

2023 North-Central Zone Final - 2023-05-25**Foote Field, Edmonton****Results****Women 100 Metre Dash Junior**

ASAA: # 11.92 2008 Loudia Laarman, Winston Churchill, Leth				
Name	Age	School	Seed	Finals H#
Finals				
1 Raina Nanninga		Barrhead Comp.	14.47	2
2 Lauren Goddyn		New Sarepta Comm	14.61	1

Women 200 Metre Dash Junior

ASAA: # 24.44 1981 Jillian Richardson, Central Memorial: Cgy				
Name	Age	School	Seed	Finals H#
1 Raina Nanninga		Barrhead Comp.	30.68	3
2 Skye KUBINEC		NC:R.F. Staples	31.45	2

Women 400 Metre Dash Junior

ASAA: # 54.47 2013-06-08 Kendra Clarke, Holy Trinity:Edm				
Name	Age	School	Seed	Finals
1 Kourtnie MENZIES		NC:R.F. Staples	1:13.17	
2 Malayha Stevens		YellowheadKoinoi	1:14.20	

Women 800 Metre Run Junior

ASAA: # 2:08.69 1997 Tanya Wright, Beaumont: Edm				
Name	Age	School	Seed	Finals
1 Parker Huot		Morinville Comm.	2:52.93	
2 Molly McGown		NC:Jasper	2:56.30	

Women 1500 Metre Run Junior

ASAA: # 4:36.52 2014-06-07 Madeleine Sumner, Western Cana				
Name	Age	School	Seed	Finals
1 Molly McGown		NC:Jasper	6:26.87	
2 Janaya BURY		Edwin Parr Comp.	6:56.82	

Women 3000 Metre Run Junior

ASAA: # 10:18.56 2012 Claudia Belanger, Strathcona-Tweeds				
Name	Age	School	Seed	Finals
1 Britynn FAIRLIE		New Sarepta Comm	12:40.30	
2 Skye KUBINEC		NC:R.F. Staples	14:38.81	

2023 North-Central Zone Final - 2023-05-25

Foote Field, Edmonton

Results

Women 80 Metre Hurdles 76cm 30" 8m Junior

0.76 m (30 inches) hurdle height.
 12 m to first hurdle, then
 every 8 m thereafter (white marks).

ASAA: # 11.55 2014-06-06 Katelyn Slessor, Central Memo

Name	Age	School	Seed	Finals
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1 Parker Huot		Morinville Comm.		15.44
2 Anna Bend		NC:Bretton		16.32

Women 4x100 Metre Relay Junior

ASAA: # 49.42 2006
 J Lee Pong, M Rusterholz, M Doroshuk, J Gibeau

School	Seed	Finals
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1 NC:Barrhead Composite 'A'		58.11
1) Dana Donkers	2) Miriam Greilach	
3) Tara Mutton	4) Kaya Waldo	
2 NC:Mayerthorpe 'A'		1:01.57
1) Lily-Anne Gilroy	2) Rebecca Mosher	
3) Wendy Bahrynowski 16	4) Payton Baker	

Women High Jump Junior

Start at 1.20 m.
 Increment by 5 cm to 1.45 m,
 then by 3 cm and 2 cm to end of event.

ASAA: # 1.75m 1996 Whitney Evans, Western Canada: Cgy

Name	Age	School	Seed	Finals
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1 Kaya Waldo		Barrhead Comp.		1.42m
1.20 1.25 1.30 1.33 1.36 1.38 1.40 1.42				
0 0 0 0 0 XXO XXO XO				
2 Cailie McKenna		NC:R.F. Staples		1.40m
1.20 1.25 1.30 1.33 1.36 1.38 1.40 1.42				
0 0 0 0 0 0 XO XXX				

Women Long Jump Junior

Minimum distance: 3.5 m.

ASAA: # 5.75m 2010 Niki Oudenaarden, Paul Kane: Edm

Name	Age	School	Seed	Finals
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1 Jenna SNYDER		NC:R.F. Staples		4.22m
4.22m 4.19m 4.18m 3.65m 4.14m				
2 Kaelyn Cooper		NC:John Maland		4.13m
4.13m 4.13m 4.07m 4.05m 4.11m				

Women Triple Jump Junior

Minimum distance: 7.0 m.

ASAA: # 11.48m 1992 Makela Nikedirim, Wm Aberhart: Cgy

Name	Age	School	Seed	Finals
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2023 North-Central Zone Final - 2023-05-25**Foote Field, Edmonton****Results****....Women Triple Jump Junior**

1	Ava MARTINIUK	Morinville Comm.	10.00m
	FOUL 10.00m 9.97m 8.91m FOUL FOUL		
2	Kaelyn Cooper	NC:John Maland	8.83m
	8.83m 8.50m FOUL FOUL FOUL FOUL		

Women Shot Put 3 kg Junior

Minimum distance: 7.0 m.

ASAA: # 13.22m 2019-06-07 Jinaye Shomachuk, Bert Church

Name	Age	School	Seed	Finals
1 Jenna SNYDER		NC:R.F. Staples		10.63m
	0.35m 10.63m 10.48m 10.40m 10.56m 9.86m			
2 Kacie Corkle		NC:John Maland		10.10m
	9.60m 9.70m 10.10m 9.06m 9.31m 9.60m			

Women Discus Throw 1 kg Junior

Minimum distance: 16.0 m.

