

The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Girls 200 Metre Dash Elementary****18 Advance: Top 1 Each Heat plus Next 8 Best Times**

Sponsor: The Running Room

Meet: # 27.50 1985-03-05 Monica Highbough, Pollard Meadows

Name	Age	Team	Prelims	Qtrs	H#
Quarter-Finals					
1	Journi Thompson	St. Elizabeth	31.92	30.36Q	2
2	Yllana Estillore	Aldergrove	31.08	30.68Q	10
3	Azaria Plouffe	Greenfield	31.23	30.72Q	9
4	Cady Blair	Keheewin	31.28	30.76Q	8
5	Ella Murphy	Mount Royal	31.70	30.77Q	5
6	Ava Weeks	Keenooshayo	31.54	30.98Q	7
7	Emily Li	Windsor Park	32.20	31.22Q	1
8	Maya Bezubiak	St. Mary's Edmonton	31.83	31.47Q	3
9	Julia Rouleau	Bessie Nichols	31.64	31.59Q	6
10	Reaghan Rajotte	Centennial Edmonton	31.80	31.65Q	4
11	Yaren Kelles	Bessie Nichols	32.49	31.66q	4
12	Whitney Lafayette	Crawford Plains	32.93	31.84q	7
13	Mia Ayobahan	Centennial Edmonton	32.38	31.92q	3
14	Brigitte Olson	Earl Buxton	32.79	32.19q	3 32.184
15	Grace Maradash	Greystone Cent.	32.41	32.19q	4 32.188
16	Anna Portas	Wye	32.37	32.29q	2
17	Helena Linklater	Gold Bar	32.36	32.40q	1
18	Teagan Turnbull	Forest Heights	33.70	32.57q	8
19	Samantha Rae	Bessie Nichols	32.81	32.77	6
20	Sydney Beaudin	Westboro	33.40	32.79	3
21	Marie-Ange Lapointe	La Mission	32.94	32.82	8
22	Josephine Plitt	Notre Dame Leduc	33.58	32.84	9
23	Brooke McBride	Camilla	32.72	32.89	5
24	Maade Okei	Elmer S. Gish	33.34	32.90	2
25	Julia Daus	A. Blair McPherson	32.94	32.92	1
26	Sara Kosh	Earl Buxton	33.20	32.98	10
27	Eyram Kpogo	St. Stanislaus	33.96	32.99	9
28	Averi Chan	Grandview Heights	33.68	33.05	6
29	Aria Best	Riverview	32.83	33.09	2
30	Sara Liden	Holy Cross	34.20	33.26	4
31	Kyra Osztovits	Forest Heights	33.97	33.28	10
32	Maya Serdachny	Greenfield	33.48	33.29	4
33	Mikayla Poehl	George H. Luck	34.09	33.31	8
34	Toni Gordon	George H. Luck	33.01	33.47	1
35	Alyssa Wong	Elmer S. Gish	34.01	33.62	9
36	Sophia Hansen	Millwoods Christian	34.11	33.63	6
37	Mallory Eglauer	Elmer S. Gish	34.18	33.64	7
38	Natalie Wong	Greenfield	34.10	33.70	7
39	Ella Floyd	Sakaw	34.72	33.74	9 33.740
39	Payton Spencer	Crawford Plains	33.55	33.74	5 33.740
41	Kayla Bach	Esther Starkman	33.99	33.86	10 33.853
42	Stephanie Toews	Robert Rundle	34.41	33.86	3 33.854



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Girls 200 Metre Dash Elementary**

43	Abagayle Guezen	Brentwood	34.22	33.86	3	33.859
44	Evelyn McCorquodale	Aurora Edmonton	34.34	33.87	1	
45	Charlie Broughton	St. Patrick Camrose	33.50	33.88	10	
46	Wiktorija Jurkiewicz	Aldergrove	34.36	33.91	1	33.904
47	Chloe Riesen-Savard	Holy Cross	34.31	33.91	6	33.909
48	Sabrina Perkis	Aurora Edmonton	34.47	33.92	6	
49	Maya McCaffery	Our Lady of Mt C	34.12	33.97	5	
50	Randi Kormish	Sturgeon Heights	33.70	34.04	7	
51	Anika Slaferrek	St. Mary's Edmonton	34.44	34.09	5	
52	Vanessa Zietek	Riverview	34.30	34.16	2	
53	Peyton Schroter	Westboro	34.40	34.25	2	
54	Chiara DeBernardi	Clara Tyner	34.43	34.31	4	
55	Charlotte Kaluza	Riverview	34.61	34.54	7	
56	Kimora Dixon-Mah	Meyokumin	34.72	35.43	10	
57	Sydney Schwabe	Westboro	34.72	36.02	8	
58	Alice Mony	John A. McDougall	37.46	38.68	5	
--	Flora Nguyen	CharlieKillamCam	33.20	DQ	9	out of lane

Girls 200 Metre Dash Elementary**6 Advance: Top 1 Each Heat plus Next 3 Best Times**

Sponsor: The Running Room

Meet: # 27.50 1985-03-05 Monica Highbough, Pollard Meadows

Name	Age Team	Qtrs	Semis	H#
Semi-Finals				
1	Yllana Estillore	Aldergrove	30.68	29.97Q 2
2	Journi Thompson	St. Elizabeth	30.36	30.43Q 3
3	Cady Blair	Keheewin	30.76	30.99Q 1
4	Ella Murphy	Mount Royal	30.77	30.03q 2
5	Ava Weeks	Keenooshayo	30.98	30.74q 3
6	Emily Li	Windsor Park	31.22	30.91q 3
7	Azaria Plouffe	Greenfield	30.72	31.10 1
8	Maya Bezubiak	St. Mary's Edmonton	31.47	31.37 2
9	Julia Rouleau	Bessie Nichols	31.59	31.70 1
10	Reaghan Rajotte	Centennial Edmonton	31.65	32.14 1
11	Anna Portas	Wye	32.29	32.64 1
12	Grace Maradash	Greystone Cent.	32.19	32.76 1
13	Yaren Kelles	Bessie Nichols	31.66	32.94 2
14	Brigitte Olson	Earl Buxton	32.19	33.12 2
15	Teagan Turnbull	Forest Heights	32.57	33.26 3
16	Whitney Lafayette	Crawford Plains	31.84	33.28 3
17	Mia Ayobahan	Centennial Edmonton	31.92	33.42 3
18	Helena Linklater	Gold Bar	32.40	33.66 2



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Girls 200 Metre Dash Elementary**

Sponsor: The Running Room

Meet: # 27.50 1985-03-05 Monica Highbough, Pollard Meadows

Name	Age Team	Semis	Finals
Finals			
1 Yllana Estillore	Aldergrove	29.97	30.03
2 Journi Thompson	St. Elizabeth	30.43	30.15
3 Ella Murphy	Mount Royal	30.03	30.60
4 Ava Weeks	Keenooshayo	30.74	30.90
5 Cady Blair	Keheewin	30.99	30.99
6 Emily Li	Windsor Park	30.91	31.03

Girls 800 Metre Run Elementary**10 Advance: Top 1 Each Heat plus Next 6 Best Times**

Pat Munro Memorial

Meet: # 2:26.90 2015-02-23 Sadie Sigfstead, Windsor Park

Name	Age Team	Prelims	Semis	H#
Semi-Finals				
1 Aluel Uguak	St. Elizabeth	2:38.07	2:35.46Q	4
2 Shea Koebel	Earl Buxton	2:47.54	2:43.29Q	1
3 Layla McCaffery	Our Lady of Mt C	2:45.44	2:44.67Q	3
4 Taylar Brown	Broxton Park	2:46.61	2:47.38Q	2
5 Kenna Bole	Leduc Estates	2:38.75	2:40.18q	4
6 Julianna Chipiuk	Bellevue	2:47.47	2:46.79q	1
7 Ella Ross	Corinthia Park	2:49.93	2:49.29q	3
8 Izzy Spink	Greystone Cent.	2:55.24	2:49.58q	1
9 Paytyn Wood	Broxton Park	3:03.08	2:52.46q	1
10 Cailey Jacobs	Westboro	3:08.57	2:54.22q	1
11 Alexa Kropp	Westboro	3:01.62	2:54.33	3
12 Kennedy Chiles	Greenfield	2:57.69	2:54.86	3
13 Holly Pouget	Greystone Cent.	3:01.16	2:55.45	4
14 Hannah Harper	George H. Luck	2:55.70	2:55.62	2
15 Jenaya Francis	Earl Buxton	2:57.25	2:56.16	1
16 Thea McDougald	Windsor Park	2:58.95	2:56.38	3
17 Faith Taylor	CharlieKillamCam	2:54.92	2:56.46	2
18 Kia Easton	CharlieKillamCam	2:57.73	2:56.53	2
19 Katie Krukowski	Camilla	3:02.26	2:57.98	1
20 Erika Slade	Esther Starkman	2:58.17	2:59.67	4
21 Tennessee Tanner	John A. McDougall	3:05.02	3:01.12	4
22 Erika Lind	Lansdowne	3:04.47	3:02.69	4
23 Ella Kern	Meridian Heights	3:10.11	3:04.97	3
24 Madison Hoyme	St. Patrick Camrose	3:04.03	3:05.55	2
25 Dannan Leblanc	Greenfield	3:06.03	3:06.13	2
26 Emma Besko	LaPerle	3:02.13	3:06.39	2
27 Verity Fex	St. Stanislaus	3:15.77	3:06.81	2
28 Dhani Sloan	Riverview	3:10.99	3:08.93	4



