

"Reino 8.5k"
IRAXC #3 on 2013/10/20

Please contact ppollham@pmp-software.com if there are any errors.

Place	Divplace	Name	City	Div	Time	Pace	Kpace	Points
1	1	CAEL WARNER	KALEDEN	M16-19	31:56:00	6:03	3:46	30
2	1	TREVOR HAAHEIM	KELOWNA	M40-44	32:17:00	6:07	3:48	30
3	1	AARON HEIDT	VERNON	M35-39	33:04:00	6:16	3:54	30
4	2	CONNOR MCKAY	KAMLOOPS	M16-19	33:27:00	6:20	3:57	25
5	2	JAY FOURIE	VERNON	M35-39	33:57:00	6:26	4:00	25
6	1	GARY WADE	KELOWNA	M45-49	34:27:00	6:32	4:04	30
7	3	MATHEW HEWITT	VERNON	M35-39	34:31:00	6:33	4:04	22
8	1	RYAN PIDHIRNIAK	KAMLOOPS	M20-29	34:52:00	6:37	4:07	30
9	2	BRIAN MAY	SALMON ARM	M40-44	35:16:00	6:41	4:09	25
10	1	LIAM MCGRATH	VERNON	M01-15	35:19:00	6:42	4:10	30
11	3	ALEXANDER CORBETT	SALMON ARM	M16-19	35:51:00	6:48	4:14	22
12	4	CONLAN SPRICKERHOFF	KAMLOOPS	M16-19	36:03:00	6:50	4:15	20
13	2	MATTHEW SMIDER	REVELSTOKE	M20-29	36:37:00	6:56	4:19	25
14	5	THOMAS HARDY	SALMON ARM	M16-19	36:57:00	7:00	4:21	19
15	1	JAMES MUNDALL	SALMON ARM	M30-34	37:24:00	7:05	4:24	30
16	2	LOGAN HWANG	KAMLOOPS	M01-15	37:42:00	7:09	4:27	25
17	2	DREW MCLAREN	KELOWNA	M30-34	37:48:00	7:10	4:27	25
18	1	GLYNIS SIM	CANOE	F01-15	37:51:00	7:10	4:28	30
19	2	DARREN DEROCHIE	VERNON	M45-49	37:57:00	7:12	4:28	25
20	4	JOHN WILSON	VERNON	M35-39	38:44:00	7:21	4:34	20
21	3	LUKE HECKRODT	SALMON ARM	M30-34	38:48:00	7:21	4:34	22
22	1	ABBIGAIL MAY	SALMON ARM	F40-44	39:15:00	7:26	4:38	30
23	3	JAMES HARDY	SALMON ARM	M01-15	39:53:00	7:34	4:42	22
24	4	NELSON KLEER	LEE CREEK	M01-15	39:56:00	7:34	4:42	20
25	5	LUKAS ALLAN	LEE CREEK	M01-15	40:10:00	7:37	4:44	19
26	1	PHIL WALLENSTEEN	SALMON ARM	M60-64	40:11:00	7:37	4:44	30
27	3	SUNNY DULAY	KAMLOOPS	M20-29	40:13:00	7:37	4:44	22
28	4	SHANE LANDREVILLE	VERNON	M20-29	40:17:00	7:38	4:45	20
29	1	KRYS PICK	VERNON	F30-34	40:30:00	7:41	4:46	30
30	5	COREY ROBERTS-REYNOLDS	KAMLOOPS	M20-29	40:31:00	7:41	4:46	19
31	1	ALESHA MILLER	KAMLOOPS	F20-29	40:41:00	7:43	4:48	30
32	1	MIKE BROWN	ARMSTRONG	M50-54	40:43:00	7:43	4:48	30
33	6	MICHAEL OGLOFF	SALMON ARM	M20-29	40:54:00	7:45	4:49	18
34	6	ERIC EMBLETON	FALKLAND	M01-15	41:14:00	7:49	4:52	18
35	1	JEN BOND	VERNON	F35-39	41:28:00	7:52	4:53	30
36	4	MICHAEL BURKHART	LUMBY	M30-34	41:42:00	7:54	4:55	20
37	2	ROBERT HAUTALA	KELOWNA	M50-54	41:45:00	7:55	4:55	25
38	7	DANIEL BLACKIE	REVELSTOKE	M01-15	42:03:00	7:58	4:57	17
39	2	ROLY MULLER	KELOWNA	M60-64	42:13:00	8:00	4:58	25
40	3	ROB HART	SALMON ARM	M40-44	42:28:00	8:03	5:00	22
41	2	RACHEL MAY	SALMON ARM	F01-15	42:42:00	8:06	5:02	25
42	4	BRAD CALKINS	SALMON ARM	M40-44	42:44:00	8:06	5:02	20
43	3	ALANA BRITTIN	REVELSTOKE	F01-15	42:46:00	8:06	5:02	22
44	2	MELISSA RYEO	KAMLOOPS	F20-29	42:52:00	8:07	5:03	25
45	5	BEN PARKIN	REVELSTOKE	M35-39	42:53:00	8:08	5:03	19
46	3	ROLENA DEBRUYN	KAMLOOPS	F20-29	42:53:00	8:08	5:03	22
47	3	RICHARD BRITTIN	REVELSTOKE	M45-49	43:00:00	8:09	5:04	22
48	4	HEIDI HOPKINS	REVELSTOKE	F20-29	43:01:00	8:09	5:04	20
49	8	DAVID BAKKER	SALMON ARM	M01-15	43:11:00	8:11	5:05	16
50	4	SAMANTHA LOEWEN	VERNON	F01-15	43:21:00	8:13	5:06	20
51	3	ROBERT ELLIOTT	REVELSTOKE	M50-54	43:41:00	8:17	5:09	22