ASAA: # 40.30m 2019-06-08 Jinaye Shomachuk, Bert Church

Name	Age	School	Seed	Finals
1 Jenna SNYDER		NC:R.F. Staples		26.28m
	23.61m 21.38m 25.62m 26.28m 23.22m			
2 Lauren Goddyn		New Sarepta Comm		20.50m
	16.14m 19.05m 16.66m 20.50m			

Women Javelin Throw 500 g Junior

Minimum distance: 16.0 m.

ASAA: # 38.81m 2016 Kathryn Philott, Brooks Composite

Name	Age	School	Seed	Finals
1 Payton Baker		NC:Hilltop		18.54m
	16.00m 18.54m 13.12m 16.20m 12.90m 16.90m			
2 Wendy Bahrynowski		NC:Grand Trunk		15.15m
	FOUL 14.53m 15.15m FOUL 14.12m 12.91m			

Women 100 Metre Dash Intermediate

ASAA: # 11.84 1997 Atia Weekes, Crescent Heights: Cgy

Name	Age	School	Seed	Finals	H#
1 Brayden Stewart		NC:John Maland		14.32	2
2 Aylie Dahl		NC:John Maland		14.36	1

Women 200 Metre Dash Intermediate

ASAA: # 24.11 1997 Atia Weekes, Crescent Heights: Cgy

Name	Age	School	Seed	Finals	H#
1 Aylie Dahl		NC:John Maland		30.08	2
2 Sophie Chauvet		Morinville Comm.	30.58	31.01	2

2023 North-Central Zone Final - 2023-05-25**Foote Field, Edmonton****Results****Women 400 Metre Dash Intermediate**

ASAA: # 54.66 2014-06-07 Kendra Clarke, Holy Trinity:Edm				
Name	Age	School	Seed	Finals
1 Meadow DREBERT		NC:Breton	59.12	1:00.74
2 Aimee-Rae Morin		NC:John Maland		1:07.60

Women 800 Metre Run Intermediate

ASAA: # 2:09.57 2015-06-05 Ginelle Demone, Leduc Compos				
Name	Age	School	Seed	Finals
1 Meadow DREBERT		NC:Breton	2:11.91	2:20.29
2 Brelayna Muller		NC:St Mary		3:19.95

Women 1500 Metre Run Intermediate

ASAA: # 4:30.67 2022-06-04 Chloe Turner, William Aberhart				
Name	Age	School	Seed	Finals
1 Meadow DREBERT		NC:Breton		5:21.07
2 Jenna Rhody		NC:Thorsby		7:16.02

Women 3000 Metre Run Intermediate

ASAA: # 9:49.52 1999 Emily Kroshus, Western Canada: Cgy				
Name	Age	School	Seed	Finals
1 Aimee-Rae Morin		NC:John Maland		13:21.27
2 Savannah Jardine		Morinville Comm.	12:25.19	17:20.43

Women 80 Metre Hurdles 76cm 30" 8m Intermediate

0.76 m (30 inches) hurdle height.
12 m to first hurdle, then
every 8 m thereafter (white marks).

ASAA: # 11.26 2012 Shaunie Morrison, Bishop O'Byrne, Calg				
Name	Age	School	Seed	Finals
1 Jordynne MacNeil		Edwin Parr Comp.		16.24
2 Renae DREBERT		NC:Breton		16.33

Women 4x100 Metre Relay Intermediate

ASAA: # 49.42 2022-06-04 CA:Western Canada, Western Canada N Hutton, M Husain, E Ewa, J Aminu				
School	Seed	Finals		
1 NC:John Maland 'A'		56.34		
1) Brayden Stewart	2) Aimee-Rae Morin			
3) Aylie Dahl	4) Kaelyn Cooper			
2 NC:New Sarepta Community 'A'		56.43		
1) Britynn FAIRLIE	2)			
3) Megan WIELING	4) Taylor Wieling			

2023 North-Central Zone Final - 2023-05-25**Foote Field, Edmonton****Results****Women High Jump Intermediate**

Start at 1.25 m.

Increment by 5 cm to 1.45 m,
then by 3 cm and 2 cm to end of event.

ASAA: # 1.77m 1997 Whitney Evans, Western Canada: Cgy

Name	Age	School	Seed	Finals
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1	Ava Kemp		Parkland Comp.		1.33m
	1.25	1.30	1.33	1.35	
	0	0	XO	XXX	
2	Aubree Sadoway		NC:Hilltop		J1.33m
	1.25	1.30	1.33	1.35	
	0	0	XXO	XXX	

Women Long Jump Intermediate

Minimum distance: 3.5 m.

ASAA: # 5.61m 2013-06-07 Tiana Pisoni, McCoy High

Name	Age	School	Seed	Finals
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1	Brayden Stewart		NC:John Maland		4.49m
	4.18m	3.55m	4.25m	4.49m	4.15m
2	Aylie Dahl		NC:John Maland		4.34m
	4.14m	4.22m	4.13m	4.27m	4.34m
			4.32m		

Women Triple Jump Intermediate

Minimum distance: 7.0 m.

ASAA: # 11.98m 2013-06-08 Tiana Pisoni, McCoy High

Name	Age	School	Seed	Finals
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1	Aubree Sadoway		NC:Hilltop		8.82m
	6.22m	7.88m	8.45m	8.62m	8.82m
			8.49m		
2	Tyanne Wirsig		NC:Bretton		8.62m
	7.90m	7.87m	8.10m	8.40m	8.62m
			8.39m		

Women Shot Put 3 kg Intermediate

Minimum distance: 7.0 m.