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Girls 800 Metre Run Elementary

29	Lauren Ross	Esther Starkman	3:15.97	3:09.33	4
30	Kaitlyn Rouleau	Bessie Nichols	3:07.24	3:09.51	1
31	Peleani Forchuk	Riverview	3:09.60	3:11.52	2
32	Riley Fuchs	Lendrum	3:12.62	3:13.28	1
33	Eve Starchuk	Camilla	3:11.50	3:13.89	2
34	Navreet Bajwa	A. Blair McPherson	3:15.89	3:17.52	3
35	Julianne Burlet	Holy Cross	3:11.39	3:19.55	3
36	Abbey Oviatt	Bessie Nichols	3:14.67	3:19.57	1
--	Taylor Young	Holy Cross	3:10.43	DNS	4
--	Kaiden Thorpe	Brentwood	3:05.62	DNS	3
--	Sabine Gross	Gold Bar	3:04.21	DNS	3
--	Erin Higa	George H. Luck	2:59.64	DNS	4

Girls 800 Metre Run Elementary

Pat Munro Memorial

Meet: # 2:26.90 2015-02-23 Sadie Sigfstead, Windsor Park

Name	Age	Team	Semis	Finals
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Finals

1	Aluel Uguak	St. Elizabeth	2:35.46	2:34.08
2	Kenna Bole	Leduc Estates	2:40.18	2:36.65
3	Layla McCaffery	Our Lady of Mt C	2:44.67	2:39.90
4	Shea Koebel	Earl Buxton	2:43.29	2:44.42
5	Julianna Chipiuk	Bellevue	2:46.79	2:46.49
6	Ella Ross	Corinthia Park	2:49.29	2:48.93
7	Taylor Brown	Broxton Park	2:47.38	2:49.25
8	Izzy Spink	Greystone Cent.	2:49.58	2:56.57
9	Cailey Jacobs	Westboro	2:54.22	3:01.68
10	Paytyn Wood	Broxton Park	2:52.46	3:11.16

Girls 8x200 Metre Relay Elementary

24 Advance: Top 1 Each Heat plus Next 14 Best Times

Sponsor: The Running Room

Heat 1 in Final Round: Consolation Final (8:10 p.m.)

Heat 2 in Final Round: Medal Final (8:40 p.m.)

Meet: # 4:12.00 2005-03-12 Centennial

Team	Prelims	Qtrs	H#
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Quarter-Finals

1	Michael A. Kostek	4:18.20	4:17.00Q	1
2	Neil M. Ross	4:31.20	4:21.00Q	7
3	Barrhead	4:22.00	4:22.10Q	2
4	Muriel Martin	4:29.90	4:26.10Q	5
5	J.J. Nearing	4:34.60	4:27.80Q	10
6	Charlie Killam-Camrose	4:35.10	4:28.20Q	9
7	Bertha Kennedy	4:37.50	4:29.50Q	3



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Girls 8x200 Metre Relay Elementary**

8 Wye	4:30.10	4:30.00Q	6
8 Sir Alexander Mackenzie	4:28.90	4:30.00Q	4
10 Major General Griesbach	4:47.70	4:42.00Q	8
11 Lakeland Ridge	4:30.70	4:29.90q	1
12 Greenfield	4:36.80	4:30.80q	5
13 Parkview	4:41.60	4:31.00q	2
14 Elizabeth Finch	4:37.50	4:31.30q	2
15 Monsignor William Irwin	4:36.90	4:32.60q	4
16 Clear Vista	4:36.20	4:35.20q	7
17 Sir Alexander Mackenzie 'B'	4:40.50	4:35.40q	3
18 Keheewin	4:36.40	4:36.10q	6
19 Broxton Park	4:39.20	4:36.50q	1
19 Wes Hosford	4:43.70	4:36.50q	6
21 Earl Buxton	4:26.40	4:36.60q	3
22 Edmonton Christian West	4:33.50	4:37.10q	9
23 Lilian Schick	4:48.10	4:37.50q	9
24 Westlock	4:44.40	4:38.70q	6
25 St. Paul Edmonton	4:43.30	4:39.20	4
26 Muriel Martin 'B'	4:38.20	4:40.20	2
26 Meyonohk	4:42.80	4:40.20	3
26 Westboro	4:42.80	4:40.20	5
29 Johnny Bright	4:34.40	4:40.30	10
30 McLeod	4:47.90	4:42.20	6
30 George P. Nicholson	4:42.80	4:42.20	4
32 Bessie Nichols 'B'	4:48.40	4:42.30	10
33 Marie Poburan	4:44.40	4:43.10	7
34 St. Mary's Edmonton	4:45.10	4:43.50	9
35 Steinhauer	4:54.00	4:44.10	9
36 St. Thomas Aquinas 'B'	4:48.60	4:44.40	5
37 Westglen	4:43.90	4:44.60	5
38 Meadowlark	4:59.30	4:44.90	5
39 Keenooshayo	4:48.60	4:45.40	4
40 Fultonvale	4:47.00	4:46.90	7
41 Holy Cross	4:49.60	4:47.00	2
42 Michael A. Kostek 'B'	4:41.50	4:47.10	1
43 Vital Grandin	4:47.30	4:47.40	9
44 Rio Terrace	4:47.40	4:47.90	8
45 Elmer Elson	4:54.80	4:48.00	7
46 Camilla	4:45.50	4:48.30	10
47 Blueberry	4:54.90	4:50.70	6
48 Neil M. Ross 'B'	4:49.00	4:50.90	3
49 Evergreen	5:02.10	4:55.20	4
50 Ronald Harvey	4:45.00	4:55.70	8
51 Graminia	4:54.50	4:56.00	8
52 St. Matthew	4:47.30	4:56.30	10
53 Brentwood	4:52.20	4:56.80	10
54 Elizabeth Finch 'B'	4:47.70	5:00.20	7
55 Crawford Plains	5:02.20	5:00.50	3



The Running Room
INDOOR GAMES



Ellis Timing



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Girls 8x200 Metre Relay Elementary

56 Kensington	5:02.60	5:02.00	2
-- Victoria 'C'	4:31.40	DNF	8
-- Centennial Edmonton	4:35.10	DQ	8 interference
-- Albert Lacombe 'B'	5:04.10	DNS	1

Girls 8x200 Metre Relay Elementary

12 Advance: Top 1 Each Heat plus Next 8 Best Times

Sponsor: The Running Room

Heat 1 in Final Round: Consolation Final (8:10 p.m.)

Heat 2 in Final Round: Medal Final (8:40 p.m.)

Meet: # 4:12.00 2005-03-12 Centennial

Team	Qtrs	Semis	H#
Semi-Finals			
1 Michael A. Kostek	4:17.00	4:16.73Q	1
2 Neil M. Ross	4:21.00	4:18.97Q	2
3 Barrhead	4:22.10	4:19.77Q	3
4 J.J. Nearing	4:27.80	4:21.82Q	4
5 Muriel Martin	4:26.10	4:22.45q	4
6 Wye	4:30.00	4:25.42q	1
7 Sir Alexander Mackenzie	4:30.00	4:25.96q	1
8 Elizabeth Finch	4:31.30	4:26.63q	2
9 Victoria		4:30.37q	4
10 Lakeland Ridge	4:29.90	4:30.58q	4
11 Charlie Killam-Camrose	4:28.20	4:30.71q	3
12 Greenfield	4:30.80	4:31.07q	4
13 Parkview	4:31.00	4:32.25	3
14 Centennial Edmonton		4:32.29	3
15 Monsignor William Irwin	4:32.60	4:32.92	1
16 Bertha Kennedy	4:29.50	4:33.62	2
17 Lilian Schick	4:37.50	4:36.64	2
18 Broxton Park	4:36.50	4:37.22	3
19 Sir Alexander Mackenzie 'B'	4:35.40	4:37.33	3
20 Wes Hosford	4:36.50	4:37.95	4
21 Major General Griesbach	4:42.00	4:38.00	2
22 Clear Vista	4:35.20	4:38.67	2
23 Keheewin	4:36.10	4:38.82	4
24 Westlock	4:38.70	4:40.02	1
25 Edmonton Christian West	4:37.10	4:40.35	1
26 Earl Buxton	4:36.60	4:45.72	3



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Girls 8x200 Metre Relay Elementary**

Sponsor: The Running Room

Heat 1 in Final Round: Consolation Final (8:10 p.m.)

Heat 2 in Final Round: Medal Final (8:40 p.m.)

Meet: # 4:12.00 2005-03-12 Centennial

Team	Semis	Finals	H#
Finals			
1 Michael A. Kostek	4:16.73	4:12.36	2
2 Barrhead	4:19.77	4:16.09	2
3 Neil M. Ross	4:18.97	4:20.20	2
4 J.J. Nearing	4:21.82	4:23.98	2
5 Sir Alexander Mackenzie	4:25.96	4:24.53	1
6 Wye	4:25.42	4:25.24	2
7 Muriel Martin	4:22.45	4:25.73	2
8 Charlie Killam-Camrose	4:30.71	4:27.82	1
9 Victoria	4:30.37	4:29.31	1
10 Elizabeth Finch	4:26.63	4:29.32	1
11 Greenfield	4:31.07	4:30.80	1
12 Lakeland Ridge	4:30.58	4:30.91	1

Girls Long Jump Elementary

There will be a one-metre take-off area.