52	5 JAMES LEVINS	SALMON ARM	M40-44	43:50:00	8:18	5:10	19
53	6 BRAD WRIGHT	VERNON	M35-39	43:50:00	8:18	5:10	18
54	2 DANNICA WADE	KELOWNA	F40-44	44:00:00	8:20	5:11	25
55	1 MIKE MCGRATH	VERNON	M55-59	44:14:00	8:23	5:13	30
56	3 RICHARD SIM	CANOE	M60-64	44:37:00	8:27	5:15	22
57	1 DIANE VANDERSTAR	SHUSWAP FALLS	F55-59	44:55:00	8:31	5:18	30
58	5 ELIZABETH ELLIOTT	REVELSTOKE	F01-15	45:03:00	8:32	5:18	19
59	9 SIMON BLACKIE	REVELSTOKE	M01-15	45:43:00	8:40	5:23	15
60	5 CHRISTA MILLER	KAMLOOPS	F20-29	45:45:00	8:40	5:23	19
61	6 TIFFANY ADAMS	KAMLOOPS	F20-29	45:54:00	8:42	5:24	18
62	1 GLORIA WOOLNER	PENTICTON	F50-54	46:18:00	8:46	5:27	30
63	1 TEDDY BOYKO	KELOWNA	M65-69	46:23:00	8:47	5:28	30
64	7 SCOTT CREIGHTON	REVELSTOKE	M35-39	46:24:00	8:48	5:28	17
65	2 DUNCAN MORRIS	SALMON ARM	M65-69	46:27:00	8:48	5:28	25
66	1 SUSAN BROWN	ARMSTRONG	F45-49	46:43:00	8:51	5:30	30
67	6 SYDNEY EMBLETON	FALKLAND	F01-15	47:32:00	9:00	5:36	18
68	4 GERRY BRENEMAN	VERNON	M60-64	47:38:00	9:02	5:37	20
69	2 ERIKA BISER	KELOWNA	F30-34	47:49:00	9:04	5:38	25
70	10 ANDREW NASH	SALMON ARM	M01-15	48:03:00	9:06	5:40	14
71	6 KYLE FLATMAN	SALMON ARM	M16-19	48:03:00	9:06	5:40	18
72	1 KENDRA SCHMIDT	KAMLOOPS	F16-19	48:23:00	9:10	5:42	30
73	2 DEBBIE FINNIE	PENTICTON	F55-59	48:37:00	9:13	5:44	25
74	2 DAPHNE BROWN	SALMON ARM	F45-49	48:54:00	9:16	5:46	25
75	7 JACLYN ELLIOTT	REVELSTOKE	F01-15	48:55:00	9:16	5:46	17
76	8 MIIKA PARK	REVELSTOKE	F01-15	48:55:00	9:16	5:46	16
77	7 SARAH WALLENSTEEN	SALMON ARM	F20-29	49:05:00	9:18	5:47	17
78	11 AIDAN ANDREWS	VERNON	M01-15	49:23:00	9:21	5:49	13
79	12 CARSON BASSETT	VERNON	M01-15	49:23:00	9:21	5:49	12
80	3 SARAH PURSLOW	FALKLAND	F30-34	49:51:00	9:27	5:52	22
81	2 ELIZABETH VAN BERGEYK	SALMON ARM	F35-39	49:55:00	9:28	5:53	25
82	2 EMMA MCLEOD	KAMLOOPS	F16-19	50:12:00	9:31	5:55	25
83	3 MARIANNE BUTCHER	KAMLOOPS	F45-49	50:15:00	9:31	5:55	22
84	8 LYNSIE SCHMIDT	KAMLOOPS	F20-29	50:41:00	9:36	5:58	16
85	4 FIONA MACLEOD	KELOWNA	F30-34	50:44:00	9:37	5:59	20
86	5 ROB SAVAGE	SALMON ARM	M60-64	50:53:00	9:39	6:00	19
87	4 JANICE BRADSHAW	WEST KELOWNA	F45-49	51:00:00	9:40	6:00	20
88	3 KEITH BURTON	WEST KELOWNA	M65-69	51:01:00	9:40	6:01	22
89	6 CAM ROBERTSON	KELOWNA	M40-44	51:05:00	9:41	6:01	18
90	7 TREVOR EMBLETON	FALKLAND	M40-44	51:08:00	9:41	6:01	17
91	9 CHANTELE FORSEILLE	KAMLOOPS	F20-29	51:56:00	9:50	6:07	15
92	3 ERICA MALERBY	KAMLOOPS	F35-39	52:06:00	9:52	6:08	22
93	5 CARREY MARTIN	PENTICTON	F45-49	52:12:00	9:53	6:09	19
94	13 IAN OLIPHANT	VERNON	M01-15	52:49:00	10:00	6:13	11
95	4 MARKUS HEINRICHS	KELOWNA	M50-54	53:06:00	10:04	6:15	20
96	3 TAYLA KOERBER	REVELSTOKE	F16-19	53:09:00	10:04	6:16	22
97	5 JENNIFER SPENCER	KELOWNA	F30-34	53:20:00	10:06	6:17	19
98	7 ADAM LAUZE	SALMON ARM	M20-29	53:25:00	10:07	6:18	17
99	14 AIDAN HEPBURN	SALMON ARM	M01-15	53:54:00	10:13	6:21	10
100	15 MARK CARSON	SALMON ARM	M01-15	53:57:00	10:13	6:21	9
101	16 CAMERON CARELSE	SALMON ARM	M01-15	54:25:00	10:19	6:25	8
102	8 ANDRE CARELSE	SALMON ARM	M35-39	54:29:00	10:19	6:25	16
103	3 DEBBIE KOERBER	REVELSTOKE	F40-44	54:38:00	10:21	6:26	22
104	4 TERRA PARK	REVELSTOKE	F35-39	54:38:00	10:21	6:26	20
105	6 PENNY PAGE-BRITTIN	REVELSTOKE	F45-49	54:39:00	10:21	6:26	18
106	7 KEVAN MCCROY	REVELSTOKE	F45-49	54:39:00	10:21	6:26	17
107	6 MELVIN DOHERTY	KAMLOOPS	M60-64	55:16:00	10:28	6:31	18
108	10 JACKY HISCOE	KAMLOOPS	F20-29	55:48:00	10:34	6:34	14
109	1 PAT COUCH	VERNON	F60-64	56:41:00	10:44	6:41	30