ASAA: # 13.74m 2015-06-06 Gabrielle Rains, Bev Facey

Name	Age	School	Seed	Finals
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1	Ella Wolfe		Parkland Comp.		9.84m
	9.36m	9.84m	9.17m	9.05m	9.20m
			9.13m		
2	Autumn Chittick		NC:Mayerthorpe		9.13m
	9.13m	8.45m	8.73m	8.91m	8.65m
			9.06m		

Women Discus Throw 1 kg Intermediate

Minimum distance: 16.0 m.

ASAA: # 45.47m 2015-06-06 Gabrielle Rains, Bev Facey

Name	Age	School	Seed	Finals
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1	Harvalee Tomlinson		NC:R.F. Staples		22.36m
	20.60m	19.94m	22.36m	21.80m	21.85m
			20.02m		

2023 North-Central Zone Final - 2023-05-25**Foote Field, Edmonton****Results****....Women Discus Throw 1 kg Intermediate**

2 Rosalie McComb NC:Mayerthorpe 21.06m
 17.38m 19.78m 18.39m 21.06m 19.58m 19.56m

Women Javelin Throw 500 g Intermediate

Minimum distance: 16.0 m.

ASAA: # 41.48m 2014 Paige Greig, Dewberry

Name	Age	School	Seed	Finals
1 Rosalie McComb		NC:Mayerthorpe	27.78m	30.45m
				26.85m 23.43m 24.00m 30.45m 26.90m 30.30m
2 Brielle Unger		Parkland Comp.		26.30m
				25.90m 24.30m 26.30m 2.60m 25.00m 24.10m

Women 100 Metre Dash Senior

ASAA: # 11.94 1978 Cathy Chrush, Queen Elizabeth, Cgy

Name	Age	School	Seed	Finals
1 Hailey Vanbrabant		Morinville Comm.	13.66	13.53
2 Kiara Robertson		NC:John Maland	14.71	14.67

Women 200 Metre Dash Senior

ASAA: # 23.58 1998 Atia Weekes, Crescent Heights, Cgy

Name	Age	School	Seed	Finals
1 Abby Christensen		Morinville Comm.		30.80
2 Isabella Hayward		Edwin Parr Comp.		32.77

Women 400 Metre Dash Senior

ASAA: # 54.22 2012 Sage Watson, Medicine Hat, South

Name	Age	School	Seed	Finals
1 Kim ROSENDAHL		Morinville Comm.	1:17.04	1:11.05
2 Ruby KUBINEC		NC:R.F. Staples		1:12.50

Women 800 Metre Run Senior

ASAA: # 2:11.60 2012 Jenna Westaway, Rundle College, Calg

Name	Age	School	Seed	Finals
1 Erika Lind		NC:John Maland		2:50.14

Women 1500 Metre Run Senior

ASAA: # 4:35.16 2007 Jessica O'Connell, Western Canada, C

Name	Age	School	Seed	Finals
1 Victoria BRETT		NC:R.F. Staples	6:33.57	6:40.34
2 Ruby KUBINEC		NC:R.F. Staples		7:23.73

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Foote Field, Edmonton

Results

Women 3000 Metre Run Senior

ASAA: # 9:49.07 2011-06-03 Ellen Pennock, Henry WiseWo				
Name	Age	School	Seed	Finals
1 Ruby KUBINEC		NC:R.F. Staples		15:32.88

Women 4x100 Metre Relay Senior

ASAA: # 48.46 1992 , Calgary				
Dayd, McLeod,Laskot, Twumasi				
School			Seed	Finals
1 NC:John Maland 'A'				59.39
1) Kiara Robertson		2) Erika Lind		
3) Maria Ayre		4) Meara Clyne		
2 NC:Morinville Community 'A'				1:02.42
1) Abby Christensen		2) Katelyn Rosendahl		
3) Kim ROSENDAHL		4) Hailey Vanbrabant		

Women High Jump Senior

Start at 1.25 m.
 Increment by 5 cm to 1.45 m,
 then by 3 cm and 2 cm to end of event.

ASAA: # 1.83m 1998 Witney Evans, Western Canada, Cgy				
Name	Age	School	Seed	Finals
1 Hailey Vanbrabant		Morinville Comm.	1.39m	1.47m
1.25 1.30 1.35 1.40 1.43 1.45 1.47 1.49				
0 0 0 0 XXO 0 0 XXX				

Women Long Jump Senior

Minimum distance: 3.5 m.

ASAA: # 5.80m 1989 Esther Medema, Mallaig, North				
Name	Age	School	Seed	Finals
1 Abby Christensen		Morinville Comm.	3.93m	4.25m
3.75m ND 3.80m 4.15m 4.25m 4.20m				
2 Mylie Thorsen		NC:John Maland		4.10m
4.05m ND 3.95m 3.95m 3.96m 4.10m				

Women Triple Jump Senior

Minimum distance: 7.0 m.