The athlete's take-off point is eyeballed; the athlete's jump will be measured to that point.

Meet: # 4.40m 2012-03-17 Andrea Jokic, Donnan

Name	Age	Team	Prelims	Finals
1 Karen Mah		Michael A. Kostek	4.39m	4.23m
4.23m 4.13m 4.02m 4.22m 4.23m 4.01m				
2 Charlize Ostapowich		Michael Strembitsky	4.04m	4.20m
4.15m 4.20m 4.19m 4.09m 4.13m 4.19m				
3 Adele Belanger		La Mission	4.00m	3.98m
3.84m 3.82m 3.98m 1.55m 3.37m 3.00m				
4 Hailey Ross		Westglen	3.89m	3.88m
3.87m 3.88m 3.73m 3.64m 3.65m 3.77m				
5 Hudsyn Horn		Our Lady of Mt C	3.71m	3.84m
3.62m 3.80m 3.80m 3.70m 3.84m 3.75m				
6 Livia Babin		Camilla	3.53m	3.72m
3.72m 3.49m 3.43m 3.40m 3.51m 3.33m				
7 Elise Stime		Brentwood	3.60m	3.53m
3.51m 3.50m 3.53m 3.01m 3.32m 3.47m				
8 Ayla Wong		Lansdowne	3.52m	3.33m
3.33m 3.25m 3.13m 3.23m 3.26m 3.33m				



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Women 28-99 200 Metre Dash Masters**

Meet: # 27.27 2013-03-16 Susan Augustson, Edm. Columbians

Name	Age Team	Seed	Finals
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1	Lori Hudson	MacTrack	32.51
2	Nikki Swinton	Edmonton Masters	36.52
3	Lucille Burton	Edmonton Masters	38.36
4	Rhonda Hamilton	Edmonton Columbians	40.87
5	Bettie McQuarrie	Edmonton Masters	1:06.11

Women 800 Metre Run Isaak Invite

Isaak's Invitational Eight

Special thanks to: Running Room, Edmonton Thunder, Snyder & Co,
The Kent Family, Edmonton Track and Field Council, and
Ellis Timing Canada.

Meet: # 2:10.61 2015-03-14 Jenna Westaway, Brooks RunningCA

Name	Age Team	Seed	Finals
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1	Vanessa Trofimenkoff	MacTrack	2:12.90	2:13.02
2	Hannah Leggatt	MacTrack	2:17.26	2:14.73
3	Gloria Kanuka	U of C Athletics	2:12.50	2:16.03
4	Emma Neigel	Caltaf	2:11.00	2:19.20
5	Nicole Soderberg	Legacy Athletics	2:11.88	2:19.24
6	Shari Boyle	Unattached Alberta	2:18.00	2:19.36
7	Bella Gustin	U of A	2:18.00	2:21.47
8	Carly O'Sullivan	U of A	2:18.00	2:22.59
9	Jessica Van Mulligan	U of A	2:18.00	2:24.01
10	Maissa Sabourin	MacTrack	2:28.00	2:26.54

Women 35-99 1 Mile Run Masters 35+

Sponsor: Athletics Alberta

Meet: # 5:31.70 2005-03-12 Tracy Romans (36)

Name	Age Team	Seed	Finals
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1	Helly Visser	Calgary Roadrunners	9:36.86
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Women 200 Metre Dash Junior High**18 Advance: Top 1 Each Heat plus Next 12 Best Times**

Sponsor: The Running Room

Meet: # 25.10 1987-03-15 Cheryl Allen, D.S. MacKenzie

Name	Age Team	Prelims	Qtrs	H#
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Quarter-Finals

1	Allie Ruptash	Riverbend	27.51	27.40Q	1
2	Riley Andrucho	Sir George Simpson	28.51	27.76Q	3
3	Annie Petterson	Tomahawk	28.44	27.81Q	2



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4	Jenna Sand	Our Lady M.Pleas	28.88	28.86Q	5
5	Hannah Perry	Laurier Heights	28.80	28.88Q	4
6	Guia Gomez	Our Lady M.Pleas	30.06	29.66Q	6
7	Sydney Cudmore	Riverbend	28.87	28.33q	1
8	Taylor Schultz	Camrose	29.44	28.91q	3
9	Kendra McCormick	Leduc Junior High	29.35	29.07q	2
10	Kimberly Littig	MeadowlarkChrist	29.94	29.20q	4
11	Teagan Toker	Namao	29.61	29.48q	4
12	Dina Kuku	Westlawn	30.13	29.67q	2
13	Anna Francis	D.S. MacKenzie	30.04	29.72q	3
14	Surain He	Aurora Edmonton	30.64	29.92q	2
15	Janaiya Moore	CharlieKillamCam	30.52	30.02q	2
16	Marin Parranto	Holy Spirit SP	30.60	30.50q	1
17	Alexanne Hall	Joseph Moreau	30.38	30.52q	3
18	Gilda Kusi	Spruce Avenue	30.05	30.62q	6
19	Kennedy Taylor	Our Lady M.Pleas	30.09	30.69	5 30.686
20	Abbey Buchanan	Avalon	31.06	30.69	3 30.688
21	Jade Gauvin	Holy Cross	31.02	30.76	4
22	Madison Coles	M Fee Otterson	30.34	30.87	4
23	Ashley Ewing	Ardrossan JrSr H	30.85	30.91	6
24	Maya Ramsahoye	Wainwright	30.99	31.06	5
25	Anne-Marie Katallah	MeadowlarkChrist	30.82	31.10	6
26	Gabrielle Wafer	Holy Cross	31.18	31.28	1
27	Taryn Wolanski	Greystone Cent.	30.75	31.43	4
28	Kalysten Kroonen	Leduc Junior High	30.77	31.84	5
29	Alice Smith	St. Rose	30.68	32.63	3
30	Sarah Mutenda	Spruce Avenue	31.12	32.66	2
--	Christy Xie	Avalon	28.90	DNS	1
--	Candace Fairclough-Jones	D.S. MacKenzie	28.98	DNS	6
--	Bianka Granados	Westminster	29.61	DNS	5
--	Daelynn Kew	St. PeterApostle	29.43	DNS	6
--	Sophie Davidson	St. PeterApostle	30.57	DNS	1
--	Rian Santos	St. Rose	29.92	DNS	5

Women 200 Metre Dash Junior High**6 Advance: Top 1 Each Heat plus Next 3 Best Times**

Sponsor: The Running Room

Meet: # 25.10 1987-03-15 Cheryl Allen, D.S. MacKenzie

Name	Age	Team	Qtrs	Semis	H#
Semi-Finals					
1	Allie Ruptash	Riverbend	27.40	27.38Q	1
2	Annie Petterson	Tomahawk	27.81	27.68Q	3
3	Riley Andrucho	Sir George Simpson	27.76	27.98Q	2
4	Jenna Sand	Our Lady M.Pleas	28.86	28.30q	3
5	Hannah Perry	Laurier Heights	28.88	28.59q	2
6	Taylor Schultz	Camrose	28.91	28.83q	2 28.823



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Women 200 Metre Dash Junior High

7	Sydney Cudmore	Riverbend	28.33	28.83	1	28.825
8	Teagan Toker	Namao	29.48	29.70	2	29.691
8	Kendra McCormick	Leduc Junior High	29.07	29.70	3	29.691
10	Guia Gomez	Our Lady M.Pleas	29.66	29.88	1	
11	Kimberly Littig	MeadowlarkChrist	29.20	29.94	3	
12	Surain He	Aurora Edmonton	29.92	30.23	2	
13	Alexanne Hall	Joseph Moreau	30.52	30.70	2	
14	Marin Parranto	Holy Spirit SP	30.50	30.82	3	
15	Janaiya Moore	CharlieKillamCam	30.02	30.94	3	
16	Gilda Kusi	Spruce Avenue	30.62	31.40	1	
--	Anna Francis	D.S. MacKenzie	29.72	DNS	1	
--	Dina Kuku	Westlawn	29.67	DNS	1	

Women 200 Metre Dash Junior High

Sponsor: The Running Room

Meet: # 25.10 1987-03-15 Cheryl Allen, D.S. MacKenzie

Name	Age	Team	Semis	Finals
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Finals

1	Allie Ruptash	Riverbend	27.38	27.09
2	Annie Petterson	Tomahawk	27.68	27.31
3	Riley Andrucho	Sir George Simpson	27.98	27.55
4	Jenna Sand	Our Lady M.Pleas	28.30	28.69
5	Hannah Perry	Laurier Heights	28.59	28.70
6	Taylor Schultz	Camrose	28.83	29.39

Women 800 Metre Run Junior High

10 Advance: Top 1 Each Heat plus Next 7 Best Times

Sponsor: The Running Room

Meet: # 2:14.10 2014-03-15 Sophie Sigfstead, Crestwood

Name	Age	Team	Prelims	Semis	H#
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Semi-Finals

