0	1:13:11.6	42	F	10K
292	323	PELLETIER, LINDA	10:00:24.6	10:00:09.1	11:13:29.6	1:13:04.9	1:13:20.5	51	F	10K
293	235	higgs, merv	10:00:24.3	10:00:09.1	11:13:29.6	1:13:05.3	1:13:20.5	73	M	10K
294	202	Amesbury, Ken	10:00:25.2	10:00:09.1	11:13:41.0	1:13:15.8	1:13:31.9	47	M	10K
295	281	Wowk, Amanda	10:00:09.1	10:00:09.1	11:13:46.3	1:13:37.2	1:13:37.2	20	F	10K
296	322	Park, Lynn	10:00:31.3	10:00:09.1	11:13:54.7	1:13:23.3	1:13:45.6	45	F	10K
297	324	RIGGS, DIANNA	10:00:31.7	10:00:09.1	11:13:55.4	1:13:23.6	1:13:46.3	50	F	10K
298	263	Pandachuck, Katrina	10:00:11.6	10:00:09.1	11:14:43.3	1:14:31.6	1:14:34.1	19	F	10K
299	285	Arno, Christine	10:00:30.3	10:00:09.1	11:15:51.0	1:15:20.7	1:15:41.9	37	F	10K
300	305	GODFREY, ROSALIND	10:00:09.1	10:00:09.1	11:16:01.8	1:15:52.7	1:15:52.7	99	F	10K
301	203	Anderson, Amber	10:00:19.1	10:00:09.1	11:16:06.5	1:15:47.3	1:15:57.3	33	F	10K
302	349	Dempsey, Robert	10:00:27.6	10:00:09.1	11:16:07.0	1:15:39.4	1:15:57.9	49	M	10K
303	320	Olson, Sheila	10:00:27.3	10:00:09.1	11:16:07.0	1:15:39.7	1:15:57.9	49	F	10K
304	346	Watson, Tracy	10:00:33.4	10:00:09.1	11:17:16.6	1:16:43.1	1:17:07.4	48	F	10K
305	310	Hutchings-Mah, Lynn	10:01:23.8	10:00:09.1	11:17:38.5	1:16:14.6	1:17:29.3	49	F	10K
306	352	Hawthorne, David	10:01:22.8	10:00:09.1	11:17:38.5	1:16:15.7	1:17:29.4	56	M	10K
307	298	Crosato, Allison	10:00:24.3	10:00:09.1	11:17:57.4	1:17:33.0	1:17:48.2	31	F	10K
308	229	Glas, Nicole	10:00:38.1	10:00:09.1	11:18:07.7	1:17:29.5	1:17:58.5	41	F	10K
309	218	Duclos, Aaron	10:00:38.7	10:00:09.1	11:18:07.7	1:17:29.0	1:17:58.6	27	F	10K

310	336	Thompson, Julie	10:00:15.0	10:00:09.1	11:18:26.0	1:18:10.9	1:18:16.8	32	F	10K
311	241	Kalerantes, Teresa	10:00:09.1	10:00:09.1	11:18:26.7	1:18:17.6	1:18:17.6	35	F	10K
312	264	PREVOST, MIREILLE	10:00:07.6	10:00:09.1	11:19:04.0	1:18:56.4	1:18:54.9	56	F	10K
313	362	Siegel, Chris	10:00:54.6	10:00:09.1	11:19:34.7	1:18:40.1	1:19:25.6	43	M	10K
314	273	Trent, Dawn	10:00:09.1	10:00:09.1	11:19:58.2	1:19:49.1	1:19:49.1	46	F	10K
315	240	Ismond, Shan	10:00:26.9	10:00:09.1	11:20:12.3	1:19:45.3	1:20:03.1	36	F	10K
316	265	Pylypa, Tara	10:00:21.5	10:00:09.1	11:23:31.5	1:23:10.0	1:23:22.4	40	F	10K
317	315	Mastaler, Krista	10:00:20.1	10:00:09.1	11:24:19.1	1:23:59.0	1:24:10.0	36	F	10K
318	340	Tulk, Margaret	10:01:00.0	10:00:09.1	11:27:00.0	1:26:00.0	1:26:50.9	40	F	10K
319	215	Collins, Jacqueline	10:00:14.9	10:00:09.1	11:27:26.9	1:27:12.0	1:27:17.8	45	F	10K
320	286	BABCOCK, VICKI	10:00:09.1	10:00:09.1	11:28:06.1	1:27:57.0	1:27:57.0	39	F	10K
321	329	Slaney, Roseleen	10:00:21.8	10:00:09.1	11:29:44.5	1:29:22.6	1:29:35.4	42	F	10K
322	259	McLachlan, Jennifer	10:04:04.6	10:00:09.1	11:31:17.0	1:27:12.3	1:31:07.9	35	F	10K
323	228	FROHN, KARA	10:00:32.8	10:00:09.1	11:34:06.5	1:33:33.7	1:33:57.4	55	F	10K
324	210	BRINDZA, KATHY	10:00:09.1	10:00:09.1	11:34:06.6	1:33:57.5	1:33:57.5	47	F	10K
325	337	thomson, mallory	10:00:38.4	10:00:09.1	11:34:45.8	1:34:07.4	1:34:36.7	31	F	10K
326	260	Mercier, Jennifer	10:00:18.3	10:00:09.1	11:34:49.5	1:34:31.2	1:34:40.4	31	F	10K
327	232	HALL, ELLA	10:00:32.7	10:00:09.1	11:35:30.5	1:34:57.7	1:35:21.3	52	F	10K
328	216	Colombina, Ruth	10:00:27.8	10:00:09.1	11:35:44.3	1:35:16.5	1:35:35.2	57	F	10K
329	213	Christensen, Michelle	10:00:21.2	10:00:09.1	11:36:46.9	1:36:25.6	1:36:37.8	42	F	10K
330	231	Gushnowski, Melissa	10:00:21.3	10:00:09.1	11:36:47.4	1:36:26.1	1:36:38.2	39	F	10K
331	321	Parenteau, Ursula	10:00:36.0	10:00:09.1	11:38:32.8	1:37:56.7	1:38:23.6	42	F	10K
332	341	Tutton, Faye	10:00:36.6	10:00:09.1	11:38:33.0	1:37:56.3	1:38:23.9	41	F	10K

333	358	Parenteau, Albert	10:00:35.5	10:00:09.1	11:38:33.2	1:37:57.6	1:38:24.1	43	M	10K
334	288	Bit, Wendy	10:00:27.3	10:00:09.1	11:39:47.1	1:39:19.8	1:39:38.0	47	F	10K
335	289	Bit, Ashleigh	10:00:26.6	10:00:09.1	11:39:47.3	1:39:20.6	1:39:38.1	16	F	10K
336	163	Letwin, Nadine	10:10:09.9	10:10:09.9	11:58:40.6	1:48:30.7	1:48:30.7	42	F	5K
337	342	viel, michelle	10:00:26.2	10:00:09.1	11:52:08.9	1:51:42.6	1:51:59.8	38	F	10K
338	257	McGinley, Andrea	10:00:09.1	10:00:09.1	11:57:41.7	1:57:32.6	1:57:32.6	30	F	10K
339	275	Welch, Odion	10:00:29.7	10:00:09.1	11:57:43.2	1:57:13.4	1:57:34.1	99	F	10K