ASAA: # 11.87m 2014-06-07 Tiana Pisoni, Monsignor McCoy				
Name	Age	School	Seed	Finals
1 Mylie Thorsen		NC:John Maland		9.54m
8.97m 9.12m 9.54m 9.22m 9.33m 5.54m				
2 Hailey Vanbrabant		Morinville Comm.		8.91m
7.93m 8.21m 8.62m 8.27m 8.91m 8.82m				

2023 North-Central Zone Final - 2023-05-25**Foote Field, Edmonton****Results****Women Shot Put 4 kg Senior**

Minimum distance: 7.0 m.

ASAA: # 14.67m 1985

Suzanne Pecht, Lethbridge Coll: South

Name	Age	School	Seed	Finals
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1 Kyla Cygan		NC:Warburg	9.18m	9.60m
	9.13m	9.60m	9.42m	9.23m
	9.13m	8.45m		
2 Kim ROSENDAHL		Morinville Comm.		8.16m
	8.16m	7.86m	8.11m	8.08m
	8.01m	7.28m		

Women Discus Throw 1 kg Senior

Minimum distance: 16.0 m.

ASAA: # 48.96m 2016-06-03 Gabrielle Rains, Bev Facey

Name	Age	School	Seed	Finals
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1 Kyla Cygan		NC:Warburg	15.44m	27.14m
	22.21m	22.73m	24.23m	FOUL
	23.25m	27.14m		
2 Meladia Blundell		Parkland Comp.		25.49m
	22.04m	23.27m	FOUL	3.19m
	23.65m	25.49m		

Women Javelin Throw 600 g Senior

Minimum distance: 16.0 m.

ASAA: # 40.00m 2015

Paige Greig, Dewberry

Name	Age	School	Seed	Finals
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1 Erika Lind		NC:John Maland		31.20m
	27.73m	23.81m	25.10m	31.20m
	27.92m	29.07m		
2 Isabella Hayward		Edwin Parr Comp.		27.25m
	FOUL	FOUL	27.25m	25.44m
	FOUL	26.54m		

Women 300 Metre Hurdles 0.76 m Open

0.76 m (30 inches) hurdle height.

50.0 m to first hurdle, then

every 35.0 m thereafter (green marks).

ASAA: # 42.53 2018-06-02 Julia Lovsin, St Peter Apostle

Name	Age	School	Seed	Finals
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1 Renae DREBERT		NC:Breton	53.13	54.18
2 Taylor Wieling		New Sarepta Comm		54.51

Outdoor Pentathlon: #1 Women 100 Metre Dash Open Outdoor Pentathlon

ASAA: # 12.34 2019-06-08 Sienna MacDonald, George McDougall

Name	Age	School	Finals	Points
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1 Ava MARTINIUK		Morinville Comm.	13.75	644
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Outdoor Pentathlon: #5 Women 800 Metre Run Open Outdoor Pentathlon

ASAA: # 2:31.65 2022-06-04 Rachel Matulis, Western Canada

Name	Age	School	Finals	Points
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1 Ava MARTINIUK		Morinville Comm.	3:04.31	326
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2023 North-Central Zone Final - 2023-05-25**Foote Field, Edmonton****Results****Outdoor Pentathlon: #2 Women High Jump Open Outdoor Pentathlon**

ASAA: # 1.59m 2019-06-08 Venus Sabourin, Victoria School						
Name	Age	School	Finals	Points		
1 Ava MARTINIUK		Morinville Comm.	1.47m	588		
	1.30	1.35	1.40	1.43	1.47	1.50
	O	O	XXO	O	O	XXX

Outdoor Pentathlon: #4 Women Long Jump Open Outdoor Pentathlon

ASAA: # 5.34m 2019-06-08 Sienna MacDonald, George McDougall						
Name	Age	School	Finals	Points		
1 Ava MARTINIUK		Morinville Comm.	4.48m	423		
	4.38m	4.48m	4.46m			

Outdoor Pentathlon: #3 Women Shot Put 3 kg Open Outdoor Pentathlon

ASAA: # 12.43m 2019-06-08 Sienna MacDonald, George McDougall						
Name	Age	School	Finals	Points		
1 Ava MARTINIUK		Morinville Comm.	8.40m	425		
	8.15m	7.99m	8.40m			

Women Outdoor Pentathlon Open

ASAA: # 3398 2019-06-08 Sienna MacDonald, George McDougall						
Name	Age	School	Seed	Finals	H#	
1 Ava MARTINIUK		Morinville Comm.		2406		

Men 100 Metre Dash Junior

ASAA: # 10.68 2015-06-06 Chubba Hubbard, Bev Facey						
Name	Age	School	Seed	Finals	H#	
1 Jordan Duong		Parkland Comp.		11.85	2	
2 Colton Cornelius		NC:Redwater		12.62	2	

Men 200 Metre Dash Junior

ASAA: # 21.83 2014-06-06 Kudakwashe Murasiranwa, Holy Trinity:Edm						
Name	Age	School	Seed	Finals	H#	
1 Jordan Duong		Parkland Comp.		24.50	3	
2 Ezra Hayward		Edwin Parr Comp.		26.07	3	

Men 400 Metre Dash Junior

ASAA: # 49.90 2016-06-04 Sheldon Louza, Crescent Hts Cal						
Name	Age	School	Seed	Finals		
1 Gavin Eastman		NC:John Maland		1:00.54		
2 Kyler Tuininga		Barrhead Comp.		1:01.48		