1	Candace Wonago	Parkview	2:22.17	2:20.70Q	1
2	Sadie Sigfstead	Avalon	2:21.91	2:31.67Q	3
3	Olivia Cooper	Allendale	2:21.91	2:34.21Q	2
4	Chloe Palmer	Hardisty	2:20.53	2:27.64q	1
5	Chanelle Bauer	CharlieKillamCam	2:33.07	2:32.40q	3
6	Julia Lovson	St. PeterApostle	2:35.36	2:34.30q	2
7	Calais Irwin	Riverbend	2:31.63	2:34.90q	2
8	Tiana Martyniuk	Riverbend	2:39.47	2:35.97q	1
9	Kate Valentine	J.H. Picard	2:40.10	2:37.11q	1
10	Reagan Lind	McKernan	2:35.00	2:37.36q	3
11	Asia Kern	Meridian Heights	2:39.15	2:40.97	1
12	Julia McGhan	StrathconaChrist	2:45.90	2:42.09	3
13	Megan Peterson	Greystone Cent.	2:48.03	2:45.66	2



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Women 800 Metre Run Junior High**

14 Emily Duxbury	Avalon	2:48.19	2:47.62	1
15 Maksi Pallas	Ardrossan JrSr H	2:54.16	2:50.16	1
16 Sarah Hrustic	Allendale	2:52.47	2:53.20	3
17 Hailey Bowhay	Avalon	2:52.94	2:54.76	3
18 Sidney Cusack	Our Lady M.Pleas	2:50.29	2:54.99	1
19 Anwyn Neraasen	Sir George Simpson	2:51.96	2:57.24	3
20 Karissa Riley	Avalon	2:57.85	2:59.18	2
21 Heather Clarke	St. Rose	2:57.14	2:59.41	3
22 Rylee Scheck	Our Lady M.Pleas	2:57.26	3:01.35	3
-- Hannah Zajic	Wainwright	2:58.21	DNS	1
-- Ashlie Griffith	Wainwright	2:52.10	DNS	2
-- Lauren Murray	Elmer S. Gish	2:36.23	DNS	3
-- Sydney George	St. PeterApostle	2:54.04	DNS	2
-- Emily Nelson	Crestwood	2:55.16	DNS	2
-- Gabriella Scaman	Holy Cross	2:36.23	DNS	2

Women 800 Metre Run Junior High

Sponsor: The Running Room

Meet: # 2:14.10 2014-03-15 Sophie Sigfstead, Crestwood

Name	Age Team	Semis	Finals
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Finals

1 Chloe Palmer	Hardisty	2:27.64	2:17.72
2 Candace Wonago	Parkview	2:20.70	2:19.28
3 Sadie Sigfstead	Avalon	2:31.67	2:20.63
4 Julia Lovson	St. PeterApostle	2:34.30	2:26.84
5 Chanelle Bauer	CharlieKillamCam	2:32.40	2:27.45
6 Calais Irwin	Riverbend	2:34.90	2:33.56
7 Tiana Martyniuk	Riverbend	2:35.97	2:36.04
8 Kate Valentine	J.H. Picard	2:37.11	2:36.95
9 Reagan Lind	McKernan	2:37.36	2:51.08
-- Olivia Cooper	Allendale	2:34.21	DNF

Women 8x200 Metre Relay Junior High**6 Advance: Top 1 Each Heat plus Next 3 Best Times**

Sponsor: The Running Room

Meet: # 3:44.60 2013-03-16 Lorne Akins

Team	Prelims	Semis	H#
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Semi-Finals

1 Riverbend	3:53.60	3:54.00Q	1
2 Lorne Akins	3:58.70	3:57.60Q	2
3 Lilian Schick	4:09.00	4:05.50Q	3
4 St. Peter the Apostle	4:07.60	4:05.70q	2
5 R.F. Staples	4:10.50	4:06.50q	2
6 Riverbend 'B'	4:07.90	4:06.60q	1



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Women 8x200 Metre Relay Junior High

7	S. Bruce Smith	4:00.00	4:06.90	3
8	Lorne Akins 'B'	4:08.00	4:08.40	2
9	R.S. Fowler	4:11.60	4:08.50	1
10	St. Rose	4:13.40	4:10.90	1
11	Avalon	4:09.80	4:11.60	3
12	Father Michael Troy	4:14.30	4:11.90	2
13	Johnny Bright	4:19.10	4:13.40	1
14	Leduc Junior High	4:20.80	4:13.80	1
14	D.S. MacKenzie	4:05.80	4:13.80	3
16	Greystone Centennial	4:17.60	4:18.00	3
17	R.S. Fowler 'B'	4:20.60	4:18.50	2
18	Westminster	4:18.70	4:19.80	3

Women 8x200 Metre Relay Junior High

Sponsor: The Running Room

Meet: # 3:44.60 2013-03-16 Lorne Akins

Team	Semis	Finals
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Finals

1	Riverbend	3:54.00	3:53.41
2	Lorne Akins	3:57.60	3:53.56
3	Riverbend 'B'	4:06.60	4:06.28
4	Lilian Schick	4:05.50	4:07.04
5	R.F. Staples	4:06.50	4:09.45
6	S. Bruce Smith	4:06.90	4:15.00

Women 200 Metre Dash Senior High

Sponsor: The Running Room

Province: ! 23.93 1998-02-21 Atia Weekes (1980), CITC; Pocatello, I

Meet: # 25.01 2010-03-20 Leah Walkeden, Ardrossan Jr/Sr High

Name	Age	Team	Prelims	Finals
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1	GRACIA MUAMBA	Holy Trinity	25.74	25.74
2	Anesi Anyia	Arch. MacDonald	26.28	25.91
3	Grace Konrad	Harry Ainlay	26.03	26.10
4	Jasmine Hill-Durand	Ross Sheppard	26.39	26.20
5	Tatyjania Khounviseth	Strathcona	26.37	26.23
6	Kiara Tan	Lillian Osborne	25.93	26.33



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Women 800 Metre Run Senior High**

Sponsor: The Running Room

Province: ! 2:06.8h 1974-02-09 Linda Halverson (1954), CS; Edmonton

Meet: # 2:11.70 1997-03-15 Tanya Wright, Beaumont Composite

Name	Age Team	Prelims	Finals
1 Ginelle Demone	Leduc Composite	2:21.23	2:15.26
2 Nikita Case	Ardrossan JrSr H	2:21.70	2:18.28
3 Kaitlin Swartz	Lacombe Composite	2:25.43	2:20.64
4 Danae Keddie	Ross Sheppard	2:26.46	2:21.14
5 Paige Patterson	Archbishop O'Leary	2:24.45	2:22.72
6 Felicity Hik	Strathcona	2:25.71	2:24.28
7 Nicole Martynuik-Pombert	Mother Margaret	2:32.32	2:29.34
8 Jasmine Feddema	Mother Margaret	2:31.34	2:29.58
9 Daniella Wasielewski	Lillian Osborne	2:32.52	2:29.74
10 Emma Steele	Vimy Ridge Academy	2:31.86	2:31.11

Women 8x200 Metre Relay Senior High

Sponsor: The Running Room

Meet: # 3:37.85 2006-03-18 Strathcona Composite

Team	Seed	Finals
1 Strathcona		3:45.53
2 Paul Kane		3:50.44
3 Ross Sheppard 'B'		3:53.38
4 Harry Ainlay		3:53.74
5 Strathcona 'B'		4:04.72
6 Ross Sheppard		4:24.72

Boys 200 Metre Dash Elementary**18 Advance: Top 1 Each Heat plus Next 8 Best Times**

Sponsor: The Running Room

Meet: # 26.50 1992-03-15 Chris Griffith, Grace Martin

Name	Age Team	Prelims	Qtrs	H#
Quarter-Finals				
1 Cornelious Glasgow	Lansdowne	29.46	28.91Q	9
2 Alan Aburto	Aldergrove	31.02	29.02Q	1
3 Daniel Kidd	J.A. Fife	29.09	29.44Q	10
4 Alex Bischof	Earl Buxton	30.05	29.50Q	4
5 Ewan McPherson	Riverdale	29.92	29.52Q	7
6 Brett Harper	Brentwood	30.87	29.72Q	2
7 Joel Obazee	M William Irwin	29.81	29.92Q	8
8 Daniel Mercado	Elmer S. Gish	30.37	30.01Q	5
9 Kyle Turnbull	Forest Heights	30.20	30.02Q	3
10 Rhett Melnyk	Win Ferguson	30.00	30.51Q	6
11 Luke Dawson	Holyrood	30.57	30.10q	2



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Boys 200 Metre Dash Elementary**