110	17 TORIN ANDREWS	VERNON	M01-15	56:48:00	10:46	6:41	7
111	8 MICHELE ANDREWS	VERNON	F45-49	56:53:00	10:47	6:42	16
112	11 ALANNAH STEWART	KAMLOOPS	F20-29	58:26:00	11:04	6:53	13
113	9 ONNA STOLL	VERNON	F45-49	58:38:00	11:07	6:54	15
114	1 GUENTER NAUMANN	OKANAGAN FALLS	M75-79	58:48:00	11:08	6:56	30
115	2 BETH SAVAGE	SALMON ARM	F50-54	59:14:00	11:13	6:59	25
116	8 KIERAN NEUENFELDT	NORTH VANCOUVER	M20-29	1:02:25	11:50	7:21	16
117	5 BRIAN HALL	KELOWNA	M30-34	1:02:25	11:50	7:21	19
118	3 CLAIRE PARKER	VERNON	F55-59	1:02:44	11:53	7:23	22
119	1 KAREN WILLIES	KAMLOOPS	F65-69	1:02:44	11:53	7:23	30
120	2 BRUCE BUTCHER	KAMLOOPS	M75-79	1:03:06	11:57	7:26	25
121	2 KATHLEEN YANKE	SALMON ARM	F65-69	1:04:46	12:16	7:38	25
122	9 JESSICA BROWN	SALMON ARM	F01-15	1:04:49	12:17	7:38	15
123	10 HANNNAH BATES	SALMON ARM	F01-15	1:04:49	12:17	7:38	14
124	10 JENNIFER REVEL	KAMLOOPS	F45-49	1:05:45	12:27	7:45	14
125	1 MARY HAMILTON	SALMON ARM	F70-74	1:06:38	12:37	7:51	30
126	3 LINDA WOODBURY	KAMLOOPS	F65-69	1:08:17	12:56	8:02	22
127	2 ROBYN ABEAR	REVELSTOKE	F60-64	1:12:07	13:40	8:30	25
128	3 ELIZABETH KOZAK	REVELSTOKE	F60-64	1:16:37	14:31	9:01	22