2023 North-Central Zone Final - 2023-05-25

Foote Field, Edmonton

Results

Men 800 Metre Run Junior

ASAA: # 1:52.86 2015-06-05 Scott Chalupiak, George McDou				
Name	Age	School	Seed	Finals
1 Nolan Stewart		NC:John Maland		2:21.84
2 Keaton Pearce		NC:Hilltop		2:22.31

Men 1500 Metre Run Junior

ASAA: # 4:03.00 1984 Alex Mowat, Wm. Aberhat:Cgy				
Name	Age	School	Seed	Finals
1 Hayden Bennett		NC:St Mary		5:03.61
2 Keaton Pearce		NC:Hilltop		5:21.54

Men 3000 Metre Run Junior

ASAA: # 8:53.47 2006 Nyial Majock, Jack James				
Name	Age	School	Seed	Finals
1 Keaton Pearce		NC:Hilltop		11:34.88
2 Kaeden Campbell		NC:John Maland		13:04.33

Men 100 Metre Hurdles 84cm 33" 8.5 Junior

0.84 m (33 inches) hurdle height.
 13 m to first hurdle, then
 every 8.5 m thereafter (black marks).

ASAA: # 13.25 2015-06-05 Mehrdad Shokoohi, William Aber				
Name	Age	School	Seed	Finals
1 Dominick GRAVEL		NC:Breton		17.80
2 Tristan Hale		NC:R.F. Staples		19.10

Men 4x100 Metre Relay Junior

ASAA: # 44.04 2013-06-07 CA:Notre Dame School, Notre Dame M Browne, B Lewis, C Burr, C Hunchak				
School	Age	School	Seed	Finals
1 NC:St Mary 'A'				49.69
1) Riley Chattargoon		2) Jaxon Magus		
3) Hayden Bennett		4) Kyler Tuininga		
2 NC:Morinville Community 'A'				50.37
1) Ryder Foisy		2) Hudson Gauthier		
3) Jack Howells		4) Owen Kluss 16		

Men High Jump Junior

Start at 1.45 m.
 Increment by 5 cm to 1.65 m,
 then by 3 cm and 2 cm to end of event.

ASAA: # 2.01m 2015-06-06 Charlie Kambata, Ernest Manni				
Name	Age	School	Seed	Finals

2023 North-Central Zone Final - 2023-05-25**Foote Field, Edmonton****Results****....Men High Jump Junior**

1	Tyler Scharmann	Morinville Comm.	1.71m
	1.50 1.55 1.60 1.65 1.67 1.69 1.71		
	O O O O P XO O		
2	Logan LeBlanc	NC:Mayerthorpe	1.69m
	1.45 1.50 1.55 1.60 1.65 1.67 1.69 1.71		
	O O O XXO XO O XO XXX		

Men Long Jump Junior

Minimum distance: 4.5 m.

ASAA: # 6.72m 2015-06-05 Lewis Collin, Edmonton Chr

Name	Age	School	Seed	Finals	H#
1	Jordan Duong	Parkland Comp.	5.58m	2	
	4.68m 5.50m ND 5.58m FOUL 5.55m				
2	Ezra Hayward	Edwin Parr Comp.	5.36m	1	
	5.36m 5.15m 5.20m 5.30m 5.18m				

Men Triple Jump Junior

Minimum distance: 9.0 m.

ASAA: # 13.28m 2013-06-07 Sodienye Nkwonta, Calgary Chri

Name	Age	School	Seed	Finals
1	Tyler Scharmann	Morinville Comm.	11.96m	
	ND 11.88m 11.96m 11.26m 11.82m 11.56m			
2	Ezra Hayward	Edwin Parr Comp.	11.13m	
	9.80m 10.78m 11.13m 10.92m ND ND			

Men Shot Put 5 kg Junior

Minimum distance: 9.0 m.

ASAA: # 13.83m 2017 Jacob Berdahl, Eckville

Name	Age	School	Seed	Finals
1	Wyatt Knight	New Sarepta Comm	11.51m	
	11.18m 11.43m 10.79m 10.93m 11.51m 10.32m			
2	Kenneth Miller	NC:Warburg	11.24m	
	10.53m 10.49m 10.87m 10.68m 11.14m 11.24m			

Men Discus Throw 1.5 kg Junior

Minimum distance: 23.0 m.

ASAA: # 40.53m 2014 Adam Sleik, George McDougall

Name	Age	School	Seed	Finals
1	Tyson Oba	Edwin Parr Comp.	30.27m	
	22.53m 28.79m 30.27m			
2	Evan Hansen	Morinville Comm.	29.96m	
	29.96m 29.05m 29.25m 28.11m 27.22m 28.67m			

2023 North-Central Zone Final - 2023-05-25**Foote Field, Edmonton****Results****Men Javelin Throw 700 g Junior**

Minimum distance: 28.0 m.