12	Hotaro Masuda	Keheewin	30.44	30.34q	4	
13	Tyler Knox	ArchbishopJoseph	30.99	30.69q	1	
14	Brent Harper	Brentwood	31.42	30.75q	1	
15	Daniel Ogbouma	Sakaw	32.32	31.14q	9	
16	Zia Mukhi	Aurora Edmonton	32.64	31.25q	8	
17	Jameson Kiezik	Graminia	31.86	31.36q	4	
18	Luke Cannon	Our Lady of Mt C	32.58	31.51q	9	
19	Walee Abdallah	Meyokumin	31.44	31.55	1	31.541
20	Jake Pretula	Forest Heights	32.50	31.55	10	31.542
21	Jomoyi Barkat	John A. McDougall	32.22	31.63	7	
22	Keenan McNeill	Our Lady of Mt C	32.54	31.66	10	
23	Markus Vukadin	Greenfield	31.89	31.72	4	
24	Landon Borden	A. Blair McPherson	32.63	31.79	9	
25	James Hill	Sturgeon Heights	31.93	31.87	5	
26	Alexander Morzynski	St. Mary's Edmonton	32.07	31.99	6	
27	Jayden Burgess	Riverview	31.91	32.16	5	
28	Keagan Wray	Bessie Nichols	32.65	32.27	7	
29	Liam McGuire	Bellevue	33.54	32.31	3	
30	Bradley Wharton	Aldergrove	31.40	32.36	2	
31	Jordan Johanson	Bellevue	32.45	32.37	8	32.365
32	Aidan Campbell	Broxton Park	32.60	32.37	10	32.367
33	Jake Dellezay	Westboro	32.78	32.46	5	
34	Adam Johma	Bessie Nichols	32.93	32.47	3	
35	Maddox Calbick	Michael Strembitsky	32.49	32.57	9	
36	Luka Taylor	Jack Stuart	33.35	32.60	5	
37	Seamus Cardinal-Heise	Meyokumin	33.01	32.66	6	
38	Mateus Debarnardi	Clara Tyner	32.83	32.95	4	
39	Hyde Davidson	Parkview	32.66	33.11	6	
40	Owen Milne	Westboro	33.34	33.16	4	
41	Quinn Hoffman	Sturgeon Heights	33.14	33.18	2	
42	Andrew Morris	Bellevue	32.94	33.24	7	
43	Beck Robinson	Earl Buxton	33.58	33.25	3	
44	Andrew MacKay	Esther Starkman	33.35	33.36	6	
45	Manoj Jeff	St. Elizabeth	32.89	33.41	8	
46	Michael Besko	LaPerle	33.08	33.50	1	
47	Shawn Ouellette	Sakaw	33.38	33.64	8	
48	Elsiha Ampadu	Esther Starkman	32.51	33.89	10	
49	Ryan Holt	Lansdowne	33.01	33.96	2	
50	Ricky East	Bessie Nichols	33.05	34.16	5	
51	Gabe Tanton	CharlieKillamCam	33.33	34.87	3	
--	Eric Hamans	St. Mary's Edmonton	30.61	DQ	3	out of lane
--	Christopher Scheurwater	Westglen	33.42	DNS	9	
--	Owen Isaac	Our Lady of Mt C	32.08	DNS	7	
--	Ethen Tweeten	Broxton Park	32.27	DNS	8	
--	Blake Boychuk	St. Mary's Edmonton	31.45	DNS	2	
--	William Little	Riverview	33.09	DNS	1	
--	Thomas Hope	Patricia Heights	32.04	DNS	6	



The Running Room
INDOOR GAMES



Ellis Timing



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Boys 200 Metre Dash Elementary****6 Advance: Top 1 Each Heat plus Next 3 Best Times**

Sponsor: The Running Room

Meet: # 26.50 1992-03-15 Chris Griffith, Grace Martin

Name	Age Team	Qtrs	Semis	H#
Semi-Finals				
1 Cornelious Glasgow	Lansdowne	28.91	28.69Q	3
2 Daniel Kidd	J.A. Fife	29.44	28.82Q	1
3 Alan Aburto	Aldergrove	29.02	29.12Q	2
4 Alex Bischof	Earl Buxton	29.50	29.54q	1
5 Daniel Mercado	Elmer S. Gish	30.01	29.73q	2
6 Ewan McPherson	Riverdale	29.52	29.97q	2
7 Rhett Melnyk	Win Ferguson	30.51	30.06	1
8 Kyle Turnbull	Forest Heights	30.02	30.10	1
9 Luke Dawson	Holyrood	30.10	30.25	2
10 Brett Harper	Brentwood	29.72	30.42	3
11 Joel Obazee	M William Irwin	29.92	30.70	3
12 Hotaro Masuda	Keheewin	30.34	31.18	3
13 Tyler Knox	ArchbishopJoseph	30.69	31.25	3
14 Brent Harper	Brentwood	30.75	31.66	2
15 Luke Cannon	Our Lady of Mt C	31.51	31.84	3
16 Zia Mukhi	Aurora Edmonton	31.25	31.87	1
17 Daniel Ogbouma	Sakaw	31.14	32.42	1
18 Jameson Kiezik	Graminia	31.36	32.99	2

Boys 200 Metre Dash Elementary

Sponsor: The Running Room

Meet: # 26.50 1992-03-15 Chris Griffith, Grace Martin

Name	Age Team	Semis	Finals
Finals			
1 Daniel Kidd	J.A. Fife	28.82	28.51
2 Alan Aburto	Aldergrove	29.12	28.87
3 Cornelious Glasgow	Lansdowne	28.69	28.92
4 Daniel Mercado	Elmer S. Gish	29.73	29.98
5 Alex Bischof	Earl Buxton	29.54	30.34
6 Ewan McPherson	Riverdale	29.97	30.61

Boys 800 Metre Run Elementary**10 Advance: Top 1 Each Heat plus Next 6 Best Times**

Sponsor: The Running Room

Meet: # 2:23.84 1998-03-21 Ryan Fyfe, Pope John XXIII

Name	Age Team	Prelims	Semis	H#
Semi-Finals				
1 Finn Crowe	St. Thomas Aquinas	2:27.92	2:25.80Q	4



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Boys 800 Metre Run Elementary

2	Zac Valentine	St. Stanislaus	2:46.82	2:35.79Q	1
3	Sander Morisbak	Lansdowne	2:42.96	2:37.37Q	2
4	Ethan Beard	Broxton Park	2:41.35	2:37.58Q	3
5	Eli Close	Greenfield	2:46.90	2:38.70q	3
6	Cole Huebner	Grandview Heights	2:41.02	2:39.23q	1
7	Graham Dicken	Parkview	2:47.35	2:40.03q	2
8	Noah Sarauer	Broxton Park	2:49.55	2:44.05q	2
9	William Baillie	Greenfield	2:42.75	2:46.42q	4
10	Kai Rosnau	Westboro	2:49.88	2:49.30q	3
11	Nicholas Taylor	Jack Stuart	2:50.90	2:49.58	1
12	Parker Wood	George H. Luck	2:56.30	2:49.94	3
13	Joel Thiessen	Michael Strembitsky	2:59.69	2:49.99	3
14	Nazih El Jaddouh	Calder	2:56.21	2:52.09	2
15	Jacob Loewen	Earl Buxton	2:54.24	2:52.26	4
16	Dylan Soch	St. Patrick Camrose	2:58.34	2:52.64	3
17	Isaac Sanchez Montes	Westglen	2:55.15	2:54.32	1
18	Carson Toner	Sturgeon Heights	2:55.84	2:55.30	2
19	Caedon Basom-Moss	Riverview	3:01.40	2:56.35	3
20	Peter Amen-Ofure	St. Mary's Edmonton	2:56.02	2:56.94	4
21	Maxwell Stanton	M William Irwin	2:59.86	2:57.03	1
22	Owen Gibbs	St. Stanislaus	3:03.09	2:57.80	2
23	Kevin Hyggen	Lendrum	3:06.18	2:59.01	4
24	Keegan Ullyot	Greystone Cent.	2:55.50	2:59.89	3
25	Dylan Sand	Robert Rundle	2:56.85	3:01.72	1
26	Austin Henry	Robert Rundle	3:08.26	3:02.05	2
27	Charlie Toepfer	Bessie Nichols	3:00.59	3:03.32	4
28	Reid Beaudin	Westboro	3:01.90	3:04.60	2
29	Bodhi Vandenberg	Patricia Heights	2:58.77	3:05.90	2
30	Jordan Saucier	La Mission	3:03.89	3:06.26	3
31	Jaxson Tailby	Camilla	2:57.83	3:07.57	4
32	Liam Elliott	Camilla	3:08.04	3:11.00	4
--	Bren Klein	St. Mary's Edmonton	2:51.80	DNF	1
--	Simon Doak	Esther Starkman	2:50.78	DNS	3
--	Anders Bouck	CharlieKillamCam	2:58.29	DNS	1
--	Ben Gibb	Michael Strembitsky	3:01.16	DNS	1
--	Emmitt Boucher	La Mission	3:00.96	DNS	4

Boys 800 Metre Run Elementary

Sponsor: The Running Room

Meet: # 2:23.84 1998-03-21 Ryan Fyfe, Pope John XXIII

Name	Age	Team	Semis	Finals
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Finals

1	Finn Crowe	St. Thomas Aquinas	2:25.80	2:23.53#
2	Cole Huebner	Grandview Heights	2:39.23	2:39.17
3	Sander Morisbak	Lansdowne	2:37.37	2:39.42
4	Ethan Beard	Broxton Park	2:37.58	2:42.37



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Boys 800 Metre Run Elementary

5	William Baillie	Greenfield	2:46.42	2:42.46
6	Graham Dicken	Parkview	2:40.03	2:43.47
7	Noah Sarauer	Broxton Park	2:44.05	2:45.17
8	Eli Close	Greenfield	2:38.70	2:45.45
9	Kai Rosnau	Westboro	2:49.30	2:46.29
10	Nicholas Taylor	Jack Stuart	2:49.58	2:46.40

Boys 8x200 Metre Relay Elementary

24 Advance: Top 1 Each Heat plus Next 14 Best Times

Sponsor: The Running Room

Heat 1 in Final Round: Consolation Final (8:20 p.m.)

Heat 2 in Final Round: Medal Final (8:50 p.m.)