F AGE GROUP 1 - 15

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	18	GLYNIS SIM	CANOE	1179	F01-15	37:51:00	7:10	4:28	30
2	41	RACHEL MAY	SALMON ARM	1186	F01-15	42:42:00	8:06	5:02	25
3	43	ALANA BRITTIN	REVELSTOKE	1199	F01-15	42:46:00	8:06	5:02	22
4	50	SAMANTHA LOEWEN	VERNON	1178	F01-15	43:21:00	8:13	5:06	20
5	58	ELIZABETH ELLIOTT	REVELSTOKE	1182	F01-15	45:03:00	8:32	5:18	19
6	67	SYDNEY EMBLETON	FALKLAND	1189	F01-15	47:32:00	9:00	5:36	18
7	75	JACLYN ELLIOTT	REVELSTOKE	1183	F01-15	48:55:00	9:16	5:46	17
8	76	MIIKA PARK	REVELSTOKE	1205	F01-15	48:55:00	9:16	5:46	16
9	122	JESSICA BROWN	SALMON ARM	1171	F01-15	1:04:49	12:17	7:38	15
10	123	HANNNAH BATES	SALMON ARM	1185	F01-15	1:04:49	12:17	7:38	14

F AGE GROUP 16 - 19

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	72	KENDRA SCHMIDT	KAMLOOPS	1207	F16-19	48:23:00	9:10	5:42	30
2	82	EMMA MCLEOD	KAMLOOPS	1216	F16-19	50:12:00	9:31	5:55	25
3	96	TAYLA KOERBER	REVELSTOKE	1192	F16-19	53:09:00	10:04	6:16	22

F AGE GROUP 20 - 29

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	31	ALESHA MILLER	KAMLOOPS	1214	F20-29	40:41:00	7:43	4:48	30
2	44	MELISSA RYEO	KAMLOOPS	1210	F20-29	42:52:00	8:07	5:03	25
3	46	ROLENA DEBRUYN	KAMLOOPS	1213	F20-29	42:53:00	8:08	5:03	22
4	48	HEIDI HOPKINS	REVELSTOKE	1217	F20-29	43:01:00	8:09	5:04	20
5	60	CHRISTA MILLER	KAMLOOPS	1211	F20-29	45:45:00	8:40	5:23	19
6	61	TIFFANY ADAMS	KAMLOOPS	1190	F20-29	45:54:00	8:42	5:24	18
7	77	SARAH WALLENSTEEN	SALMON ARM	447	F20-29	49:05:00	9:18	5:47	17
8	84	LYNSIE SCHMIDT	KAMLOOPS	1212	F20-29	50:41:00	9:36	5:58	16
9	91	CHANTELLE FORSEILLE	KAMLOOPS	1208	F20-29	51:56:00	9:50	6:07	15
10	108	JACKY HISCOE	KAMLOOPS	1204	F20-29	55:48:00	10:34	6:34	14
11	112	ALANNAH STEWART	KAMLOOPS	1206	F20-29	58:26:00	11:04	6:53	13

