

**EDMONTON JUNIOR HIGH SCHOOL ATHLETICS  
GIRLS TRACK AND FIELD RECORDS AS OF 2018 Championships**

**JUNIOR**

<b>Event</b>	<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Record</b>
80 m Hurdles	Krista Kaert	Vernon Barford	1998	13.03
4 x 100 Relay	Vernon Barford	Vernon Barford	2013	53.58
1500 m	Sadie Sigfstead	Avalon	2016	4:40.28
400 m	Monica Highbaugh	Edith Rogers	1986	1:00.12
200 m	Cheryl Allen	D.S. MacKenzie	1985	25.46
800 m	Sadie Sigfstead	Avalon	2016	2:23.22
100 m	Cheryl Allen	D.S. MacKenzie	1985	12.71
High Jump	Irene Okolo	Wellington	1980	1.55
Long Jump	Carolyn Kolton	Stratford	1976	4.84
Shot Put	April Houle	Stratford	1979	10.91
Triple Jump	Yllana Estillore	Hillcrest	2017	10.11
Turbo Javelin	Charlee Trudgeon	Esther Starkman	2017	30.96

**INTERMEDIATE**

80 m Hurdles	Angela Whyte	Westminster	1994	12.26
4 x 100 Relay	D.S. McKenzie	D.S. MacKenzie	1986	51.99
1500 m	Sadie Sigfstead	Riverbend	2017	4:38.61
400 m	Kelly Kryzanowski	Laurier Heights	1982	59.70
200 m	Cheryl Allen	D.S. MacKenzie	1986	25.12
800 m	Sophie Sigfstead	Crestwood	2014	2:17.41
100 m	Cheryl Allen	D.S. MacKenzie	1986	12.25
High Jump	Colleen Whitmore	Riverbend	1985	1.58
Long Jump	Mattea Francis	Kenilworth	2010	5.08
<b>Shot Put</b>	<b>Stephanie Okhiria</b>	<b>D. S. MacKenzie</b>	<b>2018</b>	<b>12.66</b>
Triple Jump	Ruth Ginther	McKernan	1995	10.64
Turbo Javelin	Ihan Ibrahim	Rossllyn	2005	38.17

**SENIOR**

80 m Hurdles	Angela Whyte	Westminster	1995	11.88
4 x 100 Relay	D.S. MacKenzie	D.S. MacKenzie	1978	50.40
1500 m	Sophie Sigfstead	Crestwood	2015	4:33.76
400 m	Cheryl Allen	D.S. MacKenzie	1987	55.58
200 m	Janelle Lee Pong	Meadowlark Christian	2005	25.53
800 m	Sophie Sigfstead	Crestwood	2015	2:11.91
100 m	Janelle Lee Pong	Meadowlark Christian	2005	11.90
High Jump	Lindsey MacDonald	Riverbend	2005	1.62
Long Jump	Joanne Otto	Grandview Hts.	1981	5.50
<b>Shot Put</b>	<b>Ruby Straszynska</b>	<b>Allendale</b>	<b>2018</b>	<b>12.55</b>
Triple Jump	Kory White	Hillcrest	2013	11.02
Turbo Javelin	Jessica Anderson	T.D. Baker	2005	40.68

**EDMONTON JUNIOR HIGH SCHOOL ATHLETICS  
BOYS TRACK AND FIELD RECORDS AS OF 2018 Championships**

**JUNIOR**

<b>Event</b>	<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Record</b>
80 m Hurdles	Tim Dzenick	Hardisty	1975	11.90
	Jacob Rozon	Vernon Barford	2005	11.90
4 x 100 Relay	Vernon Barford	Vernon Barford	1994	50.67
1500 m	Isaak Kornelsen	Avalon	2004	4:44.18
400 m	Davis Foth	Riverbend	1991	57.34
200 m	Brian Ewing	Killarney	1978	25.10
800 m	Glen Assheton-Smith	Kenilworth	1977	2:15.50
100 m	Parvis Najate	Dan Knott	1986	12.16
High Jump	Rick Vogel	Stratford	1975	1.67
Long Jump	Steven Dawes	Balwin	1988	5.83
Triple Jump	Chris Muchena	Vernon Barford	1999	11.34
Shot Put	Cam McArthur	Hardisty	1993	14.05
Turbo Javelin	Hudson ten Brinke	Parkland Immanuel	2017	42.90

**INTERMEDIATE**

80 m Hurdles	Colin Amsbaugh	D.S. MacKenzie	1998	11.07
4 x 100 Relay	D.S. MacKenzie	D.S. MacKenzie	1984	46.07
1500 m	Cole Peterson	Vernon Barford	2007	4:26.64
400 m	Dave McNeil	D.S. MacKenzie	1984	53.81
200 m	John Odai	Steele Heights	1984	23.54
800 m	Lee Miller	D.S. MacKenzie	1980	2:06.00
100 m	Tyson Day	Parkview	2005	11.28
High Jump	Stephen Parker	Killarney	1993	1.81
Long Jump	Ryan Sweeney	Vernon Barford	1995	6.32
Triple Jump	Derek Proudfoot	Vernon Barford	1998	12.02
Shot Put	Gordon Whittaker	Grandview Hts.	1980	13.86
<b>Turbo Javelin 500</b>	<b>Hudson ten Brinke</b>	<b>Parkland Immanuel</b>	<b>2018</b>	<b>40.55</b>
Turbo Javelin 300g	Jordan Kemp	Johnny Bright	2013	48.34

**SENIOR**

80 m Hurdles	Randy Korchinski	Rossllyn	1983	10.60
4 x 100 Relay	Dan Knott	Dan Knott	1981	45.00
1500 m	Aaron Robson	Vernon Barford	2001	4:19.46
400 m	Elvis Haughton	J.D. Bracco	1997	52.12
200 m	Karl Jones	Killarney	1985	22.50
800 m	Mike Loschack	T.D. Baker	2007	2:03.31
100 m	Tim Kong	Vernon Barford	2009	10.87
High Jump	Matt Cardoza	Vernon Barford	2004	1.90
Long Jump	Travis Davson	Edith Rogers	1995	6.38
Triple Jump	Chris Muchena	Vernon Barford	2001	13.08
Shot Put	Greg Ganton	Ritchie	1975	15.33
Turbo Javelin 500	Ryley Appelt	S. Bruce Smith	2015	47.90
Turbo Javelin 300	Tyler Nguyen	Riverbend	2009	51.80