Meet: # 4:01.50 1988-03-15 Glen Allen

Team	Prelims	Qtrs	H#
Quarter-Finals			
1 Barrhead	4:22.60	4:11.50Q	6
2 Michael A. Kostek	4:17.50	4:14.60Q	1
3 Muriel Martin	4:19.60	4:14.70Q	3
4 Sir Alexander Mackenzie	4:18.90	4:14.90Q	2
5 St. Paul Edmonton	4:20.20	4:20.30Q	4
6 St. Mary's Edmonton	4:22.90	4:20.60Q	7
7 Keheewin	4:26.30	4:21.00Q	10
8 Earl Buxton	4:24.80	4:21.70Q	9
9 Mills Haven	4:22.90	4:22.10Q	8
10 Keenooshayo	4:22.20	4:24.40Q	5
11 Lakeland Ridge	4:30.50	4:20.30q	3
12 Elizabeth Finch 'B'	4:29.50	4:21.50q	7
13 Monsignor William Irwin	4:25.00	4:23.20q	3
14 Westboro	4:27.70	4:23.60q	4
15 Broxton Park	4:26.70	4:25.10q	9
16 Good Shepherd	4:32.20	4:25.70q	1
17 Rio Terrace	4:28.80	4:25.90q	7
17 Patricia Heights	4:35.40	4:25.90q	5
19 Greystone Centennial	4:30.10	4:26.30q	5
20 Greenfield	4:29.00	4:26.40q	6
21 Dansereau Meadows	4:32.00	4:26.70q	9
22 Centennial Edmonton	4:42.70	4:27.00q	5
23 Bellevue	4:30.30	4:27.60q	8
24 Windsor Park	4:27.80	4:27.80q	5
25 Neil M. Ross	4:31.30	4:28.90	2
26 Muriel Martin 'B'	4:33.50	4:29.00	3
27 Bertha Kennedy	4:36.10	4:29.10	4
28 Wye	4:31.90	4:29.50	10
29 George P. Nicholson	4:31.80	4:29.90	1
30 Wes Hosford	4:32.00	4:30.00	8
31 Bessie Nichols	4:27.50	4:30.40	8



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Boys 8x200 Metre Relay Elementary

32 St. Benedict Edmonton	4:36.53	4:30.80	2
33 Elmer S. Gish	4:39.80	4:32.10	9
33 Archbishop Joseph MacNeil	4:29.10	4:32.10	6
35 J.A. Fife 'B'	4:37.40	4:33.70	8
35 Michael A. Kostek 'B'	4:33.40	4:33.70	7
37 Ronald Harvey	4:38.70	4:34.10	10
38 Donnan 'B'	4:38.10	4:34.20	9
39 Charlie Killam-Camrose	4:35.00	4:34.50	4
40 Westbrook 'C'	4:41.80	4:34.70	7
41 Greystone Centennial 'B'	4:35.20	4:34.80	2
42 Aldergrove	4:41.90	4:35.20	6
43 LaPerle	4:33.50	4:36.20	2
44 Westlock	4:35.40	4:36.40	5
45 J.J. Nearing	4:36.40	4:36.90	3
46 St. Matthew	4:41.00	4:37.00	8
47 Muriel Martin 'C'	4:36.60	4:38.40	1
48 Frere Antoine	4:47.50	4:42.40	3
49 Marie Poburan	4:30.20	4:43.20	4
50 Malmo	4:37.00	4:43.70	7
51 Neil M. Ross 'B'	4:38.70	4:44.60	10
52 Youngstown 'B'	4:49.10	4:46.70	1
53 Westbrook 'B'	4:52.00	4:47.20	1
54 Crawford Plains	4:48.60	4:47.80	2
55 Holy Cross	4:31.60	4:51.80	10
-- Garneau	4:45.50	DNS	4
-- Johnny Bright	4:26.40	DNS	10
-- Brander Gardens	4:31.20	DNS	9

Boys 8x200 Metre Relay Elementary

12 Advance: Top 1 Each Heat plus Next 8 Best Times

Sponsor: The Running Room

Heat 1 in Final Round: Consolation Final (8:20 p.m.)

Heat 2 in Final Round: Medal Final (8:50 p.m.)

Meet: # 4:01.50 1988-03-15 Glen Allen

Team	Qtrs	Semis	H#
Semi-Finals			
1 Barrhead	4:11.50	4:12.58Q	1
2 Michael A. Kostek	4:14.60	4:13.14Q	2
3 Sir Alexander Mackenzie	4:14.90	4:14.94Q	4
4 Muriel Martin	4:14.70	4:17.71Q	3
5 Keenooshayo	4:24.40	4:16.83q	2
6 St. Paul Edmonton	4:20.30	4:18.55q	4
7 Earl Buxton	4:21.70	4:18.78q	1
8 Elizabeth Finch 'B'	4:21.50	4:19.96q	4
9 Mills Haven	4:22.10	4:20.08q	1
10 Monsignor William Irwin	4:23.20	4:22.83q	3



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Boys 8x200 Metre Relay Elementary

11 St. Mary's Edmonton	4:20.60	4:23.35q	3
12 Good Shepherd	4:25.70	4:23.99q	1
13 Keheewin	4:21.00	4:24.04	2
14 Greystone Centennial	4:26.30	4:27.94	3
15 Lakeland Ridge	4:20.30	4:28.81	4
16 Rio Terrace	4:25.90	4:29.37	2
17 Broxton Park	4:25.10	4:31.38	1
18 Dansereau Meadows	4:26.70	4:31.61	4
19 Westboro	4:23.60	4:31.98	2
20 Windsor Park	4:27.80	4:32.89	1
21 Greenfield	4:26.40	4:33.99	4
22 Centennial Edmonton	4:27.00	4:34.08	3
23 Bellevue	4:27.60	4:35.75	2
24 Patricia Heights	4:25.90	4:47.10	3

Boys 8x200 Metre Relay Elementary

Sponsor: The Running Room

Heat 1 in Final Round: Consolation Final (8:20 p.m.)

Heat 2 in Final Round: Medal Final (8:50 p.m.)

Meet: # 4:01.50 1988-03-15 Glen Allen

Team	Semis	Finals	H#
Finals			
1 Muriel Martin	4:17.71	4:08.36	2
2 Barrhead	4:12.58	4:09.51	2
3 Michael A. Kostek	4:13.14	4:09.56	2
4 Sir Alexander Mackenzie	4:14.94	4:09.57	2
5 Keenooshayo	4:16.83	4:16.44	2
6 Mills Haven	4:20.08	4:20.00	1
7 Earl Buxton	4:18.78	4:20.48	1
8 St. Mary's Edmonton	4:23.35	4:20.87	1
9 St. Paul Edmonton	4:18.55	4:21.70	2
10 Monsignor William Irwin	4:22.83	4:23.24	1
11 Good Shepherd	4:23.99	4:25.13	1
12 Elizabeth Finch 'B'	4:19.96	4:28.74	1

Boys Long Jump Elementary

There will be a one-metre take-off area.

The athlete's take-off point is eyeballed; the athlete's jump will be measured to that point.

Meet: # 4.47m 2005-03-12 Garrett King, Neil M. Ross

Name	Age	Team	Prelims	Finals
1 Gavin Galenza		CharlieKillamCam	4.43m	4.56m#
	4.56m	4.54m	4.44m	4.53m
		4.19m	4.35m	



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Boys Long Jump Elementary**

2 Logan Kulka	Camilla	4.20m	4.42m
4.37m 4.37m 4.09m 4.18m 4.00m 4.42m			
3 Marcus Redix	Brentwood	3.96m	4.01m
4.01m 3.76m 3.75m 3.74m 3.82m 3.75m			
4 Mawien Monydhhar	St. Mary's Edmonton	3.63m	3.86m
3.86m 3.60m 3.48m 3.21m 3.79m FOUL			
5 Hadeon Boyechko	Our Lady of Mt C	3.77m	3.64m
3.64m 3.47m 3.35m 3.52m FOUL FOUL			
6 Jeremy Toews	Robert Rundle	3.72m	3.59m
3.56m 3.59m 3.55m FOUL 3.33m 3.56m			
-- Ryder Matter	Bellevue	3.67m	DNS
-- Elijah Carr	Lendrum	3.72m	DNS

Men 35-99 200 Metre Dash Masters

=====
 50-64: 25.82, 2007-02-11 Wolfgang Jeske (MAS; Edmonton)
 65+: 28.90, 2007-02-11 Dave Dunn (MAS; Edmonton)
 Meet: # 25.01 2015-03-14 Newton Grey, Edm. Columbians

Name	Age Team	Seed	Finals
1 Newton Grey	Edmonton Columbians		24.32#
2 Rick Hamilton	Edmonton Columbians		30.43
3 Bruce Mintz	Edmonton Masters		31.75
4 Dave Dunn	Edmonton Masters		32.96
5 Ross Mcleod	Edmonton Masters		36.02
-- Murray Black	Edmonton Masters		DNF

Men 800 Metre Run Isaak Invite

=====
 Isaak's Invitational Eight

Special thanks to: Running Room, Edmonton Thunder, Snyder & Co,
 The Kent Family, Edmonton Track and Field Council, and
 Ellis Timing Canada.

