

2019 Alberta Race Walk Championships -- Overall Lap by Division Race Report as of 2019-09-08

Notes:

- The course was 1.25 kilometres long.

Division: 20K

Place	Name	Bib	Laps	Total	Start	1.25K	2.50K	3.75K	5.00K	6.25K	7.50K	8.75K	10.00K	11.25K	12.50K	13.75K	15.00K	16.25K	17.50K	18.75K	20.00K
1	Bilodeau, Mathieu	29	16	1:29:03	8:58:42	5:38	5:37	5:36	5:33	5:34	5:30	5:32	5:34	5:35	5:34	5:43	5:26	5:34	5:36	5:33	5:22
2	Lampough, Ian	28	16	2:18:30	8:58:42	8:15	8:29	8:21	8:36	8:28	8:27	8:28	8:32	8:35	8:30	8:37	8:48	8:44	9:06	9:04	9:22

Division: 10K

Place	Name	Bib	Laps	Total	Start	1.25K	2.50K	3.75K	5.00K	6.25K	7.50K	8.75K	10.00K
1	Vesty, Philip		16	57:45	8:58:42	6:54	7:09	7:03	7:16	7:21	7:21	7:21	7:16
2	Keenan, Dave		17	59:35	8:58:42	7:22	7:31	7:29	7:24	7:26	7:30	7:31	7:19
3	Chiozza, Teresa		41	1:09:18	8:58:42	8:14	8:23	8:26	8:40	8:53	8:50	9:02	8:47
DNF	Flipsen, Johanna		39	30:06	8:58:42	7:17	7:31	7:36	7:40	[Did not finish.]			
DQ	Mosher, Gordon	[Disqualified under IAAF Rule 230.2.]											

Division: 5K

Place	Name	Bib	Laps	Total	Start	1.25K	2.50K	3.75K	5.00K
1	Charrois, Henry	78	4	29:13	9:58:55	6:59	7:19	7:27	7:27
2	McDermitt, Jean	68	4	32:17	9:58:55	7:59	8:09	8:08	7:59
3	Sharp, Suzanne	67	4	33:07	9:58:55	8:19	8:17	8:18	8:12
4	Sirbu, Val	79	4	34:14	9:58:55	7:52	8:17	8:48	9:16
5	Ruller, Sheila	66	4	35:57	9:58:55	8:42	9:01	9:09	9:03
6	Stone, Garry	76	4	36:02	9:58:55	8:53	9:15	0:00	17:53
7	Howard, Robert	77	4	36:07	9:58:55	8:51	9:07	9:10	8:57
8	King, Wendy	69	4	40:31	9:58:55	9:55	10:13	10:12	10:10
9	Blackwood, Bob	75	4	44:55	9:58:55	10:52	11:11	11:22	11:28

Division: 5K Power

Place	Name	Bib	Laps	Total	Start	1.25K	2.50K	3.75K	5.00K
1	Ashton, Bonnie	93	4	37:35	9:14:30	9:27	9:21	9:27	9:19
2	Cheslock, Carole	94	4	37:42	9:14:30	9:26	9:23	9:29	9:22
3	Nakano, Takuo	91	4	41:18	9:14:30	10:10	10:15	10:24	10:27
4	Huising, Jetske	92	4	41:56	9:14:30	10:23	10:35	10:35	10:21
5	Karch, Claudia	97	4	41:59	9:14:30	10:20	10:50	10:34	10:15
6	Jorstad, Christine	96	4	42:01	9:14:30	10:15	10:53	10:34	10:18

Division: 1.25k

Place	Name	Bib	Laps	Total	Start	1.25K
1	Rudari, Lorentina	58	1	7:59	9:58:55	7:59
2	Iwuc, Natasha	31	1	8:32	9:58:55	8:32
3	Aliu, Rinora	57	1	9:05	9:58:55	9:05
4	Malle, Kayla	59	1	9:08	9:58:55	9:08

2019 Alberta Race Walk Championships -- Overall Lap by Division Race Report as of 2019-09-08, Showing UNOFFICIAL Times in Hundredths

Notes:

- The course was 1.25 kilometres long.
- These times are **NOT** official because they are hand times from a single source.

Division: 20K

Place	Name	Bib	Laps	Total	Start	1.25K	2.50K	3.75K	5.00K	6.25K	7.50K	8.75K	10.00K	11.25K	12.50K	13.75K	15.00K	16.25K	17.50K	18.75K	20.00K
1	Bilodeau, Mathieu	29	16	1:29:03.60	8:58:42.59	5:38.01	5:37.16	5:36.09	5:33.90	5:34.86	5:30.31	5:32.05	5:34.22	5:35.10	5:34.33	5:43.34	5:26.82	5:34.14	5:36.80	5:33.85	5:22.55
2	Lamplough, Ian	28	16	2:18:30.54	8:58:42.59	8:15.48	8:29.42	8:21.70	8:36.46	8:28.86	8:27.57	8:28.77	8:32.78	8:35.74	8:30.61	8:37.70	8:48.14	8:44.49	9:06.24	9:04.48	9:22.04

Division: 10K

Place	Name	Bib	Laps	Total	Start	1.25K	2.50K	3.75K	5.00K	6.25K	7.50K	8.75K	10.00K
1	Vesty, Philip		16	57:45.67	8:58:42.59	6:54.92	7:09.50	7:03.06	7:16.37	7:21.72	7:21.73	7:21.83	7:16.51
2	Keenan, Dave		17	59:35.94	8:58:42.59	7:22.81	7:31.48	7:29.34	7:24.29	7:26.78	7:30.36	7:31.46	7:19.39
3	Chiozza, Teresa		41	1:09:18.78	8:58:42.59	8:14.25	8:23.20	8:26.85	8:40.02	8:53.90	8:50.93	9:02.34	8:47.25
DNF	Flipsen, Johanna		39	30:06.40	8:58:42.59	7:17.63	7:31.83	7:36.54	7:40.38	[Did not finish.]			
DQ	Mosher, Gordon	[Disqualified under IAAF Rule 230.2.]											