F AGE GROUP 30 - 34

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	29	KRYS PICK	VERNON	1168	F30-34	40:30:00	7:41	4:46	30
2	69	ERIKA BISER	KELOWNA	432	F30-34	47:49:00	9:04	5:38	25
3	80	SARAH PURSLOW	FALKLAND	1173	F30-34	49:51:00	9:27	5:52	22
4	85	FIONA MACLEOD	KELOWNA	1170	F30-34	50:44:00	9:37	5:59	20
5	97	JENNIFER SPENCER	KELOWNA	1169	F30-34	53:20:00	10:06	6:17	19

F AGE GROUP 35 - 39

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	35	JEN BOND	VERNON	1198	F35-39	41:28:00	7:52	4:53	30
2	81	ELIZABETH VAN BERGEYK	SALMON ARM	1197	F35-39	49:55:00	9:28	5:53	25
3	92	ERICA MALERBY	KAMLOOPS	1188	F35-39	52:06:00	9:52	6:08	22
4	104	TERRA PARK	REVELSTOKE	1203	F35-39	54:38:00	10:21	6:26	20

F AGE GROUP 40 - 44

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	22	ABBIGAIL MAY	SALMON ARM	1187	F40-44	39:15:00	7:26	4:38	30
2	54	DANNICA WADE	KELOWNA	1196	F40-44	44:00:00	8:20	5:11	25
3	103	DEBBIE KOERBER	REVELSTOKE	1191	F40-44	54:38:00	10:21	6:26	22

F AGE GROUP 45 - 49

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	66	SUSAN BROWN	ARMSTRONG	443	F45-49	46:43:00	8:51	5:30	30
2	74	DAPHNE BROWN	SALMON ARM	1172	F45-49	48:54:00	9:16	5:46	25
3	83	MARIANNE BUTCHER	KAMLOOPS	1176	F45-49	50:15:00	9:31	5:55	22
4	87	JANICE BRADSHAW	WEST KELOWNA	1162	F45-49	51:00:00	9:40	6:00	20
5	93	CARREY MARTIN	PENTICTON	1165	F45-49	52:12:00	9:53	6:09	19
6	105	PENNY PAGE-BRITTIN	REVELSTOKE	1200	F45-49	54:39:00	10:21	6:26	18
7	106	KEVAN MCCROY	REVELSTOKE	1184	F45-49	54:39:00	10:21	6:26	17
8	111	MICHELE ANDREWS	VERNON	1195	F45-49	56:53:00	10:47	6:42	16
9	113	ONNA STOLL	VERNON	1163	F45-49	58:38:00	11:07	6:54	15
10	124	JENNIFER REVEL	KAMLOOPS	1209	F45-49	1:05:45	12:27	7:45	14

F AGE GROUP 50 - 54

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	62	GLORIA WOOLNER	PENTICTON	1201	F50-54	46:18:00	8:46	5:27	30
2	115	BETH SAVAGE	SALMON ARM	1193	F50-54	59:14:00	11:13	6:59	25

F AGE GROUP 55 - 59

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	57	DIANE VANDERSTAR	SHUSWAP FALLS	1180	F55-59	44:55:00	8:31	5:18	30
2	73	DEBBIE FINNIE	PENTICTON	1167	F55-59	48:37:00	9:13	5:44	25
3	118	CLAIRE PARKER	VERNON	1177	F55-59	1:02:44	11:53	7:23	22

F AGE GROUP 60 - 64

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	109	PAT COUCH	VERNON	1175	F60-64	56:41:00	10:44	6:41	30
2	127	ROBYN ABEAR	REVELSTOKE	1181	F60-64	1:12:07	13:40	8:30	25
3	128	ELIZABETH KOZAK	REVELSTOKE	1164	F60-64	1:16:37	14:31	9:01	22

F AGE GROUP 65 - 69

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	119	KAREN WILLIES	KAMLOOPS	1166	F65-69	1:02:44	11:53	7:23	30
2	121	KATHLEEN YANKE	SALMON ARM	1194	F65-69	1:04:46	12:16	7:38	25
3	126	LINDA WOODBURY	KAMLOOPS	1174	F65-69	1:08:17	12:56	8:02	22

F AGE GROUP 70 - 74

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	125	MARY HAMILTON	SALMON ARM	446	F70-74	1:06:38	12:37	7:51	30

F AGE GROUP 75 - 79

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
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F AGE GROUP 80 - 99