Meet: # 1:54.98 2015-03-14 Scott Nicol, U of C Athle

Name	Age Team	Seed	Finals
1 Royden Radowits	U of A	1:56.00	1:55.97
2 Michael Nishiyama	Running Room	1:57.00	1:56.00
3 Kenton Sportak	Running Room	1:51.00	1:56.48
4 Scott Nicol	U of C Athletics	1:54.98	1:56.64
5 Damian Konotpetz	U Calgary	1:55.10	1:59.09
6 Charlie Allan	Running Room	1:57.00	1:59.10
7 Matt Hope	U of A	1:55.60	1:59.35
8 Will Madsen	U of A	1:56.00	1:59.67
9 Kirk Sundt	Concordia U YEG	1:57.00	2:00.44
10 David Falk	Running Room	2:04.00	2:03.71
-- Kurt Ebeling	U of C Athletics	1:56.40	DNS



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Men 40-99 1 Mile Run Master40+50+**

Sponsor: Athletics Alberta

Masters Mile 40-49 record: 4:30.00 1992-03-15 John Bermingham

Masters Mile 50+ record: 4:49.70 1988-03-15 Mike Clegg

Name	Age Team	Seed	Finals
1 David Guss	Adrenaline Rush		4:55.89
2 John Blankenship	Running Room		5:06.80
3 Rob Swartz	Unattached Alberta		5:20.30
4 Bob Holmes	Unattached Alberta		5:48.17
5 David Checkel	UNA		6:47.16
6 Todd Savard	Fast Trax		7:13.07
7 Roger Davies	Calgary Roadrunners		7:17.29

Men 200 Metre Dash Junior High**18 Advance: Top 1 Each Heat plus Next 12 Best Times**

Sponsor: The Running Room

Meet: # 23.00 1985-03-15 Karl Jones, Killarney

Name	Age Team	Prelims	Qtrs	H#
Quarter-Finals				
1 Justin Rose	S. Bruce Smith	25.32	24.27Q	3
2 Max Sharpe	D.S. MacKenzie	25.69	24.60Q	5
3 Ralph Caguay	Spruce Avenue	24.95	24.71Q	2
4 Rich Pherodin	Riverbend	25.77	24.81Q	6
5 Quin Good	Elmer S. Gish	25.46	25.13Q	4
6 Julius Hamelin	St. PeterApostle	24.85	25.26Q	1
7 Minho Park	Riverbend	25.84	25.46q	6 25.457
7 Dante Di Curzio	Mother Margaret	26.05	25.46q	4 25.457
9 Jeremy Kerr	Avalon	26.02	25.67q	5
10 Josh Rose	S. Bruce Smith	26.36	25.76q	1
11 Matt Ross	Mother Margaret	26.07	25.77q	3
12 Austin Bitzer	Wainwright	26.24	25.82q	3
13 Ross Encarnacao	St. Rose	26.66	25.98q	6
14 Jonathan Ewing	Ardrossan JrSr H	26.30	26.03q	4
15 Brendon Thompson	MeadowlarkChrist	26.19	26.12q	2
16 Eli Hetlinger	Avalon	26.78	26.35q	6
17 Jacob Stepaniuk	Holy Cross	26.65	26.48q	5
18 Logan Sibileau	Greystone Cent.	26.92	26.80q	4
19 Hesham Mahmood	Elmer S. Gish	26.54	26.86	1
20 Alex Dmytryshyn	Namao	27.39	27.46	1
21 Nathaniel Mais	Our Lady M.Pleas	28.20	27.64	2
22 Zach Supernault	Greystone Cent.	28.22	27.79	1
23 Kallen Boe	Ardrossan JrSr H	27.56	27.80	1
24 Evan Park -Hiller	D.S. MacKenzie	27.99	27.84	6
25 Sébastien Marlot	Alexandre Tache	27.28	27.85	2
26 Alex Barter	Holy Cross	27.77	27.94	4
27 Luke Shewman	MeadowlarkChrist	28.18	28.04	3



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Men 200 Metre Dash Junior High**

28	Corben Johnson	Namao	28.01	28.17	6
29	Nicholas Li	Aurora Edmonton	27.68	28.21	3
30	Robsan Mohammed	Spruce Avenue	27.81	28.74	5
31	Ron Nguyen	Westlawn	27.66	28.91	2
--	Spencer Blackburn	St. PeterApostle	26.82	DNS	5
--	Sam scholnick-Hughes	Crestwood	27.00	DNS	3
--	Oshea Campbell	Bessie Nichols	28.05	DNS	5
--	Angelo Golden	Bessie Nichols	25.79	DNS	2
--	Matthew Trefiak	Wainwright	28.16	DNS	4

Men 200 Metre Dash Junior High**6 Advance: Top 1 Each Heat plus Next 3 Best Times**

Sponsor: The Running Room

Meet: # 23.00 1985-03-15 Karl Jones, Killarney

Name	Age	Team	Qtrs	Semis	H#
Semi-Finals					
1	Rich Pherodin	Riverbend	24.81	24.22Q	3
2	Justin Rose	S. Bruce Smith	24.27	24.41Q	1
3	Max Sharpe	D.S. MacKenzie	24.60	25.06Q	2
4	Ralph Caguay	Spruce Avenue	24.71	24.48q	3
5	Julius Hamelin	St. PeterApostle	25.26	24.73q	1
6	Jeremy Kerr	Avalon	25.67	25.66q	3
7	Dante Di Curzio	Mother Margaret	25.46	25.72	1
8	Josh Rose	S. Bruce Smith	25.76	25.93	3
9	Jonathan Ewing	Ardrossan JrSr H	26.03	26.18	2
10	Brendon Thompson	MeadowlarkChrist	26.12	26.21	3
11	Austin Bitzer	Wainwright	25.82	26.29	1
12	Ross Encarnacao	St. Rose	25.98	26.38	1
13	Jacob Stepaniuk	Holy Cross	26.48	26.64	2
14	Matt Ross	Mother Margaret	25.77	26.84	2
15	Eli Hetlinger	Avalon	26.35	26.85	3
16	Logan Sibileau	Greystone Cent.	26.80	26.98	1
--	Minho Park	Riverbend	25.46	DNS	2
--	Quin Good	Elmer S. Gish	25.13	DNS	2

Men 200 Metre Dash Junior High

Sponsor: The Running Room

Meet: # 23.00 1985-03-15 Karl Jones, Killarney

Name	Age	Team	Semis	Finals
Finals				
1	Rich Pherodin	Riverbend	24.22	24.19
2	Max Sharpe	D.S. MacKenzie	25.06	24.36
3	Justin Rose	S. Bruce Smith	24.41	24.39
4	Julius Hamelin	St. PeterApostle	24.73	24.71



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Men 200 Metre Dash Junior High**

5	Ralph Caguay	Spruce Avenue	24.48	24.72
6	Jeremy Kerr	Avalon	25.66	25.76

Men 800 Metre Run Junior High**10 Advance: Top 1 Each Heat plus Next 7 Best Times**

Sponsor: The Running Room

Meet: # 1:59.90 1984-03-15 Mark Lynch, Leduc

Name	Age	Team	Prelims	Semis	H#
Semi-Finals					
1	Brekan Taylor	Greystone Cent.	2:18.98	2:13.32Q	3
2	Logan Ladoon	Crestwood	2:19.04	2:17.11Q	2
3	Dominic Niehaus	Greystone Cent.	2:26.21	2:20.52Q	1
4	REX ERICKSON	Rosslyn	2:17.77	2:14.93q	3
5	Joel Fenske	Allendale	2:16.18	2:17.13q	2
6	Zachary Westlin	H.W. Pickup	2:26.86	2:18.69q	3
7	Mathew Wafer	Holy Cross	2:23.55	2:18.92q	2
8	Bryn McDougald	Crestwood	2:23.30	2:19.81q	3
9	Yahya Mohamed	Spruce Avenue	2:23.68	2:20.97q	1
10	Cayl Balash	Joseph Moreau	2:26.59	2:22.66q	3
11	Jason Ushko	Riverbend	2:19.77	2:24.40	2
12	Ryan Koebel	Riverbend	2:27.59	2:26.31	1
13	Ryan Walker	Louis St. Laurent	2:24.87	2:27.53	2
14	Cassian Murray-White	Wainwright	2:30.49	2:27.87	1
15	Antonio Molefeh	Spruce Avenue	2:22.74	2:28.06	3
16	Marcus Gullion	Westlawn	2:27.16	2:29.19	2
17	Tyson Brook	Sister Annata Br	2:32.73	2:29.50	3
18	Noah Rankel	Tempo	2:27.34	2:30.80	1
19	Connor Bole	Leduc Junior High	2:32.83	2:31.33	2
20	Sebastian Lind	Vernon Barford	2:37.14	2:31.57	2
21	Adrian Duran Jiminez	Joseph Moreau	2:35.77	2:35.65	1
22	Luke Johnson	Our Lady M.Pleas	2:38.99	2:36.77	1
23	Levi Schaafsma	MeadowlarkChrist	2:38.14	2:36.97	3
24	Yusef Hussein	Bessie Nichols	2:36.35	2:37.52	1
--	Evan Martens	Mother Margaret	2:23.93	DNS	1
--	Matt Kim	Mother Margaret	2:38.91	DNS	1
--	Lucas Da Matta	Mother Margaret	2:38.67	DNS	2
--	Jake Palmer	Sir George Simpson	2:28.34	DNS	2
--	Kieran Isnor	CharlieKillamCam	2:31.19	DNS	3
--	Nikhil Bhatnager	Elmer S. Gish	2:38.07	DNS	3



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Men 800 Metre Run Junior High**