Division: 5K

Place	Name	Bib	Laps	Total	Start	1.25K	2.50K	3.75K	5.00K
1	Charrois, Henry		78	29:13.50	9:58:55.14	6:59.51	7:19.18	7:27.27	7:27.53
2	McDermitt, Jean		68	32:17.51	9:58:55.14	7:59.22	8:09.85	8:08.91	7:59.52
3	Sharp, Suzanne		67	33:07.60	9:58:55.14	8:19.11	8:17.26	8:18.42	8:12.79
4	Sirbu, Val		79	34:14.56	9:58:55.14	7:52.73	8:17.27	8:48.49	9:16.07
5	Ruller, Sheila		66	35:57.10	9:58:55.14	8:42.27	9:01.52	9:09.33	9:03.96
6	Stone, Garry		76	36:02.63	9:58:55.14	8:53.68	9:15.19	0:00.00	17:53.76
7	Howard, Robert		77	36:07.53	9:58:55.14	8:51.39	9:07.91	9:10.40	8:57.82
8	King, Wendy		69	40:31.79	9:58:55.14	9:55.22	10:13.01	10:12.64	10:10.91
9	Blackwood, Bob		75	44:55.48	9:58:55.14	10:52.95	11:11.96	11:22.37	11:28.18

Division: 5K Power

Place	Name	Bib	Laps	Total	Start	1.25K	2.50K	3.75K	5.00K
1	Ashton, Bonnie		93	37:35.82	9:14:30.74	9:27.59	9:21.37	9:27.41	9:19.44
2	Cheslock, Carole		94	37:42.03	9:14:30.74	9:26.24	9:23.76	9:29.25	9:22.77
3	Nakano, Takuo		91	41:18.10	9:14:30.74	10:10.73	10:15.97	10:24.13	10:27.26
4	Huising, Jetske		92	41:56.06	9:14:30.74	10:23.42	10:35.60	10:35.81	10:21.22
5	Karch, Claudia		97	41:59.96	9:14:30.74	10:20.05	10:50.03	10:34.35	10:15.52
6	Jorstad, Christine		96	42:01.34	9:14:30.74	10:15.71	10:53.45	10:34.04	10:18.12

Division: 1.25k

Place	Name	Bib	Laps	Total	Start	1.25K
1	Rudari, Lorentina		58	7:59.07	9:58:55.14	7:59.07
2	Iwuc, Natasha		31	8:32.55	9:58:55.14	8:32.55
3	Aliu, Rinora		57	9:05.29	9:58:55.14	9:05.29
4	Malle, Kayla		59	9:08.36	9:58:55.14	9:08.36

2019 Alberta Racewalk Championships - 2019-09-07**William Hawrelak Park****Results - Saturday****Mixed 1250 Metre Race Walk Under 16**

Name	Age Team	Seed	Finals
Finals			
1 Lorentina Rudari	W15 Edmonton Roy,Edmont		7:59.1h
2 Natasha Iwuc	W14 Edmonton Thunder,Ed		8:32.6h
3 Rinora Aliu	W13 Edmonton Roy,Edmont		9:05.3h
4 Kayla Malle	W13 Edmonton Roy,Edmont		9:08.4h

Mixed 5000 Metre Race Walk Power Walk Open

Name	Age Team	Seed	Finals
1 Bonnie Ashton	W69 Unattached,Edmonton		37:35.9h
2 Carole Cheslock	W65 Unattached,Edmonton		37:42.1h
3 Takuo Nakano	M79 Unattached,Edmonton		41:18.1h
4 Jetske Huising	W68 Unattached,Edmonton		41:56.1h
5 Claudia Karch	W58 Unattached,Ardrossa		42:00.0h
6 Christine Jorstad	W57 Unattached,ardrossa		42:01.4h
-- Joanne Gardiner	W55 Unattached,Edmonton		DNS

Mixed 5000 Metre Race Walk Open

Name	Age Team	Seed	Finals
1 Henry Charrois	M68 EdmontonRacewalk,Ed		29:13.5h
2 Jean McDermitt	W50 Unattached,Calgary		32:17.6h
3 Suzanne Sharp	W66 Greyhounds M,Prince		33:07.6h
4 Val Sirbu	M31 EdmontonRacewalk,Ed		34:14.6h
5 Sheila Ruller	W55 EdmontonRacewalk,St		35:57.1h
6 Garry Stone	M64 EdmontonRacewalk,Ed		36:02.7h
7 Robert Howard	M72 Unattached AB,Edmon		36:07.6h
8 Wendy King	W Unattached AB,Edmon		40:31.8h
9 Bob Blackwood	M75 Unattached,Edmonton		44:55.5h

Mixed 10000 Metre Race Walk Open

Name	Age Team	Seed	Finals
1 Philip Vesty	M56 EdmontonRacewalk,Ed		57:45.7h
2 Dave Keenan	M62 Heartland Race.,For		59:36.0h
3 Teresa Chiozza	W69 Heartland Race.,Cal	1:09:18.8h	
-- Johanna Flipsen	W64 Heartland Race.,Led		DNF
-- Gordon Mosher	M43 Unattached,Saskatoo		DQ

Mixed 20000 Metre Race Walk Open

Name	Age Team	Seed	Finals
1 Mathieu Bilodeau	M36 Running Room,Canmor		1:29:03.6h
2 Ian Lamplough	M58 EdmontonRacewalk,Ed		2:18:30.6h