ASAA: # 54.29m 2017 Justin Breault, Holy Redeemer

Name	Age	School	Seed	Finals	H#
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1 Cohen Romanchuk		NC:Hilltop		38.75m	2
	28.00m	32.30m	38.75m	31.00m	ND ND
2 Jacob Trenchard		Morinville Comm.		35.35m	1
	26.65m	29.50m	ND	35.35m	ND 31.00m

Men 100 Metre Dash Intermediate

ASAA: # 10.59 2009 Akeem Haynes, Crescent Hei

Name	Age	School	Seed	Finals	H#
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1 Jamie Visser		Barrhead Comp.		12.41	2
2 Taylor Denvir		NC:Redwater		13.15	1

Men 200 Metre Dash Intermediate

ASAA: # 21.41 2009 Akeem Haynes, Crescent Hei

Name	Age	School	Seed	Finals	H#
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1 Jamie Visser		Barrhead Comp.		24.67	2
2 Marek Crawford		NC:St Joseph		25.70	2

Men 400 Metre Dash Intermediate

ASAA: # 48.67 2018-06-02 Juistin Rose, Jasper Place

Name	Age	School	Seed	Finals
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1 Thamir Kiss		NC:St Mary		55.37
2 Reint Boelman		NC:St Mary		58.23

Men 800 Metre Run Intermediate

ASAA: # 1:52.58 2011-06-03 Tyler Smith, Wetaskiwin Comp

Name	Age	School	Seed	Finals
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1 Reint Boelman		NC:St Mary		2:20.50
2 Andrew Vander Haeghe		Parkland Comp.	2:27.26	2:27.18

Men 1500 Metre Run Intermediate

ASAA: # 3:56.80 1976 Rob Evans, Central Memorial, Cgy

Name	Age	School	Seed	Finals
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1 Ryan Heuser		NC:Redwater		5:14.09
2 Leland Kofluk		NC:Redwater		5:20.69

Men 3000 Metre Run Intermediate

ASAA: # 8:38.50 2003 Aaron Robson, Harry Ainlay, Edm

Name	Age	School	Seed	Finals
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1 Kaden Tuininga		Barrhead Comp.		11:25.77
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2023 North-Central Zone Final - 2023-05-25

Foote Field, Edmonton

Results

....Men 3000 Metre Run Intermediate

2 Dane Jespersen NC:R.F. Staples 12:00.44

Men 100 Metre Hurdles 84cm 33" 8.5 Intermediate

0.84 m (33 inches) hurdle height.
13 m to first hurdle, then
every 8.5 m thereafter (black marks).

ASAA: # 13.06 2016-06-03 Mehrdad Shokoohi, William Aberhart

Name	Age	School	Seed	Finals
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1 Samuel BOWSFIELD		NC:R.F. Staples	18.51	17.01
2 Aleks Maisonneuve		NC:Redwater		19.46

Men 4x100 Metre Relay Intermediate

ASAA: # 43.19 2001 , Edmonton
Amsbaugh, Cocks, Howell, Leong

School	Seed	Finals
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1 NC:St Mary 'A'		49.30
1) Thamir Kiss	2) Abraham Quilonio	
3) Jackson Churchill	4) Reint Boelman	
2 NC:Barrhead Composite 'A'		49.52
1) Jamie Visser	2) Kayden Rentz	
3) Miller Ferguson	4) Kyle de Vries	

Men High Jump Intermediate

Start at 1.50 m.
Increment by 5 cm to 1.70 m,
then by 3 cm and 2 cm to end of event.

ASAA: # 2.07m 1997 Jesse Lipscombe, St Albert, Edm

Name	Age	School	Seed	Finals
------	-----	--------	------	--------

1 Samuel BOWSFIELD		NC:R.F. Staples	1.49m	1.70m
1.50 1.55 1.60 1.62 1.64 1.66 1.68 1.70 1.72				
O O XO O O O O O XXX				
2 Luke Kristiansen		Barrhead Comp.		J1.70m
1.50 1.55 1.60 1.62 1.64 1.66 1.68 1.70 1.72				
O O XO O XXO XO XO XO XXX				

Men Long Jump Intermediate

Minimum distance: 4.5 m.

ASAA: # 6.93m 2014-06-07 Hendric Tronsson, Crescent Heights

Name	Age	School	Seed	Finals	H#
------	-----	--------	------	--------	----

1 Marek Crawford		NC:St Joseph		5.48m	2
FOUL 5.05m FOUL 5.48m					
2 Taylor Denvir		NC:Redwater		5.31m	2
FOUL 3.40m 5.31m 4.40m 5.04m 5.12m					

2023 North-Central Zone Final - 2023-05-25**Foote Field, Edmonton****Results****Men Triple Jump Intermediate**

Minimum distance: 9.0 m.

ASAA: # 14.01m 1986 Oral Ogilvie, Harry Ainlay, Edm

Name	Age	School	Seed	Finals
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1 Taylor Denvir		NC:Redwater		10.60m
	10.33m	10.60m	10.22m	
2 Talin McLeod		NC:John Maland		10.32m
	9.16m	9.95m	10.32m ND	10.04m 9.86m

Men Shot Put 5 kg Intermediate

Minimum distance: 10.0 m.

ASAA: # 14.73m 2015 Taner Dambrauskas, Ernest Manning

Name	Age	School	Seed	Finals
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1 Colin Mitchell		NC:Thorsby		11.05m
	9.71m	10.56m	10.84m	11.05m 9.61m 10.90m
2 Max Conway		NC:Calmar		10.81m
	10.75m	10.81m	10.52m	10.29m 10.67m 10.09m

Men Discus Throw 1.5 kg Intermediate

Minimum distance: 24.0 m.

ASAA: # 43.38m 2014 Nathan Kalmakoff, Winston Churchill,

Name	Age	School	Seed	Finals
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1 Jamie Visser		Barrhead Comp.	30.13m	32.75m
	32.55m	FOUL	32.75m	27.87m 31.55m FOUL
2 Colin Mitchell		NC:Thorsby		29.15m
	FOUL	27.79m	27.52m	21.90m 25.00m 29.15m

Men Javelin Throw 700 g Intermediate

Minimum distance: 30.0 m.