Sponsor: The Running Room

Meet: # 1:59.90 1984-03-15 Mark Lynch, Leduc

Name	Age Team	Semis	Finals
Finals			
1 Logan Ladoon	Crestwood	2:17.11	2:09.15
2 Joel Fenske	Allendale	2:17.13	2:09.70
3 Brekan Taylor	Greystone Cent.	2:13.32	2:14.58
4 REX ERICKSON	Rosslyn	2:14.93	2:17.84
5 Zachary Westlin	H.W. Pickup	2:18.69	2:18.99
6 Mathew Wafer	Holy Cross	2:18.92	2:19.25
7 Bryn McDougald	Crestwood	2:19.81	2:21.05
8 Cayl Balash	Joseph Moreau	2:22.66	2:21.42
9 Yahya Mohamed	Spruce Avenue	2:20.97	2:23.10
10 Dominic Niehaus	Greystone Cent.	2:20.52	2:28.75

Men 8x200 Metre Relay Junior High**6 Advance: Top 1 Each Heat plus Next 3 Best Times**

Sponsor: The Running Room

Meet: # 3:24.23 2014-03-15 Riverbend

Team	Prelims	Semis	H#
Semi-Finals			
1 Riverbend	3:28.40	3:27.30Q	1
2 Vernon Barford	3:31.20	3:28.80Q	2
3 D.S. MacKenzie	3:34.20	3:29.80Q	3
4 S. Bruce Smith	3:36.80	3:34.40q	1
4 Mother Margaret Mary	3:36.50	3:34.40q	3
6 Avalon	3:40.00	3:35.80q	2
7 Mary Butterworth	3:40.00	3:36.50	2
8 Vernon Barford 'B'	3:46.80	3:39.90	1
9 Greystone Centennial	3:44.40	3:41.50	3
10 Joseph Moreau	3:44.30	3:42.20	3
11 Lorne Akins	3:41.20	3:42.80	1
12 Holy Cross	3:48.50	3:43.00	1
13 Westminster	3:57.70	3:58.50	2
-- Westlawn	3:53.60	DNS	3
-- Johnny Bright 'B'	3:57.70	DNS	3
-- St. Rose	3:58.60	X3:44.00	1 too few runners
-- Riverbend 'B'	3:45.40	X3:49.60	2 too few runners
-- D.S. MacKenzie 'B'	3:52.40	X3:59.00	2 too few runners



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Men 8x200 Metre Relay Junior High**

Sponsor: The Running Room

Meet: # 3:24.23 2014-03-15 Riverbend

Team	Semis	Finals
Finals		
1 Riverbend	3:27.30	3:25.93
2 D.S. MacKenzie	3:29.80	3:28.26
3 Vernon Barford	3:28.80	3:29.85
4 S. Bruce Smith	3:34.40	3:35.01
5 Avalon	3:35.80	3:40.54
6 Mother Margaret Mary	3:34.40	3:40.74

Men 200 Metre Dash Senior High

Sponsor: The Running Room

Province: ! 21.42 1988-02-06 Brad McCuaig (1970), CAL; Winnipeg

Meet: # 22.10 1987-03-15 Selwyn Taylor, Harry Ainlay

Name	Age Team	Prelims	Finals
1 KUDAKWASHE MURASIRNANWA	Holy Trinity	23.67	23.12
2 Eric Stephens	Harry Ainlay	23.27	24.28
3 Marin Boucher	Alexandre Tache	25.28	25.07
4 Abdelhadi Abou Hachem	Ross Sheppard	25.62	25.42
5 Claude Ngwa	Mother Margaret	25.41	26.03
-- Austin Cole	Salisbury	23.76	DNS

Men 800 Metre Run Senior High

Sponsor: The Running Room

Province: ! 1:49.46 2012-02-18 Tyler Smith (1994), LEDUC; Edmonton

Meet: # 1:53.58 2014-03-15 Isaac Penner, Strathcona

Name	Age Team	Prelims	Finals
1 Ryder Horton	Ardrossan JrSr H	2:02.36	1:57.55
2 Brandon Vail	Harry Ainlay	2:04.50	1:58.29
3 Alex Bouferguene	Old Scona	2:02.18	1:58.31
4 Aaron Boyle	M.E. LaZerte	2:01.83	2:00.92
5 Matthew MacLellan	Beaumont Composite	2:03.96	2:02.02
6 Derick Ushko	Strathcona	2:07.44	2:02.38
7 Tyson Keddie	Old Scona	2:06.35	2:04.72
8 Nils Erickson	Queen ElizabComp	2:07.57	2:06.05
9 Maximus Thiessen	Barrhead	2:08.02	2:08.46
10 Jacob Reckhart	Strathcona	2:10.90	2:14.64



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Men 8x200 Metre Relay Senior High**

Sponsor: The Running Room

Meet: # 3:10.20 1987-03-15 Harry Ainlay

Team	Seed	Finals
1 Strathcona		3:12.98
2 Harry Ainlay		3:16.82
3 Paul Kane		3:24.37
4 Strathcona 'B'		3:24.63
5 Alexandre Tache		3:34.46
6 Ross Sheppard		3:35.36

Mixed 4x200 Metre Relay Teacher

Meet: # 1:51.20 1989-03-15 Edith Rogers

Team	Prelims	Finals
1 Ross Sheppard	1:55.30	1:55.83
2 Meridian Heights	1:59.07	1:57.27
3 Duffield	2:05.08	2:08.80
-- Westlock	2:08.28	DNS
-- Westlawn	2:14.60	DNS

Mixed 8x200 Metre Relay Elementary**6 Advance: Top 1 Each Heat plus Next 2 Best Times**

Sponsor: The Running Room

Meet: # 4:12.48 2014-03-15 Windsor Park

Team	Prelims	Semis	H#
Semi-Finals			
1 Lansdowne	4:30.40	4:26.32Q	1
2 Queen Alexandra	4:34.30	4:27.56Q	2
3 Duffield	4:43.40	4:30.82Q	4
4 Clara Tyner	4:44.50	4:41.55Q	3
5 Father Jan 'B'	4:39.90	4:33.29q	4
6 Jack Stuart	4:41.40	4:33.65q	4
7 Menisa	4:50.00	4:36.12	4
8 Riverdale	5:04.60	4:37.55	1
9 La Mission	4:50.20	4:38.61	1
10 Parkallen	4:50.20	4:43.24	3
11 Robert Rundle	4:49.60	4:43.62	2
12 Bruderheim	4:52.80	4:44.27	1
13 Bishop Savaryn	4:56.40	4:47.47	2
14 St. Marguerite Catholic	5:00.00	4:50.01	4
15 Holden	4:52.20	4:50.07	2
16 St. Patrick Camrose	4:36.20	4:50.42	3
17 Centennial Wetaskiwin	4:52.60	4:51.08	1
18 St. James 'B'	5:04.20	4:54.29	2



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12

Universiade Pavilion, Edmonton, Alberta

Results - Saturday**....Mixed 8x200 Metre Relay Elementary**

19 Lendrum	4:55.70	4:56.90	2
20 Legal	4:56.30	4:57.55	1
21 St. Vincent	4:59.70	4:58.70	4
22 Grandview Heights	4:56.50	5:04.59	3
-- Ekota 'B'	5:19.00	DNS	3
-- Lansdowne 'B'	5:02.70	X5:09.41	3

Mixed 8x200 Metre Relay Elementary

Sponsor: The Running Room

Meet: # 4:12.48 2014-03-15 Windsor Park

Team	Semis	Finals
Finals		
1 Queen Alexandra	4:27.56	4:27.13
2 Lansdowne	4:26.32	4:28.41
3 Father Jan 'B'	4:33.29	4:30.39
4 Duffield	4:30.82	4:31.65
5 Jack Stuart	4:33.65	4:44.72
6 Clara Tyner	4:41.55	4:55.40

Mixed 8x200 Metre Relay Junior High**6 Advance: Top 1 Each Heat plus Next 4 Best Times**

Sponsor: The Running Room

Meet: # 3:40.40 2012-03-17 Meridian Heights

Team	Prelims	Semis	H#
Semi-Finals			
1 Our Lady of Mount Pleasant	3:54.60	3:51.70Q	2
2 Spruce Avenue 'B'	3:59.20	3:53.90Q	1
3 Wainwright	3:52.80	3:53.40q	2
4 Elmer S. Gish	3:59.10	3:54.20q	1
5 Broxton Park	3:49.80	3:54.70q	1
6 Duffield	3:57.30	3:56.40q	2
7 Crestwood	3:57.90	3:58.00	1
8 Alexandre Tache 'B'	3:58.30	3:58.10	1
9 Westlawn	4:03.10	3:59.50	2
10 Charlie Killam-Camrose	4:00.70	4:00.00	2
11 Namao	4:01.10	4:01.10	2
12 Monsignor Fee Otterson 'B'	4:04.20	4:08.50	1



The Running Room 38th Annual Indoor Games - 2016-02-16 to 2016-03-12

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

Mixed 8x200 Metre Relay Junior High

Sponsor: The Running Room

Meet: # 3:40.40 2012-03-17 Meridian Heights

Team	Semis	Finals
Finals		
1 Broxton Park	3:54.70	3:52.74
2 Our Lady of Mount Pleasant	3:51.70	3:53.27
3 Spruce Avenue 'B'	3:53.90	3:53.91
4 Wainwright	3:53.40	3:54.27
5 Elmer S. Gish	3:54.20	3:55.24
6 Duffield	3:56.40	3:58.31