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
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M AGE GROUP 1 - 15

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	10	LIAM MCGRATH	VERNON	1147	M01-15	35:19:00	6:42	4:10	30

2	16 LOGAN HWANG	KAMLOOPS	1142 M01-15	37:42:00	7:09	4:27	25
3	23 JAMES HARDY	SALMON ARM	1154 M01-15	39:53:00	7:34	4:42	22
4	24 NELSON KLEER	LEE CREEK	1146 M01-15	39:56:00	7:34	4:42	20
5	25 LUKAS ALLAN	LEE CREEK	436 M01-15	40:10:00	7:37	4:44	19
6	34 ERIC EMBLETON	FALKLAND	1104 M01-15	41:14:00	7:49	4:52	18
7	38 DANIEL BLACKIE	REVELSTOKE	434 M01-15	42:03:00	7:58	4:57	17
8	49 DAVID BAKKER	SALMON ARM	1145 M01-15	43:11:00	8:11	5:05	16
9	59 SIMON BLACKIE	REVELSTOKE	435 M01-15	45:43:00	8:40	5:23	15
10	70 ANDREW NASH	SALMON ARM	1119 M01-15	48:03:00	9:06	5:40	14
11	78 AIDAN ANDREWS	VERNON	1108 M01-15	49:23:00	9:21	5:49	13
12	79 CARSON BASSETT	VERNON	1107 M01-15	49:23:00	9:21	5:49	12
13	94 IAN OLIPHANT	VERNON	1139 M01-15	52:49:00	10:00	6:13	11
14	99 AIDAN HEPBURN	SALMON ARM	1118 M01-15	53:54:00	10:13	6:21	10
15	100 MARK CARSON	SALMON ARM	1130 M01-15	53:57:00	10:13	6:21	9
16	101 CAMERON CARELSE	SALMON ARM	1134 M01-15	54:25:00	10:19	6:25	8
17	110 TORIN ANDREWS	VERNON	1144 M01-15	56:48:00	10:46	6:41	7

M AGE GROUP 16 - 19

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	1	CAEL WARNER	KALEDEN	430	M16-19	31:56:00	6:03	3:46	30
2	4	CONNOR MCKAY	KAMLOOPS	1149	M16-19	33:27:00	6:20	3:57	25
3	11	ALEXANDER CORBETT	SALMON ARM	1101	M16-19	35:51:00	6:48	4:14	22
4	12	CONLAN SPRICKERHOFF	KAMLOOPS	1148	M16-19	36:03:00	6:50	4:15	20
5	14	THOMAS HARDY	SALMON ARM	1152	M16-19	36:57:00	7:00	4:21	19
6	71	KYLE FLATMAN	SALMON ARM	1137	M16-19	48:03:00	9:06	5:40	18

M AGE GROUP 20 - 29

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	8	RYAN PIDHIRNIAK	KAMLOOPS	1161	M20-29	34:52:00	6:37	4:07	30
2	13	MATTHEW SMIDER	REVELSTOKE	1136	M20-29	36:37:00	6:56	4:19	25
3	27	SUNNY DULAY	KAMLOOPS	1151	M20-29	40:13:00	7:37	4:44	22
4	28	SHANE LANDREVILLE	VERNON	1160	M20-29	40:17:00	7:38	4:45	20
5	30	COREY ROBERTS-REYNOLD	KAMLOOPS	1150	M20-29	40:31:00	7:41	4:46	19
6	33	MICHAEL OGLOFF	SALMON ARM	1114	M20-29	40:54:00	7:45	4:49	18
7	98	ADAM LAUZE	SALMON ARM	448	M20-29	53:25:00	10:07	6:18	17
8	116	KIERAN NEUENFELDT	NORTH VANCOUVER	445	M20-29	1:02:25	11:50	7:21	16

M AGE GROUP 30 - 34

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	15	JAMES MUNDALL	SALMON ARM	437	M30-34	37:24:00	7:05	4:24	30
2	17	DREW MCLAREN	KELOWNA	433	M30-34	37:48:00	7:10	4:27	25
3	21	LUKE HECKRODT	SALMON ARM	438	M30-34	38:48:00	7:21	4:34	22
4	36	MICHAEL BURKHART	LUMBY	1117	M30-34	41:42:00	7:54	4:55	20
5	117	BRIAN HALL	KELOWNA	444	M30-34	1:02:25	11:50	7:21	19