ASAA: # 54.18m 2018-06-02 Justin Breault, Holy Redeemer

Name	Age	School	Seed	Finals
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1 Aiden Arcand		Morinville Comm.		39.90m
	30.79m	33.75m	39.90m	33.42m 37.21m 39.03m
2 Dominic Dutchak		NC:Warburg		36.90m
	32.08m	32.21m	36.30m	31.20m 36.90m 28.01m

Men 100 Metre Dash Senior

ASAA: # 10.64 1991 Rayon Marshall, Bishop Grandin, Cgy

Name	Age	School	Seed	Finals
------	-----	--------	------	--------

1 Keith Berube		NC:Boyle		12.71
2 Matthew Kennedy		NC:John Maland		12.99

2023 North-Central Zone Final - 2023-05-25**Foote Field, Edmonton****Results****Men 200 Metre Dash Senior**

ASAA: # 20.87 2022-06-03 Daniel Kidd, ME Lazerte				
Name	Age	School	Seed	Finals
1 Matthew Kennedy		NC:John Maland		26.24
2 Abram Barry		NC:Grand Trunk		27.70

Men 400 Metre Dash Senior

ASAA: # 47.81 2019-06-08 Justin Rose, Jasper Place				
Name	Age	School	Seed	Finals
1 Orin BLACKMORE		NC:Breton	59.73	1:00.62
2 Matthew Kennedy		NC:John Maland		1:01.29

Men 800 Metre Run Senior

ASAA: # 1:51.27 2012 Tyler Smith, Wetaskiwin, Central				
Name	Age	School	Seed	Finals
1 Orin BLACKMORE		NC:Breton	2:20.17	2:31.12
2 Kale Fowler		NC:Hilltop		2:51.22

Men 1500 Metre Run Senior

ASAA: # 3:57.10 1982 Doug Dray, Lethbridge Collegiate, S				
Name	Age	School	Seed	Finals
1 Thomas HENGEL		NC:Harry Collinge		5:05.86
2 Preston BRUENS		NC:R.F. Staples		7:01.29

Men 3000 Metre Run Senior

ASAA: # 8:31.23 2004 Aaron Robson, Harry Ainlay, Edm				
Name	Age	School	Seed	Finals
1 Thomas HENGEL		NC:Harry Collinge		10:43.89
2 Preston BRUENS		NC:R.F. Staples	13:38.96	13:44.88

Men 100 Metre Hurdles 91cm 36" 8.5 Senior

0.91 m (36 inches) hurdle height.

13 m to first hurdle, then

every 8.5 m thereafter (black marks).

ASAA: # 13.10 2015-06-05 Callum Macnab, Strathcona High				
Name	Age	School	Seed	Finals
1 Abram Barry		NC:Grand Trunk		19.44

Men 4x100 Metre Relay Senior

ASAA: # 42.37 1996 , Calgary				
School	Deck, Sinclair, Stone, Marshall	Seed	Finals	
1 NC:Redwater	'A'		51.74	

2023 North-Central Zone Final - 2023-05-25

Foote Field, Edmonton

Results

....Men 4x100 Metre Relay Senior

1) Jude Olekson	2) Hermanus Swartz	
3) Aleks Maisonneuve	4) Brett Kolybaba	
2 NC:Hilltop 'A'		52.49
1) Sean Tapp	2) Kale Fowler	
3) Kevin Lai	4) Kyle Penuela	

Men High Jump Senior

Start at 1.55 m.
 Increment by 5 cm to 1.70 m,
 then by 3 cm and 2 cm to end of event.

ASAA: # 2.10m 1998 Jesse Lipscombe, St. Albert, Edm

Name	Age	School	Seed	Finals
1 Emmitt Boucher		Morinville Comm.		1.75m
1.55 1.60 1.65 1.67 1.69 1.71 1.73 1.75 1.76 1.77				
XO XXO O XXO XO O XXO O XXX XXX				
2 Keith Berube		NC:Boyle		J1.75m
1.55 1.60 1.65 1.67 1.69 1.71 1.73 1.75 1.76 1.77				
O O XO O O O XO XO XXX XXX				

Men Long Jump Senior

Minimum distance: 4.5 m.

ASAA: # 7.24m 1987 Selwyn Talyor, Harry Ainlay, Edm

Name	Age	School	Seed	Finals
1 Sean Tapp		NC:Hilltop		5.16m
4.54m 4.41m 4.76m 4.81m 4.66m 5.16m				
2 Kevin Lai		NC:Hilltop		5.11m
4.78m 4.62m 4.91m 5.11m 4.77m				

Men Triple Jump Senior

Minimum distance: 9.0 m.

ASAA: # 14.86m 2013-06-07 Aaron Hernandez, Kate Andrews

Name	Age	School	Seed	Finals
1 Parker Law		NC:Redwater		11.45m
10.30m 11.15m 11.12m 10.42m 11.15m 11.45m				
2 Kevin Lai		NC:Hilltop		10.60m
10.55m FOUL 10.33m 10.60m 10.53m 10.55m				

Men Shot Put 6 kg Senior

Minimum distance: 9.0 m.

ASAA: # 15.39m 2015 Chris Andrews, Lacombe

Name	Age	School	Seed	Finals
1 Corbin Duperron		NC:R.F. Staples		11.13m
10.96m 10.56m 11.04m 11.13m 10.69m 10.39m				
2 Nicholas McIntosh		NC:Calmar		10.16m
9.97m 10.16m 9.49m 9.92m 9.95m 9.81m				

2023 North-Central Zone Final - 2023-05-25**Foote Field, Edmonton****Results****Men Discus Throw 1.75 kg Senior**

Minimum distance: 24.0 m.

ASAA: # 42.52m 2017

Andreas Troschke, Olds

Name	Age	School	Seed	Finals
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1 Corbin Duperron		NC:R.F. Staples		27.87m
	25.89m	27.87m	23.34m	FOUL
		25.72m		FOUL
2 Carson Hinkle		New Sarepta Comm		24.42m
	FOUL	FOUL	FOUL	24.42m
		FOUL		FOUL

Men Javelin Throw 800 g Senior

Minimum distance: 30.0 m.

ASAA: # 58.56m 1977

Nelson Stockwell, Strathmore, Cgy

Name	Age	School	Seed	Finals
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1 Maxwell Gilroy		NC:Mayerthorpe	25.36m	31.15m
	22.90m	26.15m	24.90m	0.30m
		ND		31.15m
2 Emmitt Boucher		Morinville Comm.		27.20m
	24.45m	27.20m	ND	ND
		ND		ND

Men 300 Metre Hurdles 0.84 m Open

0.84 m (33 inches) hurdle height.

50.0 m to first hurdle, then

every 35.0 m thereafter (green marks).

ASAA: # 38.31 2017-06-03 Scott Dixon, Strathcona High

Name	Age	School	Seed	Finals
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1 Orin BLACKMORE		NC:Breton		50.52
2 Brady BRYANTON		NC:Breton		51.67

Men 4x400 Metre Relay Open

ASAA: # 3:21.30 1986 , North

Johnston, Lynch, Teague, Laxton

School	Seed	Finals
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1 NC:Parkland Composite 'A'		4:33.3h
1) Jacen COURTNEY	2) Andrew Vander Haeghe	
3) Braeden Davidson	4) Alexander Vick	

Outdoor Pentathlon: #1 Men 100 Metre Dash Open Outdoor Pentathlon

ASAA: # 11.26 2019-06-07 Rob Fidler, Harry Ainlay

Name	Age	School	Finals	Points
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1 Riley Chattargoan		NC:St Mary	12.67	525
2 Derek Toronchuk		NC:Thorhild Central	13.19	436

Outdoor Pentathlon: #5 Men 800 Metre Run Open Outdoor Pentathlon

ASAA: # 2:12.76 2019-06-07 Mitch Olsen, Cardston

Name	Age	School	Finals	Points
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1 Derek Toronchuk		NC:Thorhild Central	2:27.83	516
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2023 North-Central Zone Final - 2023-05-25

Foote Field, Edmonton

Results

....Outdoor Pentathlon: #5 Men 800 Metre Run Open Outdoor Pentathlon

2 Riley Chattargoan NC:St Mary 2:29.54 497

Outdoor Pentathlon: #2 Men High Jump Open Outdoor Pentathlon

ASAA: # 1.81m 2016-06-04 Matthew Knoepfli, Hines Creek Comp

Name Age School Finals Points

1 Riley Chattargoan NC:St Mary 1.67m 520

1.55 1.60 1.65 1.67 1.69

O XO XO XO XXX

2 Derek Toronchuk NC:Thorhild Central 1.65m 504

1.55 1.60 1.65 1.67

XXO XXO XXO XXX

Outdoor Pentathlon: #4 Men Long Jump Open Outdoor Pentathlon

ASAA: # 6.21m 2016-06-04 Matthew Knoepfli, Hines Creek Comp

Name Age School Finals Points

1 Riley Chattargoan NC:St Mary 5.41m 463

5.41m 4.43m 5.01m

2 Noah Scheming New Sarepta Comm 4.66m 319

3.74m 4.60m 4.66m

Outdoor Pentathlon: #3 Men Shot Put 5 kg Open Outdoor Pentathlon

ASAA: # 12.77m 2022-06-03 Aaron Parker, Bev Facey

Name Age School Finals Points

1 Riley Chattargoan NC:St Mary 10.75m 531

9.00m 10.75m 9.82m

2 Noah Scheming New Sarepta Comm 9.10m 432

8.10m 7.45m 9.10m

Men Outdoor Pentathlon Open

ASAA: # 3037 2019-06-07 Ryan Evans, Lethbridge Coll

Name Age School Seed Finals H#

1 Riley Chattargoan NC:St Mary 2536

2 Derek Toronchuk NC:Thorhild Central 2116

Men 100 Metre Dash Open Intellectual

ASAA: # 13.10 2019-06-08 Luc Harris, Strathmore

Name Age School Seed Finals

1 Jeffer Mayar NC:Hilltop 21.17

Men Shot Put Open Intellectual

ASAA: # 9.82m 2018-06-01 Joseph Morin, BlessedSacrament

Name Age School Seed Finals

2023 North-Central Zone Final - 2023-05-25

Foote Field, Edmonton

Results

....Men Shot Put Open Intellectual

1	Jeffer Mayar	NC:Hilltop	6.73m
	3.81m	6.73m	5.97m