M AGE GROUP 35 - 39

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	3	AARON HEIDT	VERNON	1133	M35-39	33:04:00	6:16	3:54	30
2	5	JAY FOURIE	VERNON	1143	M35-39	33:57:00	6:26	4:00	25
3	7	MATHEW HEWITT	VERNON	1155	M35-39	34:31:00	6:33	4:04	22
4	20	JOHN WILSON	VERNON	1112	M35-39	38:44:00	7:21	4:34	20
5	45	BEN PARKIN	REVELSTOKE	441	M35-39	42:53:00	8:08	5:03	19
6	53	BRAD WRIGHT	VERNON	1158	M35-39	43:50:00	8:18	5:10	18
7	64	SCOTT CREIGHTON	REVELSTOKE	442	M35-39	46:24:00	8:48	5:28	17
8	102	ANDRE CARELSE	SALMON ARM	1135	M35-39	54:29:00	10:19	6:25	16

M AGE GROUP 40 - 44

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	2	TREVOR HAAHEIM	KELOWNA	1116	M40-44	32:17:00	6:07	3:48	30
2	9	BRIAN MAY	SALMON ARM	1122	M40-44	35:16:00	6:41	4:09	25
3	40	ROB HART	SALMON ARM	1102	M40-44	42:28:00	8:03	5:00	22
4	42	BRAD CALKINS	SALMON ARM	1106	M40-44	42:44:00	8:06	5:02	20
5	52	JAMES LEVINS	SALMON ARM	1138	M40-44	43:50:00	8:18	5:10	19
6	89	CAM ROBERTSON	KELOWNA	1128	M40-44	51:05:00	9:41	6:01	18
7	90	TREVOR EMBLETON	FALKLAND	1105	M40-44	51:08:00	9:41	6:01	17

M AGE GROUP 45 - 49

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	6	GARY WADE	KELOWNA	1131	M45-49	34:27:00	6:32	4:04	30
2	19	DARREN DEROCHIE	VERNON	1111	M45-49	37:57:00	7:12	4:28	25
3	47	RICHARD BRITTIN	REVELSTOKE	1157	M45-49	43:00:00	8:09	5:04	22

M AGE GROUP 50 - 54

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	32	MIKE BROWN	ARMSTRONG	1156	M50-54	40:43:00	7:43	4:48	30
2	37	ROBERT HAUTALA	KELOWNA	1123	M50-54	41:45:00	7:55	4:55	25
3	51	ROBERT ELLIOTT	REVELSTOKE	1121	M50-54	43:41:00	8:17	5:09	22
4	95	MARKUS HEINRICHS	KELOWNA	1124	M50-54	53:06:00	10:04	6:15	20

M AGE GROUP 55 - 59

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	55	MIKE MCGRATH	VERNON	1132	M55-59	44:14:00	8:23	5:13	30

M AGE GROUP 60 - 64

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	26	PHIL WALLENSTEEN	SALMON ARM	1113	M60-64	40:11:00	7:37	4:44	30
2	39	ROLY MULLER	KELOWNA	1103	M60-64	42:13:00	8:00	4:58	25
3	56	RICHARD SIM	CANOE	1115	M60-64	44:37:00	8:27	5:15	22
4	68	GERRY BRENEMAN	VERNON	1140	M60-64	47:38:00	9:02	5:37	20
5	86	ROB SAVAGE	SALMON ARM	1120	M60-64	50:53:00	9:39	6:00	19
6	107	MELVIN DOHERTY	KAMLOOPS	1127	M60-64	55:16:00	10:28	6:31	18

M AGE GROUP 65 - 69

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	63	TEDDY BOYKO	KELOWNA	1159	M65-69	46:23:00	8:47	5:28	30
2	65	DUNCAN MORRIS	SALMON ARM	431	M65-69	46:27:00	8:48	5:28	25
3	88	KEITH BURTON	WEST KELOWNA	1125	M65-69	51:01:00	9:40	6:01	22

M AGE GROUP 70 - 74

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
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M AGE GROUP 75 - 79

Place	O'All	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	114	GUENTER NAUMANN	OKANAGAN FALLS	1141	M75-79	58:48:00	11:08	6:56	30
2	120	BRUCE BUTCHER	KAMLOOPS	1109	M75-79	1:03:06	11:57	7:26	25